

Communication

# Detection and Pulsed-Field Gel Electrophoresis Typing of *Listeria monocytogenes* Isolates from Milk Vending Machines in Croatia

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**Abstract:** The aim of the present study was to evaluate the persistence of *Listeria monocytogenes* in raw milk from vending machines, based on culture and molecular detection of pathogen and Pulsed-Field Gel Electrophoresis typing. From December 2015 to January 2017, a total of 319 milk samples from 36 vending machines were examined for the presence and count of *L. monocytogenes* by reference methods ISO 11290:1 and ISO 11290:2. Molecular detection of pathogens was performed by loop-mediated isothermal DNA amplification (LAMP) coupled with bioluminescence (Molecular Detection Assay). *L. monocytogenes* was detected by MDA in 14 milk samples (4.38%) from four farms, compared to eight positive samples (2.5%) retrieved by a reference ISO method. Cultivable *L. monocytogenes* isolates were subjected to Pulsed-Field Gel Electrophoresis typing and pulsotypes were compared with those obtained during the previous survey in Croatia (2014–2015). It was found that identical PFGE patterns of *L. monocytogenes* occur in milk samples of the same producer over a three-year period, indicating the persistence of pathogens in raw milk vending machines. The results obtained support the need for more effective control of milk in the entire food chain.

**Keywords:** raw milk; milk vending machine; *Listeria monocytogenes*; Molecular Detection Assay; Pulsed-Field Gel Electrophoresis

## 1. Introduction

Consumption of raw milk is popular in some European countries (e.g., Italy, the UK), including Croatia, due to a belief in the health benefits of such milk and the trend for consuming raw or unprocessed foods. In Croatia, raw milk may be placed on the market via milk vending machines (81 registered milk vending machines as of April 2019; Veterinary and Food Safety Directorate) and consumed after boiling (recommendations for consumers). Boiling the milk is the only method for ensuring microbiological safety [1,2]; however, the responsibility is in the hands of the consumers, who often underestimate the risks associated with the consumption of raw milk [3]. It is estimated that 50% of Croatian buyers of milk from vending machines consume the milk without thermal treatment [4]. Raw milk can be contaminated by different pathogenic bacteria such as *Campylobacter*, *Salmonella*, Shiga toxin-producing *Escherichia coli* (STEC), and *Listeria monocytogenes* [5]. The presence of *L. monocytogenes* in unpasteurized milk and cases of human listeriosis due to the consumption of

raw milk have been described worldwide [6–8]. Hence, surveys or monitoring programs covering foodborne pathogens in raw milk are necessary to prevent an adverse influence on human health. For instance, a study in Italy revealed that 0.3% of samples were positive for *Salmonella*, 0.2% were positive for *E. coli* O:157, 1.5% were positive for *Campylobacter* spp., and 1.6% were positive for *Listeria monocytogenes*. The authors reported a statistically significant correlation between the previous finding of the pathogen and re-contamination [9]. In Croatia, 87 milk samples from 30 vending machines were tested in 2014 and 2015, and four samples from two producers were positive for *L. monocytogenes* [4].

The aim of the present study was to evaluate the persistence of *L. monocytogenes* in raw milk from vending machines based on survey data from three sampling years and comparison of *L. monocytogenes* pulsotypes. In addition to the standard cultured method, Molecular Detection Assay (MDA) was used to detect samples with very low contamination levels.

## 2. Materials and Methods

### 2.1. Milk Samples

A total of 319 milk samples were collected from 36 vending machines located in Croatia, in the cities of Zagreb ( $n = 194$ ) and Sisak ( $n = 15$ ), and in Zagreb County ( $n = 110$ ), from December 2015 to January 2017. The samples were kept in sterile sample bottles (1 L), transported in a portable cooler (4 °C), and analyzed within one hour after reaching the microbiological laboratory of the Hygiene, Technology and Food Safety Department, Faculty of Veterinary Medicine, University of Zagreb.

### 2.2. Microbiological Analyses

Detection and enumeration of *L. monocytogenes* in raw milk samples were performed using ISO 11290:1 and ISO 11290:2 methods, respectively [10,11]. In parallel, the presence of *L. monocytogenes* was determined by loop-mediated isothermal DNA amplification (LAMP) method coupled with bioluminescence (Molecular Detection Assay; MDA, 3M, St. Paul, MN, USA) [12]. For the MDA analysis, 25 mL of the sample was pre-enriched in Demi-Fraser Broth Base (3M) for 24 h at 37 °C, and enriched in Fraser Broth Base (3M) for 24 h at 37 °C. After incubation, the protocol recommended by the manufacturer was followed. In addition to isolates obtained in this study (December 2015–January 2017), the isolates from a previous survey [4] were recovered for the purpose of PFGE typing.

### 2.3. Pulsed-Field Gel Electrophoresis Typing of *Listeria monocytogenes*

*L. monocytogenes* isolates obtained during two Croatian surveys were typed by Pulsed-Field Gel Electrophoresis (PFGE) using a standardized laboratory protocol for *Listeria monocytogenes* in one day [13], with modification by using one restriction enzyme (*Apa*I). An analysis of the obtained restriction enzyme digestion patterns was made with FPQuest V.5.10. software (Bio-Rad, Hercules, CA, USA). The similarity between patterns was calculated with the Dice coefficient. The Unweighted Pair Group Method (UPGMA) was used for dendrogram construction. The tolerance of the position was set at 1.5%, while the optimization was 0.5%.

## 3. Results and Discussion

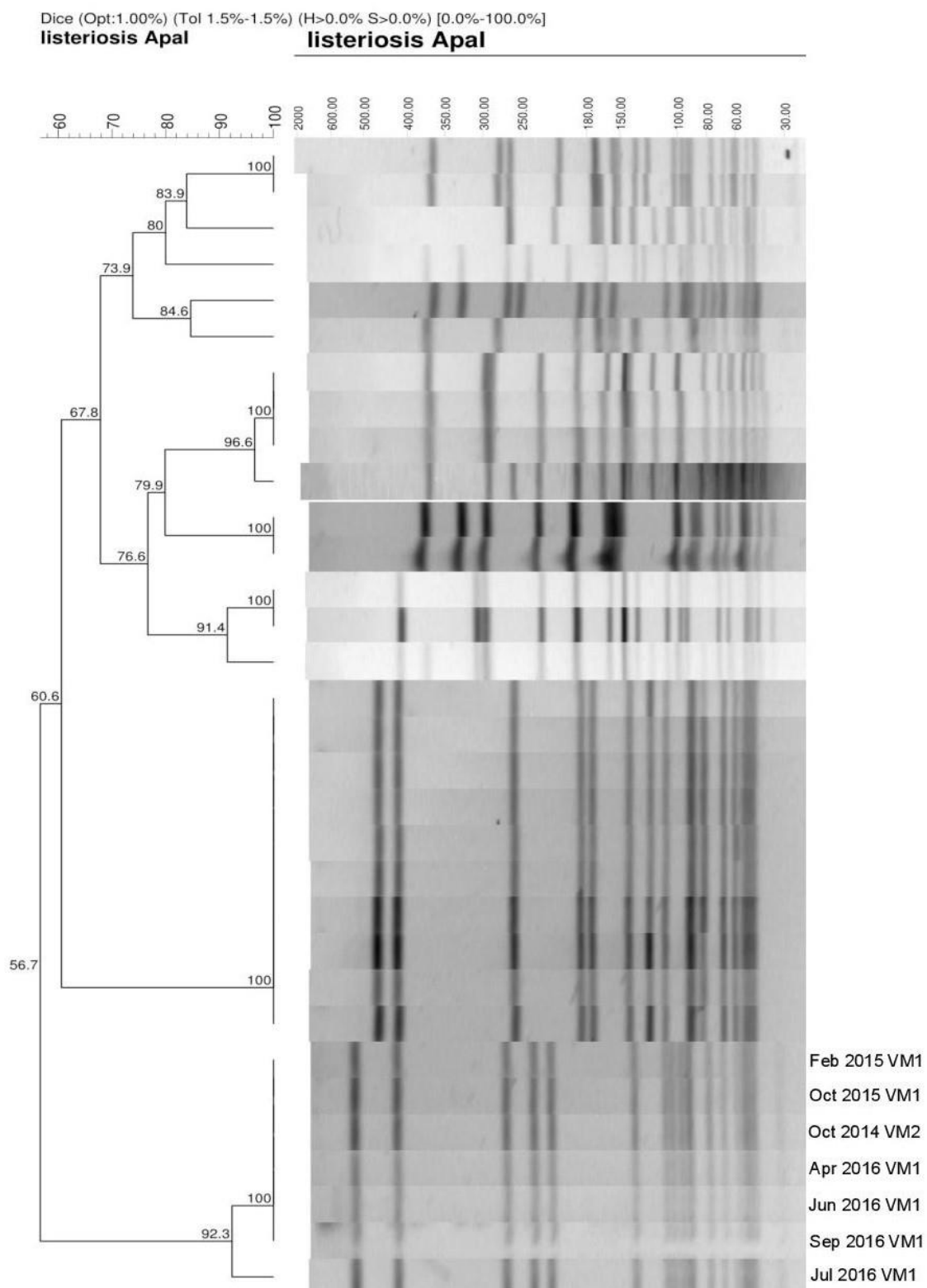
Using MDA, 14 samples (4.38%) were positive for the presence of *L. monocytogenes* and came from four different producers. On the other hand, only eight positive samples (2.5%) were detected by the ISO method, with counts ranging from 50 to 100 cfu/mL (Table 1). All samples positive by MDA and negative by ISO methods have a low amount of the pathogen, i.e., below the limit of detection (< 10 cfu/mL).

**Table 1.** Comparison of *L. monocytogenes* detection results in milk samples by cultural and molecular methods (MDA).

Sample ID	Molecular Detection Assay	HRN ISO 11290:1	HRN ISO 11290:2 (cfu/mL)
1	+	+	60
2	+	+	50
3	+	-	<10
4	+	-	<10
5	+	+	90
6	+	-	<10
7	+	-	<10
8	+	-	<10
9	+	+	60
10	+	-	<10
11	+	+	70
12	+	+	100
13	+	+	60
14	+	+	50

The incidence of *L. monocytogenes* in this study is similar to a previous survey of milk vending machines in Croatia (2014-2015), in which four samples ( $n = 87$ , 4.59%) were contaminated with the pathogen [4]. In Italy, 0.5% of milk from vending machines was positive for *L. monocytogenes* and characterized by low contamination levels [14]. Torkar et al. [15], in Slovenia, reported that the quantity of *L. monocytogenes* in raw milk was below 10 cfu/mL. However, it should be noted that in the present study, using a molecular procedure, a higher number of *Listeria*-positive samples was detected compared to the standard reference method. It is also important to note that the MDA method significantly reduces the time required to obtain the results (presence/absence of *L. monocytogenes*), which can be relevant for risk assessment as well as to promptly improve hygienic measures. Giacometti et al. [3] also reported the lower sensitivity of cultural methods of pathogen detection in raw milk compared to molecular methods.

Considering the possibility of *L. monocytogenes*' persistence in the production and distribution of raw milk, PFGE patterns were compared between isolates obtained in both Croatian surveys (Figure 1) that originated from the same farm.



**Figure 1.** Pulsed-Field Gel Electrophoresis (PFGE) patterns restricted with *ApaI* enzyme. Marked lines 1–3 present isolates patterns from the first survey (2014–2015), lines 4–7 are isolates from presented study (2016/2017). VM1, VM2 = vending machines from the same producer.

It was found that identical PFGE patterns of *L. monocytogenes* appeared in milk from the same producer collected from two vending machines during four samplings in April, June, and September

2016. When comparing these patterns with the profiles of previously collected isolates (Figure 1, lines 1–3), no differences were found, indicating pathogen persistence in the same farm and vending machines. Gelbíčová and Karpísková [16] reported that macrorestriction analysis revealed a considerable heterogeneity of profiles, with nine different pulsotypes being detected in raw milk from the Czech Republic. In line with our results, Tahoun et al. [17] reported high genetic relatedness between *L. monocytogenes* isolates recovered from raw milk, milk equipment, and farm workers. Castro et al. [18] have found only two pulsotypes that occurred in multiple samples of raw milk.

#### 4. Conclusions

The majority of farmers selling milk directly through vending machines are aware of the importance of milk hygiene procedures and the microbiological safety of raw milk. The presence of *L. monocytogenes* was characteristic of samples of poor hygienic quality (a high number of other bacteria; data not shown) and always related to the same producers. Proof of this is the finding of identical PFGE patterns of *L. monocytogenes* isolates during three-year milk sampling of the same vending machines of individual producers, indicating a persistent risk for consumers and requiring systematic control of raw milk production and distribution. Since pulsotypes cannot be compared among studies, further work on collected *L. monocytogenes* strains will include multilocus sequence typing (MLST) for providing valuable information on the circulating sequence types in Croatia.

**Author Contributions:** N.Z. designed the study, performed the microbiological analyses, and wrote the paper; D.J. performed the PFGE analyses and interpreted the results; M.K. collected and interpreted the results; B.H. edited the manuscript; N.M. and D.J. contributed materials/resources.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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