



33rd ANNUAL CONFERENCE OF EHPS  
**Individuals and Professionals:  
Cooperation to Health**

**03 - 07 September 2019**  
**Dubrovnik, Croatia**

2019.ehps.net

**Conference Handbook**



## Last minute changes

All sessions (from Wednesday 04 Sep until Saturday 07 Sep) taking place in the **Karaka** room have been relocated to **Elafiti 4, Valamar Lacroma Dubrovnik Hotel**. The room change is marked in **orange** colour in the program pages.

Poster session chair change on Wednesday's Poster session P6: New chair is Lisa Olive.

Poster added to Wednesday's Poster session P18: Construction of a stress scale specific to intensive care units *Alicia Fournier*.

Poster presenter change on Thursday's Poster session P3: Wanna Look Bigger: Psychosocial correlates of muscle dissatisfaction among male college students in Hong Kong *Nathalie Berninger*.

Poster presenter change on Thursday's Poster session P16: Implementing a psychosocial screener in an outpatient burn clinic *Christina Duncan*.

Poster presenter change on Thursday's Poster session P21 (Rapid Communication): Personalised interventions promoting health-related behaviour changes: A transdisciplinary approach to prevent or mitigate chronic diseases *Dorothea Schaffner*.

Presentation replacement on Friday's Oral Session Transitions, adversity and inequalities: From Perceived to Internalized Stigma: Comparing Models to Predict Physical Activity. *Ahuitz Rojas-Sánchez* has been replaced with: Personality dimensions in patients with allergic rhinitis *Radka Massaldjieva*. Presentation order has been rearranged.

Presentation order rearrangement on Saturday's Oral Session Personality and interoception: Presentation Personality dimensions in patients with allergic rhinitis *Radka Massaldjieva* was moved to another session.





# Dubrovnik Croatia



# Contents

WELCOME NOTES	4-5
KEYNOTE SPEAKERS	6
CONFERENCE INFORMATION	10
HOTELS MAP	12
VENUE MAP	13
CONFERENCE PROGRAMME	17
<b>Overview Programme</b>	<b>18</b>
Parallel Sessions   Wednesday, 04 September	19 - 27
Parallel Sessions   Thursday, 05 September	28 - 35
Parallel Sessions   Friday, 06 September	36 - 44
Parallel Sessions   Saturday, 07 September	45 - 46
AWARD WINNERS	47
LOCAL INFORMATION	54
CONTACTS	55
INSIDER'S GUIDE	56
INDEX	60

## Welcome Note



**Josip Lopižić**  
The Organising Committee Chair



**Jasminka Despot Lučanin**  
The Organising Committee Co-Chair

Dear Colleagues,

The Croatian Psychological Association is honoured and delighted to host the 2019 annual conference of the European Health Psychology Society from the 3rd – 7th of September 2019. The 2019 conference is the 33rd EHPS annual conference. The conference theme is Individuals and Professionals: Cooperation to Health.

The Croatian Psychological Association, established in 1953, is the major professional organisation of Croatian psychologists. Health psychologists in Croatia are very well represented in the CPA's Division of Health Psychology (since 1992). Health psychology in Croatia is present in the higher education system (since 1986) – at graduate and postgraduate psychology programmes and applied health sciences programmes, in research, and to a growing extent in practice.

We are proud of the fact that more than 1000 abstracts were submitted from academics and practitioners in health psychology from all over the world. We also have the pleasure of hosting four outstanding keynote speakers from Europe, New Zealand and the United States of America, seven high-quality pre-conference workshops, and the usual pre-conference meeting and workshop – Synergy and CREATE. The conference programme is composed of eight parallel sessions of 275 oral presentations and 394 posters, including the new poster presentation format - Rapid Communication. This year we are also trying out new meeting timings and formats, based on the members' feedback.

Such a high interest in the conference also presented many organising challenges, so we want to express our sincere gratitude to all the people who have been involved in the organisation of this year's conference. In particular, we want to thank the members of the Organising Committee and the members of the Scientific Committee, the track chairs, students – volunteers, Easy Conferences, O-tours, and sponsors for their dedicated work and continued support. Finally, we want to express our appreciation and thank the EHPS Executive Committee for their trust, assistance and collaboration in organising this great event.

The Organising Committee is welcoming you in Dubrovnik, the priceless jewel of the Croatian Adriatic coast and the famous UNESCO World Heritage Site, one of Europe's most fashionable and popular tourist destinations, at the largest conference venue in Valamar Lacroma Dubrovnik. We have done our best to enable the professional and scientific exchange, and meeting colleagues from different environments and countries, so make the best of it and enjoy the 33rd EHPS annual conference!

## Welcome Note

Dear Colleagues,

On behalf of the scientific committee, we would like to welcome you to the 33rd Conference of the European Health Psychology (EHPS) in Dubrovnik, Croatia. It is the third time in the last decade the conference is held in Eastern Europe (Cluj, Romania, 2010; Prague, Czech Republic, 2012) and this reflects the growing strength of health psychology in this part of Europe. The theme of the conference Individuals and Professionals: Cooperation to Health was an invitation for health psychologists to examine the value of diversity and of multi and interdisciplinary approaches for the benefits of population, community and individual health.

We were fortunate to receive almost 1000 abstracts that were submitted to 20 different tracks covering a full range of topics which reflect the breadth of contemporary health psychology, including: Implementation & health services research; Health inequalities, climate change and sustainability; eHealth and mHealth; Culture, social change and health. The geographical spread of accepted abstracts in the program is very wide, encompassing 48 countries from 5 continents. One of the challenges for the Scientific Committee was to try to fit so many abstracts into the conference programme which comprises 23 symposia, six roundtables, three state-of-the-art presentations, 275 oral and 394 poster presentations. We are privileged to welcome four renowned keynote speakers: Rona Moss-Morris (UK), Antonia Lyons (New Zealand), Mark Hatzenbuehler (USA) and Alessandra Pokrajac-Bulian (Croatia).

The EHPS has a formal affiliation with the United Nations and works to support sustainable development, as well as to implement health psychology to improve health around the globe. In line with this aim, this year with the support of Easy Conferences, we implemented a new system through which all who submitted to the EHPS 2019 Conference could select to which UN Sustainable Development Goal (SDG) their work is related. Most of the submissions (n=806) were related to SDG 3 "Good Health and Well-being". However, many authors also connected their work to SDG "Reduced Inequality" (n=207); "Quality Education" (n=133), "Gender Equality" (n=57) and "Responsible Consumption and Production" (n=43).

We are indebted to the members of the Scientific Committee and the track chairs who dedicated their time and energy to review so many abstracts in such a short time period. We would like to extend our thanks to the members of Organizing Committee, and to the Easy Conferences team; for their hard work, enthusiasm, and their efficient organizational and professional skills should not go unrecognized. Needless to say that without the contribution of many hundreds of competent health psychologists who sent their abstracts, the conference could not exist. Together, we hope that we have produced a varied, high quality scientific programme that will be of interest to conference delegates from all areas of health psychology.



**Adriana Baban (Romania)**  
The Scientific Committee Chair



**Irina Todorova (Bulgaria)**  
The Scientific Committee Co-Chair





### Professor Rona Moss-Morris

Health Psychology Section  
Institute of Psychiatry, Psychology and Neuroscience  
King's College London, United Kingdom

#### KEYNOTE TITLE

An 18-year journey from theory to impact:  
The example of cognitive behavioural self-management  
for irritable bowel syndrome (IBS)

#### Abstract

In a reflective phase a few years ago, I realised that although I had spent over a decade developing and testing theory-based interventions to improve clinical outcomes for a range of people with chronic long-term health conditions, none of these were part of routine practice. It was time to change tack. I needed to engage with stakeholders both nationally and internationally to work towards real world impact.

In this keynote, I will use the example of my work on irritable bowel syndrome (IBS) to track the journey from research to doing the work necessary to embed health psychology evidence-based practice into routine clinical care. IBS is a common and costly chronic gastrointestinal disorder that affects 10 - 22% of the population. There is currently no clear standardised, evidenced based treatment for IBS. Many patients continue to suffer ongoing symptoms and related disability despite being offered first line medications such as antispasmodics. I will show how we have used the Medical Research Councils' framework for developing complex interventions to develop an evidenced based treatment for IBS.

The first phase of the work involved developing an empirically based theory to explain perpetuation of symptoms and disability in IBS drawing from Leventhal's common-sense model of illness and cognitive behavioural theories. In the second phase we used this model to develop an IBS specific cognitive behavioural guided self-management approach. In phase three, we evaluated this intervention in a pilot RCT comparing CBT self-management for IBS to standard medical care. In phase 4 we developed a guided self-management web-based version of this treatment (Regul8) to make it more accessible to patients. The final phase of this work was the ACTIB trial where we compared the clinical and cost effectiveness of web-based CBT and therapist delivered CBT with treatment as usual.

There were 558 patients randomised to the three arms in this trial and patients were followed up to one-year post randomisation. We just completed a further 24 month follow up of the trial and a detailed qualitative and quantitative process analysis to test our original theory and to work out who responds best to treatment and why. The final phase of the work has involved engaging with national training programmes and the national health service to ensure the therapy is rolled-out nationally and a commercial partner to work towards roll-out worldwide.

#### Biography

Rona Moss-Morris is Professor of Psychology as Applied to Medicine. She is Head of the Health Psychology Section at the Institute of Psychiatry, Psychology and Neuroscience, King's College London. She is a Fellow of Academy of Social Sciences, was awarded the British Psychological Society Division of Health Psychology's Outstanding Contribution to Research Award in 2015 and the Multiple Sclerosis Society MS Research of the Year in 2014.

She was National Advisor to NHS England for Increasing Access to Psychological Therapies for People with Long Term Conditions from 2011-2016. She was Editor-in-Chief of Psychology and Health from 2006-2010 and is an incoming Editor of Health Psychology Review.

She has been researching psychological factors that affect symptom experience and adjusting to long term conditions for the past 20 years. This research has been used to design theory based cognitive behavioural interventions, including web based interventions, for a range of patient groups. Randomised controlled trials to test the clinical and cost effectiveness of these interventions form a key component of her research. More recently her focus is on rolling out interventions into real world practice.



### Professor Antonia Lyons

School of Health  
Victoria University of Wellington, New Zealand

#### KEYNOTE TITLE

Theorising contemporary youth drinking cultures:  
Social media and embodied neoliberalism



#### Abstract

This presentation focuses on young people's drinking practices and social media use in order to highlight the value of using social theory to gain insight into health-related behaviours. In contemporary neoliberal culture, young people are expected to embody discipline and control, to be good, 'healthy' and moral citizens, while being simultaneously exhorted to express freedom and individuality through consumer choice and consumption.

This is particularly the case with 'unhealthy' commodities that have known health risks, such as alcohol. Within youth drinking cultures alcohol is consumed collectively to reach sensory states of intoxication and disinhibition that are pleasurable and social. Yet heavy consumption and social pleasures must be balanced with an imperative to control the self and manage personal risk. Moreover, young people's drinking practices are increasingly mediated through digital displays of drinking and drunkenness on social media, introducing further benefits and risks that they must negotiate. Social media platforms are profit-driven, largely unregulated spaces where alcohol marketers employ novel tailored strategies to actively encourage excessive consumption.

Young people, however, are socially sanctioned for drunkenness and drunken displays. This occurs within the context of gendered, classed and racialized relations of power such that some groups must manage these tensions more than others, and are disproportionately exposed to risks. These broader commercial and structural forces are important in understanding the complexities involved in young people's health behaviours and in developing effective health promotion policies and interventions.

#### Biography

Antonia is a Professor of Health Psychology and Head of School at the School of Health, Victoria University of Wellington, New Zealand. She has published widely on the social, cultural and mediated contexts of behaviours related to health, and their implications for individual subjectivities, gendered identities and embodied experiences.

A key focus has been the role that social media play in drinking cultures, digital alcohol marketing, and the embodied and gendered nature of drinking and drunkenness. Antonia has published over 80 journal articles and four books, including being the lead editor on *Youth Drinking Cultures in a Digital World: Alcohol, Social Media and Cultures of Intoxication* (Routledge, 2017 with Tim McCreanor, Ian Goodwin and Helen Moewaka Barnes).

Antonia is currently a co-editor for *Qualitative Research in Psychology*, an Associate Editor for *Psychology and Health*, is on the editorial boards of the *Addiction: Research and Theory* and the *Journal of Health Psychology* and is also co-editor (with Prof Kerry Chamberlain) of the book series *Critical Approaches to Health* (Routledge).



### **Professor Alessandra Pokrajac-Bulian**

Department of Psychology  
Faculty of Humanities and Social Sciences  
University of Rijeka, Croatia

#### **KEYNOTE TITLE**

Health and psychological consequences of obesity:  
Challenges and future directions

#### **Abstract**

Obesity is a metabolic disease that is becoming a worldwide epidemic, with its prevalence increasing in almost all developed countries. It is accompanied by numerous comorbid potentially life-threatening disorders and substantial economic costs. Obesity aetiology is very complex and involves a multi-faceted group of risk and protective factors.

Recent studies of obesity have focused on examining how the underlying differences in neurobiology guide eating behaviour (e.g. impulsivity, craving and binge eating). Although it is necessary to consider the biological, psychological, and social perspectives to fully understand the phenomenon of obesity, special focus will be given to the psychological determinants of obesity.

Since obesity research is most commonly correlational, the factors that precede the development of obesity are considered causes, while those that follow obesity are its consequences. In this exposure, I will present some of the most significant findings that show how psychological factors, such as responsiveness to emotional experience or self-imposed restraint eating increase the likelihood of obesity.

Emphasis will also be placed on the consequences of obesity, such as the growing prevalence of mental illness, especially depression, anxiety and eating disorders. Treatment implications will also be presented.

#### **Biography**

Dr. Alessandra Pokrajac-Bulian is a tenured full professor of Clinical and Health Psychology at the Department of Psychology, Faculty of Humanities and Social Sciences of the University of Rijeka, where she also serves as the Vice Dean for Science and International Affairs. Over the last decade, her field of research has focused on the negative health outcomes of increased body weight and obesity, such as cardiovascular disease and diabetes, and on the treatment of people with high body weight.

In her research, she studies negative body image and body dissatisfaction in people with elevated body weight, and examines their binge eating, psychological problems, and beliefs about the disease. Dr. Pokrajac-Bulian has published more than 60 peer-reviewed articles and book chapters. Her papers were published in *Perceptual and Motor Skills*, *Sex Roles*, *European Eating Disorders Review*, *Eating and Weight Disorders – Studies on Anorexia, Bulimia and Obesity*, *Maturitas*, and *Personality and Social Psychology Bulletin*. She has presented more than seventy papers at scientific conferences, forty of which were international. She was the editor-in-chief, and is currently an editorial board member of the Croatian scientific journal *Psychological Topics*, and the scientific journal *Eating and Weight Disorders – Studies on Anorexia, Bulimia and Obesity*. She received the award of the Croatian Psychological Society for her editorial work in *Psychological Topics* and for her book *Obesity – Willingness to Change the Way of Life*.

For more than ten years, she has been head of the research project “Psychosocial Aspects of Obesity”, funded by the Croatian Ministry of Science and Education, and recently, funded by the University of Rijeka.

### Associate Professor Mark Hatzenbuehler

Mailman School of Public Health  
Columbia University, New York, United States

#### KEYNOTE TITLE

Structural stigma: Research evidence and implications  
for psychological science



#### Abstract

Psychological research has made significant advancements in the study of stigma. However, this research has been criticized for focusing almost exclusively on individual and interpersonal stigma processes to the exclusion of structural factors that promulgate stigma. To address this knowledge gap, researchers have recently expanded the stigma construct to consider how broader, macrosocial forms of stigma—what I call structural stigma—also disadvantage stigmatized individuals.

In this talk, I will define the construct of structural stigma and describe how it differs from psychological stigma processes at the individual and interpersonal levels. I will then review emerging evidence from observational, quasi-experimental, and laboratory studies that structural stigma: (1) exerts direct and synergistic effects on stigma processes that have long been the focus of psychological inquiry (e.g., concealment, rejection sensitivity); (2) serves as a contextual moderator of the efficacy of psychological interventions; and (3) contributes to numerous adverse health outcomes for members of stigmatized groups—ranging from dysregulated physiological stress responses to premature mortality.

Each of these pieces of evidence suggests that structural stigma is relevant to psychology and therefore deserves the attention of psychological scientists interested in understanding and ultimately reducing the negative consequences of stigma.

#### Biography

Mark L. Hatzenbuehler, PhD, is Associate Professor of Sociomedical Sciences and Sociology at Columbia University's Mailman School of Public Health. He completed his doctoral degree in clinical psychology at Yale University and his post-doctoral fellowship at Columbia University, where he was a Robert Wood Johnson Foundation Health & Society Scholar.

Dr. Hatzenbuehler's research examines how structural forms of stigma, including social policies, increase risk for adverse health outcomes among members of socially disadvantaged populations, with a particular focus on lesbian, gay, and bisexual individuals. Dr. Hatzenbuehler has published over 115 peer-reviewed articles and book chapters, and his work has been published in several leading journals, including *Proceedings of the National Academy of Sciences*, *Psychological Bulletin*, *American Psychologist*, *American Journal of Public Health*, *JAMA Pediatrics* and *JAMA Psychiatry*. His research has been continuously funded by the National Institute of Mental Health, the National Institute on Drug Abuse, the Centers for Disease Control and Prevention, the Swedish Research Council for Health, Working Life, and Welfare, and the William T. Grant Foundation.

In recognition of this work, Dr. Hatzenbuehler received the 2015 Louise Kidder Early Career Award from the Society for the Psychological Study of Social Issues, the 2016 Early Career Award for Distinguished Contributions to Psychology in the Public Interest from the American Psychological Association, and the 2016 Janet Taylor Spence Award for Transformational Early Career Contributions from the Association for Psychological Science. His work has been widely covered in the media, including interviews on NPR and MSNBC, and it has been cited in amicus curiae briefs for cases on status-based discrimination.

# Conference Information

## LOCAL ORGANISING COMMITTEE

Josip Lopižić (President of The Croatian Psychological Association; General Hospital Dubrovnik) / Chair  
Jasminka Despot Lučanin (Croatia National Delegate to the EHPS; University of Zagreb) / Co-Chair  
Jelena Bupić (General Hospital Dubrovnik)  
Damir Lučanin (Head of the CPA Division of Health Psychology; University of Applied Health Sciences, Zagreb)  
Nelija Rudolfi (2nd Vice President of the Croatian Psychological Association; Admoneo advertising agency)  
Marija Stojanović (Adriatic Luxury Hotels)  
Nikica Stražičić (Adriatic Luxury Hotels)  
Maša Tonković Grabovac (University of Zagreb)

## SCIENTIFIC COMMITTEE

Adriana Baban (Romania) / Chair  
Irina Todorova (Bulgaria) / Co-chair  
Jasminka Despot Lučanin (Croatia)  
Andrea Madarasová Gecková (Slovakia)  
Evangelos Karademas (Greece)  
Jan Keller (Germany)  
Christina Lee (Australia)  
Marie-Carmen Neipp (Spain)  
Paul Norman (UK)  
Diana Taut (Romania)  
John de Wit (The Netherlands)

## VENUE

Conference will take place at the Hotel Valamar Lacroma Dubrovnik, Ul. Iva Dulčića 34, 20000, Dubrovnik, Croatia.

## REGISTRATION FEE

Registration fee includes access to parallel and plenary sessions, conference material, daily coffee breaks, daily lunches (Wednesday to Friday), welcome reception and access to the opening and closing ceremony. Conference Dinner is included in Full Registration Fees only.

## ACCESS TO THE CONFERENCE

Wearing your conference badge is mandatory during all conference activities.

## CONFERENCE PROCEEDINGS

Conference Proceedings are available for download. Please check the conference website for more information.

## CERTIFICATE OF ATTENDANCE

A certificate of attendance will be offered to all delegates along with the conference bag at the Registration/Support Desk.

## LANGUAGE

English is the official language of the conference. No oral translation will be available.

## WIFI

Free WiFi is available throughout the venue. Connection procedure and code are available at the welcome desk.

## PRE-CONFERENCE WORKSHOPS

The pre-conference workshops will take place on Tuesday, 03 Sep at the Venue. See Scientific Programme for more details.

## OPENING CEREMONY

The opening ceremony will take place on Tuesday, 03 Sep between 18:00 - 19:30 at the Venue, Hotel Valamar Lacroma Dubrovnik, the Elafiti room.

The Opening Ceremony will be followed by the Welcome Reception in Hotel Valamar Lacroma Dubrovnik, at the Orsula Lobby Bar Terrace, between 19:30 - 21:30.

## CLOSING CEREMONY

The closing ceremony will take place after the conclusion of the conference programme, on Saturday, 07 Sep in Hotel Valamar Lacroma Dubrovnik, the Elafiti room.

## KEYNOTE LECTURES

The keynote lectures will be held daily in Hotel Valamar Lacroma Dubrovnik, the Elafiti room. See Scientific Programme for more details.

## PARALLEL SESSIONS

The parallel sessions will be held at the Venue. There will be 8 parallel sessions, 3 times a day (except for Saturday).

All lecture halls are equipped with a computer running Microsoft Power Point only. Please bring a USB stick in advance of your session to the slide corner (follow the signs in each hotel), to upload it. Volunteers in each lecture hall will help with your presentation. Individual computers are not accepted.

## INTERACTIVE POSTER SESSIONS

Poster sessions will be held at the Hotel Valamar Lacroma Dubrovnik, Business Centre (1st floor). Poster numbers are in the scientific programme section of this handbook and on the respective poster boards. Authors are required to put their posters up the morning of the day on which their poster is scheduled (between 09:00 - 11:30). Authors must stay by their posters and give a 3-4 minutes presentation when instructed to, by the session chair. Posters must be taken down at the end of the day. Posters not taken down will be removed.

## VOUCHERS

Participants need to present their vouchers (provided in the conference bag, at the registration desk) for all social activities (Daily Lunches, Welcome Reception and Conference Dinner).



# Conference Information

## COFFEE BREAKS & LUNCHES

All coffee breaks and lunches will be provided in the Hotel Valamar Lacroma Dubrovnik Restaurant and Business Centre (1st floor).

## EHPS DISCUSSION FORUM

The EHPS Discussion Forum will be held on Wednesday, 04 Sep between 08:30 - 09:30 in Hotel Valamar Lacroma Dubrovnik, the Elafiti 1 room.

## EHPS NATIONAL DELEGATES MEETING

The EHPS National Delegates Meeting will be held on Wednesday, 04 Sep between 18:00 - 19:00 in Hotel Valamar Lacroma Dubrovnik, the Elafiti 1 room.

## EHPS MEMBERS MEETING

The EHPS Members Meeting will be held on Thursday, 05 Sep between 8:15 - 9:30 in Hotel Valamar Lacroma Dubrovnik, the Elafiti 1 room.

## MEET THE EDITORS FORUM

The Meet the Editors Forum will be held on Friday, 06 September between 18:00 - 19:00 in Hotel Valamar Lacroma Dubrovnik, Elafiti 1 room.

## MEETINGS AT LUNCH TIME

On Wednesday 04 Sep and Thursday 05 Sep, between 13:00 - 14:00, there will be several meetings during lunch time (See Scientific Programme for more details). Delegates attending these meetings will be offered lunch-boxes instead of the regular lunch.

## AWARDS & FELLOWSHIPS

The European Health Psychology Society has two Early Career Awards: The Herman Schaalma PhD Award and the Stan Maes Early Career Award.

The Herman Schaalma award for an outstanding PhD thesis in health psychology is awarded annually to acknowledge a PhD dissertation in the field of health psychology of outstanding excellence in terms of originality, significance and rigour. The award aims to highlight excellence in PhD level research and to reinforce early career researchers to address key challenges in health psychology and adopt novel and rigorous theory and methodology. The award is named after Professor Herman Schaalma, in memory of an outstanding scholar and mentor in health psychology who sadly died on 25 July 2009.

The Stan Maes Early Career Award aims to recognise outstanding research excellence, contributions made to EHPS and/or contributions to professional practice, made by EHPS members within 5 years of their PhD. From this year on, this award has been renamed to honour the memory of late Professor Emeritus Stan Maes, the founder of EHPS, who sadly died on 15 October 2018.

**EHPS Honorary Fellowship:** EHPS Fellowship is the highest grade of membership. Since its inception in 2005, 37 Honorary Fellows were

elected and eight new fellows join them this year. EHPS Fellowship is awarded to EHPS members in recognition for their exceptional contribution to the advancement or dissemination of health psychology knowledge or practice either by research, training, publication or public service.

The Herman Schaalma Award, the Stan Maes Early Career Award, and the EHPS Honorary Fellowships will be awarded during the Opening Ceremony.

**Poster Awards:** All posters are eligible for nomination for the Best Poster Awards, provided they meet the requirements and guidelines of the EHPS. This year's Poster Awards will be announced during the closing ceremony.

## REGISTRATION / SUPPORT DESK OPENING HOURS

Tuesday, 03 Sep	08:00 - 17:00
Wednesday, 04 Sep	08:00 - 17:00
Thursday, 05 Sep	08:30 - 17:00
Friday, 06 Sep	08:30 - 17:00
Saturday, 07 Sep	08:30 - 13:00

Supported by:

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<https://www.otours.hr>

## WELCOME RECEPTION

**When:** Tuesday, 03 Sep **Time:** 19:30 **Where:** Hotel Valamar Lacroma Dubrovnik, at the Orsula Lobby Bar Terrace.

The Welcome Reception is the first social gathering between all conference delegates. This will take place at the Orsula Lobby Bar Terrace, located at the seaside front of the Hotel Valamar Lacroma Dubrovnik, which is only several metres away from the Elafiti room (where the Opening Ceremony will be held), and just in time to enjoy the sunset view of the beaches below the hotel.

This will be an evening of networking and fun; participants will be served drinks and an array of canapés, accompanied by a traditional singers' group "klapa", performing international music.

After the conclusion of the Welcome Reception, participants will be able to continue their fun, at the same place, and a cash bar, or at many of the hotels' and beach bars in the Valamar Hotels Dubrovnik Resort.

Welcome Reception (19:30 - 21:30) is included in all Registration Fees.

## CONFERENCE DINNER

**When:** Thursday, 05 Sep **Time:** 20:00 **Where:** Elafiti Plateau (between hotels Valamar Lacroma Dubrovnik and Argosy).

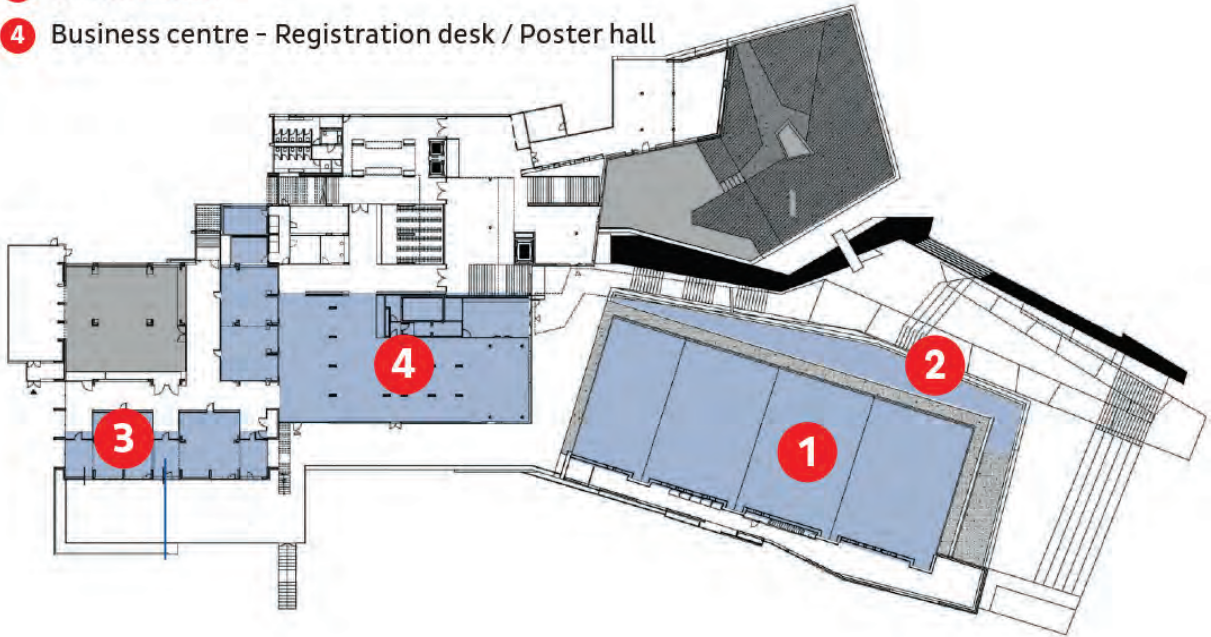
A sumptuous buffet of local and international dishes will be offered, accompanied by Croatian wines. A band will be playing live music and entertaining the guests, who are all invited to join in the dancing and having fun in the warm late summer night, under the stars.

Conference Dinner is included only in Full Registration Fees. Conference Dinner Cost: € 60.00



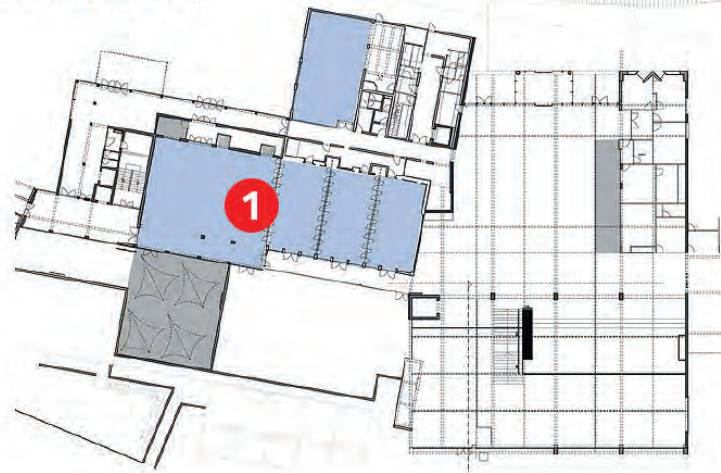
## VALAMAR LACROMA Dubrovnik Hotel

- 1 Congress hall *Elafiti* (1-4)
- 2 Lobby of the congress hall *Elafiti*
- 3 Room *Asimon*
- 4 Business centre - Registration desk / Poster hall

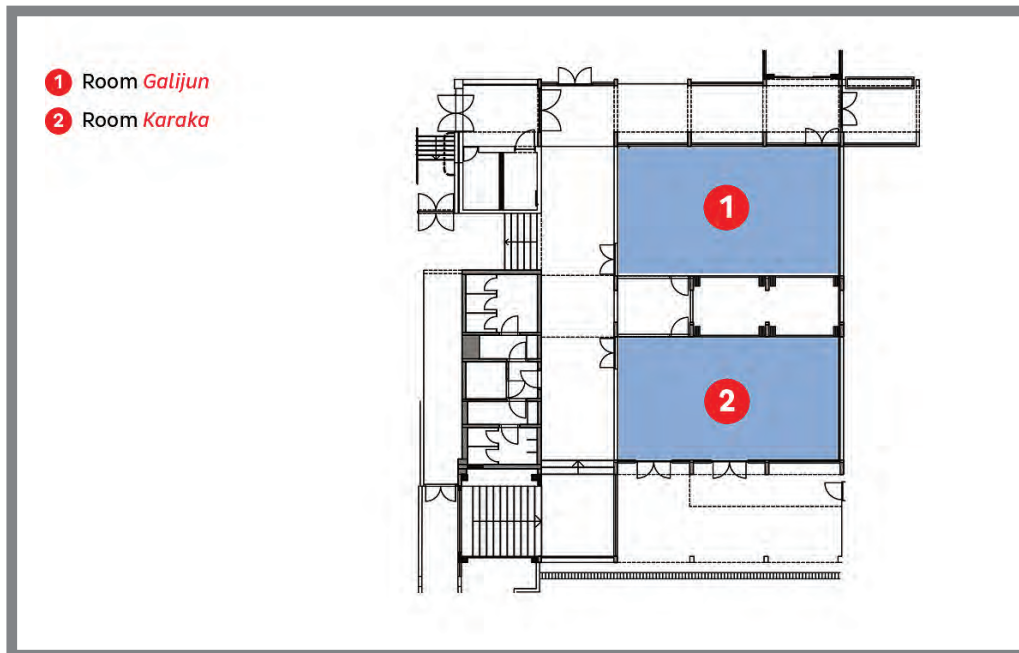


## VALAMAR COLLECTION Dubrovnik President Hotel

- 1 Congress hall *Olipa* (1-2)



**VALAMAR ARGOSY** Dubrovnik Hotel











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Our services extend from digital support, media promotion, conference website development and management, management of all related activities, complete interaction with suppliers and participants, online/on-site registration with secretariat, technical equipment and 24/7 phone support. We are adaptable and extremely flexible as we are aware of the unique requirements and budget restrictions that each conference may have. Our services may be provided on an all-inclusive or on an a-la-carte basis.

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If not, join the EHPS at [www.ehps.net/membership](http://www.ehps.net/membership) and become part of our great network!

#### BENEFITS OF MEMBERSHIP INCLUDE

Reduced rates for EHPS conferences where you will have plenty of opportunities for networking with key researchers and to participate and/or propose and organise workshops

Access to EHPS grant opportunities

Opportunity to publish in EHPS' new Open Access Journals **Health Psychology and Behavioural Medicine** and **Health Psychology Bulletin** at preferential rates

Access to our established journals **Psychology and Health** [IF 1.983] and **Health Psychology Review** [IF 8.976]

Receiving our bulletin *The European Health Psychologist*

Receiving news about career opportunities, calls for papers, and other relevant news for health psychologists

Possibility to engage in our Practical Health Psychology Blog: a blog about cutting edge Health Psychology and how to apply it in practice [www.practicalhealthpsychology.com](http://www.practicalhealthpsychology.com)

Possibility to engage in CREATE: a network of early career researchers

Possibility to engage in the annual Synergy Expert Meeting: an opportunity for synergistic discussion between health psychologists conducting research in core fields within health psychology

**Full membership only 75 EUR/year**

**Reduced membership 25 EUR/year** (for postgraduate students and for colleagues from a number of countries)

#### THE PRACTICAL HEALTH PSYCHOLOGY BLOG

The Practical Health Psychology Blog [www.practical-healthpsychology.com](http://www.practical-healthpsychology.com) is a new initiative within the European Health Psychology Society (EHPS). It is a blog about cutting edge Health Psychology and how to apply it in practice. Our aim is to translate rigorous and peer reviewed research submitted by world leading experts to simple and clear blog posts which are translated into several European languages.

Our mission is to **translate research to practice, one blog post at a time**. Our National Editors are recruited through the EHPS Society. They provide their expertise and translate the blog posts. We aim to distribute findings from health psychology research to the practitioners using several European languages. If your first language is different than English, feel free to distribute it among your colleagues who may benefit from the translation. We cover English, Bulgarian, Czech, Danish, Dutch, Finnish, French, German, Greek, Hebrew, Hungarian, Latvian, Lithuanian, Polish, Portuguese, Romanian, Russian, Slovak and Ukrainian. **We would like to encourage you to check out our blog and to sign-up for our monthly posts.**

Many thanks and warm greetings from the Editorial Team of the Practical Health Psychology Blog!





# conference programme



# Overview Programme

Monday   02 Sept.	Tuesday   03 Sept.	Wed.   04 Sept.	Thursday   05 Sept.	Friday   06 Sept.	Saturday   07 Sept.	
<b>CREATE &amp; SYNERGY Workshops</b> 08:00 - 17:00	<b>CREATE &amp; SYNERGY Workshops</b> — <b>Preconference Workshops</b> 08:00 - 17:00	EHPS Meeting (Forum) 08:30 - 09:30	EHPS AGM (Member's Meeting) 08:15 - 09:30			
		<b>Parallel Sessions</b> 09:30 - 11:00	<b>Parallel Sessions</b> 09:30 - 11:00	<b>Parallel Sessions</b> 09:30 - 11:00	<b>Parallel Sessions</b> 09:30 - 11:00	
		<b>Coffee Break</b> 11:00 - 11:30	<b>Coffee Break</b> 11:00 - 11:30	<b>Coffee Break</b> 11:00 - 11:30	<b>Coffee Break</b> 11:00 - 11:30	
		<b>Parallel Sessions</b> 11:30 - 13:00	<b>Parallel Sessions</b> 11:30 - 13:00	<b>Parallel Sessions</b> 11:30 - 13:00	<b>KEYNOTE LECTURE</b> <b>Alessandra Pokrajac-Bulian</b> 11:30 - 12:30	
		<b>Lunch Break</b> 13:00-14:00	<b>BPS DHP Meeting</b>	<b>Lunch Break</b> 13:00-14:00	<b>Special Interest Group (SIG) on Digital Health &amp; Computer-tailoring</b>	<b>Lunch Break</b> 13:00-14:00
		<b>Parallel Sessions</b> 14:00 - 15:30	<b>Parallel Sessions</b> 14:00 - 15:30	<b>Parallel Sessions</b> 14:00 - 15:30	<b>Parallel Sessions</b> 14:00 - 15:30	
		Poster Sessions 15:30 - 17:00	Poster Sessions 15:30 - 17:00	Poster Sessions 15:30 - 17:00	Poster Sessions 15:30 - 17:00	
		<b>KEYNOTE LECTURE</b> <b>Rona Moss-Morris</b> 17:00 - 18:00	<b>KEYNOTE LECTURE</b> <b>Antonia Lyons</b> 17:00 - 18:00	<b>KEYNOTE LECTURE</b> <b>Mark Hatzenbuehler</b> 17:00 - 18:00		
	<b>OPENING</b> 18:00 - 19:30 <i>Room: Elafiti 1 &amp; 2, Valamar Lacroma</i>	<b>National Delegates Meeting</b> 18:00 - 19:00		<b>Meet the Editors Forum</b> 18:00 - 19:00		
	<b>WELCOME RECEPTION</b> 19:30 - 21:30 <i>Orsula Lobby Bar Terrace, Valamar Lacroma</i>		<b>CONFERENCE DINNER</b> 20:00 - 23:00			
					<b>CLOSING CEREMONY</b> 12:30 - 13:15  <b>RECEPTION FOR EHPS 2020</b> 13:15 - 14:00	



8:30 - 9:30	EHPS MEETING (Forum) Room: Elafiti 1							
9:30 - 11:00	Parallel Sessions							
Session Title	SYMPOSIUM	SYMPOSIUM	ORAL	SYMPOSIUM	SYMPOSIUM	ORAL	ORAL	ORAL
Chair	Rik Crutzen, Rob Rutter	Marie Johnston	Paul Norman	Jennifer Inauen	Torun M. Vatne	Maria Emilia Areias	Sónia Bernardes	Catrinel Craciun
Room	Elafiti 1, Valamar Lacroma Dubrovnik	Elafiti 2, Valamar Lacroma Dubrovnik	Elafiti 3, Valamar Lacroma Dubrovnik	Olipa 4, Valamar Collection Dubrovnik President	Elafiti 4, Valamar Lacroma Dubrovnik	Olipa 1, Valamar Collection Dubrovnik President	Galijun, Valamar Argosy	Asimon, Valamar Lacroma Dubrovnik
9:30	Applying theory and evidence for identifying personal and environmental determinants <i>Rik Crutzen</i>	The Theory and Techniques Tool: linking behaviour change techniques with their mechanisms of action <i>Susan Michie</i>	Investigating the mediators underlying descriptive norm effects: the case of hand-hygiene <i>Lisa S. Moussaoui</i>	Digital generation: How does daily smartphone use affect exhaustion? <i>Konstantin Schenkel</i>	The development of a parent-child intervention for siblings of children with chronic disorders <i>Torun Marie Vatne</i>	Optimism, Cancer Patients' Depressive Symptoms, and Quality of Life: Mediating Role of Cancer Related Self-efficacy <i>İrem Akıncı</i>	Choosing wisely: the influence of treatment choice on nocebo effects <i>Kate Faasse</i>	Self-efficacy related with emotion regulation and caregiving burden in mothers of children with heart disease <i>Selin Yağın</i>
9:45	Applying theory and evidence for designing effective behaviour change methods <i>Rob Rutter</i>	The Addiction Paper Authoring Tool (PAT): an online tool for reporting research studies <i>Robert West</i>	How self-efficacy and social support are chained when predicting physical activity in adults? <i>Anna Banik</i>	Acute Physical Activity is Associated with Lower Subsequent Cortisol Levels in Older Adults <i>Christiane Hoppmann</i>	Video examples from SIBS and discussion of supervision techniques applied in the intervention <i>Torun Marie Vatne</i>	Clinical variables that mediate the impact of congenital heart disease in quality of life <i>Emília Areias</i>	Associations between pain, coping and emotional states in patients treated with haemodialysis: a longitudinal study <i>Christel Vioulac</i>	Psychosocial experiences in grandparents whose grandchildren suffer from severe health impairments: a systematic review <i>Cristina Priboi</i>
10:00	Planning to Promote Program Adoption, Implementation and Maintenance <i>Gill ten Hoor</i>	Discussion <i>Blair Johnson</i>	Behaviour theory-based predictors of organ donation registration: A systematic review <i>John Bonnell</i>	Investigating Personal and Social Barriers to Daily Medication Adherence among Adolescents with Asthma <i>Pamela Rackow</i>	The effect of SIBS on psychological wellbeing of siblings: Open trial and a planned RCT <i>Krister Fjermestad</i>	Meaning in Life and Therapeutic Adherence as Determinants of Quality of Life in HIV Patients <i>Marina Prista Guerra</i>	The unmet needs of rheumatoid arthritis patients treated with biologics <i>Alexandra Husivargova</i>	Giving support to a stranger affects stress appraisal, self-focus, and perception of others' self-centeredness. <i>Yeun Lee</i>
10:15	Using Intervention Mapping to co-create with stakeholders an intervention to facilitate return-to-work after breast cancer <i>Guillaume Broc</i>	Validated measures of mediators of behaviour change: The Science of Behaviour Change Measures Repository <i>Talea Cornelius</i>	Taking it a step further - effects of cross health behaviour beliefs <i>Eliza Ivanova</i>	Transfer effects of a couple-based physical activity intervention in daily life <i>Corina Berli</i>	Developing and implementing an e-learning course for providers of SIBS <i>Christoffer Hals</i>	Sexual health and quality of life among lung cancer survivors <i>Lisa Gudenkauf</i>	Cognitive predictors of treatment outcomes in Chronic Fatigue Syndrome: Attentional bias, malleability and interpretation bias <i>Alicia Hughes</i>	The role of peers for general and diabetes-specific functioning throughout adolescence and emerging adulthood <i>Koen Raymaekers</i>
10:30	Developing and evaluating a leaflet to promote health behaviour-change using Intervention Mapping <i>Charles Abraham</i>	Open Science and Health Psychology: towards promoting better research reproducibility, openness and collaboration <i>Daryl O'Connor</i>	Network centrality among health behaviours: A new modelling framework and proof of concept <i>Gabriel Nudelman</i>	Within-person effects of goal setting: A micro-randomized trial to reduce sugar-sweetened beverage consumption <i>Jennifer Inauen</i>	Intervention for parents and siblings of children with neurodevelopmental disorders: An open trial in Cambodia <i>Puthy Pat</i>	Predictors of health-related quality of life in patients with end-stage kidney disease in haemodialysis treatment. <i>Rocío Rodríguez-Rey</i>	Classism in pain care: The mediating role of perceived hardship and dehumanization <i>Sónia Bernardes</i>	A novel exploration of social-support needs of people with diabetes initiating a complex health technology <i>Claire Reidy</i>
10:45	Discussion Nelli <i>Hankonen</i>	Discussion <i>Alexander Rothman</i>	An ontology-based modelling system for representing behaviour theories <i>Joanna Hale</i>	Discussion <i>Felix Naughton</i>	Questions and discussion <i>Torun Marie Vatne</i>	The impact of BEHCET'S disease on intimate relationships in women: a qualitative study <i>Emily Arden-Close</i>	Discussion <i>Sónia Bernardes</i>	Developing a measure of collective efficacy in personal networks: a complement to self-efficacy <i>Rebecca Band</i>
11:00 - 11:30	Coffee Break							
11:30 - 13:00	Parallel Sessions							

	SYMPOSIUM	SYMPOSIUM	ORAL	SYMPOSIUM	ORAL	ORAL	ORAL	ORAL
Session Title	<b>Social inequalities and health behaviours: Implications for theory and practice in Health Psychology</b>	<b>Psychological and social aspects determinants of adjustment across the trajectory of health to illness</b>	<b>Role of interventions in managing diabetes and cardiac risk</b>	<b>Using stakeholder engagement and person-based approaches in health psychology research: the benefits and challenges</b>	<b>Parents coping with children illnesses</b>	<b>Occupational stress and well-being in health care workers</b>	<b>Adaptation to illness: mechanisms and correlates</b>	<b>Stress reactivity and emotional regulation</b>
Chair	Jutta Mata, Benjamin Schüz	Tracey Revenson	Falko Sniehotta	Jenny McSharry	Helen Pattison	Benjamin Gardner	Ewa Gruszczynska	Torun M. Vatne
11:30	Social inequality, behavioural determinants and health behaviour – indirect or moderating effects? A systematic review <i>Lisa Karla Hilz</i>	Self-regulatory Mechanisms for Health Behavior Change in Cardiovascular Prevention and Management: A Meta-review <i>Karina Davidson</i>	The Randomised Diabetes Remission Clinical Trial (DiRECT): Two-year results and process evaluation <i>Falko Sniehotta</i>	The Person-Based development of the 'Active Brains' digital behaviour change intervention for reducing cognitive decline <i>Rosie Essery</i>	Seeking 'normality': parents' management of photoprotection for children with a rare skin condition. <i>Myfanwy Morgan</i>	Take control - Individual and situational influences on the wellbeing of early career academics <i>Amelia Hollywood</i>	From engulfment to enrichment: associations between illness representations, self-identity and psychological well-being in Mayer-Rokitansky-Küster-Hauser Syndrome <i>Susan Carroll</i>	Preoccupied with the body: Mild stress amplifies the relation between rumination and interoception <i>Caroline Schlinkert</i>
11:45	Social Cognitive Mediators of Socioeconomic and Demographic Correlates of Health Behavior <i>Kyra Hamilton</i>	Cultivation or enabling? Daily relations between self-efficacy and received support in couples becoming physically active <i>Philipp Schwaninger</i>	An intervention to reduce diabetes distress in couples living with T2 diabetes: theory vs. reality <i>Emma Berry</i>	Using stakeholder consultation to inform the development and implementation of person-based behaviour change interventions <i>Katy Sivyer</i>	Childhood diabetes mellitus: the Greek parents' experience <i>Vasiliki Brouskeli</i>	What makes working in health care stressful? A real-time investigation of events and personal styles <i>Derek Johnston</i>	Predicting quality of life, anxiety and depression in AF patients: insights using the Common-Sense-Model framework <i>Elaina Taylor</i>	Impact of obesity on physiological stress reactivity in adult asthma patients <i>Nicola Paine</i>
12:00	Individual and area socioeconomic status, intentions, and smoking initiation <i>Mark Conner</i>	Social support in couples with left ventricular assist device (LVAD) implantation <i>Tanja Zimmermann</i>	Improving Outcomes For Young Adults With Type 1 Diabetes In Ireland: Refining The D1NOW Intervention <i>Eimear Morrissey</i>	Using the person-based approach to implement and disseminate behaviour change interventions <i>Kate Morton</i>	Investigating the relationship between adolescents self-managing their type 1 diabetes and diabetes-specific conflict with parents <i>Ella Tuohy</i>	Associations among work factors in nursing, work engagement, and health <i>Arunas Ziedelis</i>	Mechanisms behind asthma symptom perception and management: attentional bias, cognitive control, mood, and medication beliefs <i>Iana Alexeeva</i>	Emotion regulation strategies in social stressful events: subjective, physiological and behavioural responses <i>Patricia Arriaga</i>
12:15	Socio-economic differences in food choice: Representative surveys of nine European countries <i>Jutta Mata</i>	Intrusive thoughts and distress among newly diagnosed prostate cancer patients: Buffering effects of emotional expression <i>Heiðís Valdimarsdóttir</i>	Better Sooner Than Later: The Need for isCGM Specific Education Programs in People With Diabetes <i>Lilli Priesterroth</i>	Patient engagement in Community-based Primary Care : participatory action research for developing a collaborative model <i>Julie Haesebaert</i>	Post-traumatic growth in parents of long-term childhood cancer survivors compared to parents of the general population <i>Anica Ilic</i>	Staff experiences of working with traumatised people in a Sexual Assault Referral Centre <i>Rabiya Majeed-Ariss</i>	A qualitative comparison of high and low adherers with apparent treatment-resistant hypertension <i>Hannah Durand</i>	Emotion regulation difficulties are not always associated with negatives outcomes: the buffer effect of HRV <i>Carole Fantini-Hauwel</i>
12:30	Nudge, nudge, wink, wink – Equity effects of dietary nudging interventions <i>Benjamin Schüz</i>	Intolerance of Uncertainty and Emotional Distress among Advanced Cancer Patients: The Mediating Role of Experiential Avoidance <i>Aliza Panjwani</i>	Comparing blood pressure reduction in exercise interventions and pharmacological interventions in people living with hypertension <i>Chris Noone</i>	Support to autonomy of people living with HIV: community-based approach in a multicultural context <i>Anne-Sophie Petit</i>	Mothers of teenage girls: knowledge and understanding about human papillomavirus and cervical cancer <i>Susan Sherman</i>	Burnout symptoms among Swedish psychologists: The role of personality, work characteristics, and gender <i>Carl Martin Allwood</i>	The interpersonal impact of partner emotion regulation on chronic cardiac patients' well-being <i>Evangelos Karademas</i>	Coping with Stress: The Contribution of Cognitive Biases to Rumination and Negative Affect <i>Bita Zareian</i>
12:45	Discussion <i>Susan Michie</i>	Discussion <i>Tracey Revenson</i>	The effects of laughter therapy on cardiovascular risks among community-dwelling Japanese: a randomized controlled trial <i>Eri Eguchi</i>	Discussion <i>Molly Byrne</i>	Parents' beliefs about attending and missing children's hospital appointments: an exploratory factor analysis <i>Helen Pattison</i>	Is workplace sitting perceived as sitting? Exploring mental representations of sedentary behaviour <i>Benjamin Gardner</i>	People's behaviours in managing diabetes: a qualitative study in Indonesia <i>James Green</i>	Assessment of physiological stress responses and word use in laboratory anamnesis interviews <i>Sarah Sturmbauer</i>
13:00 - 14:00	Lunch							
13:00 - 14:00	<b>BPS DHP Meeting</b> All welcome (DHP members and non-members) for an open discussion of UK Health Psychology: Past, Present and Future directions <b>Chair: Angel Chater Room: Elafiti 4, Valamar Lacroma Dubrovnik</b>							

14:00 - 15:30										
Parallel Sessions										
Session Title	SYMPOSIUM	SYMPOSIUM	ORAL	ROUNDTABLE	ORAL	ORAL	ORAL	ORAL		
Chair	Marieke Adriaanse	Aleksandra Luszczynska	Sam Norton	Gill ten Hoor, Dominika Kwasnicka	Deborah R Wahl	Kirsty Bennett	Laura Koehly	Jörg Huber		
14:00	Novel perspectives on the role of knowledge in health behavior change <i>Paschal Sheeran</i>	Dyadic processes and health outcomes <i>Anita DeLongis</i>	Well-Being and quality of life in the context of chronic illness <i>Irina Mindlis</i>	What's practical about Health Psychology? Improving Health Psychology dissemination to practitioners. <i>Gjalt-Jorn Ygram Peters, Robbert Sanderman, Keegan Knittle, Sebastian Potthoff</i>	Eating behavior and weight management in the digital age <i>Deborah R. Wahl</i>	Differences between individuals, self-regulation, and risk across the life-span <i>Anja Tausch</i>	The contribution of the extended family and the community to children's health <i>Laura Koehly</i>	Prevention interventions <i>Helen Skouteris</i>		
14:15	Make calories motivating: Attaching affect to information about food energy density. <i>Paschal Sheeran</i>	Couples Coping with Rheumatoid Arthritis: Is Support in the Eye of the Beholder? <i>Anita DeLongis</i>	Self-management burden and depression in the context of multi-morbidity <i>Irina Mindlis</i>		Do we know what we enjoy? Accuracy of forecasted eating happiness <i>Karoline Villinger</i>	Associations between food addiction and BMI: The role of self-efficacy, model learning and childhood conditioning <i>Anja Tausch</i>	Using family health history feedback to activate communal coping processes in Mexican-heritage families <i>Laura Koehly</i>	Reducing the burden of maternal obesity: Co-designing a workplace health promotion program for reproductive-aged women <i>Helen Skouteris</i>		
14:30	Mapping how our experiences with behavior shape behavioral decisions <i>Alexander Rothman</i>	The interplay between children's daily media consumption, sleep and alertness: A dyadic intensive longitudinal study <i>Janina Lüscher</i>	Is coping predictor of quality of life for patients with myopathy? <i>Amandine Rohmer-Cohen</i>		Posting for health - A field experiment on how social media use affects healthy eating <i>Michael Kilb</i>	From Self-Reliers to Expert-Dependents: Identifying Classes among Mobile Users Based on their HealthRelated Needs <i>Eline Smit</i>	How can extended family members support parents of children with cancer? <i>Lauren Kelada</i>	Evaluation of a novel intervention to reduce burnout in doctors-in-training: A mixed-methods pilot study <i>Antonia Rich</i>		
14:45	Understanding the snowball effect of self-regulation failure <i>Marieke Adriaanse</i>	Work-family interaction and well-being. The mediating role of dyadic coping and marital quality <i>Maria Nicoleta Turluc</i>	The psychological impact of venous thromboembolism in young women: health anxiety and PTSD <i>Chloe Harrison</i>		Txt to lose weight: A systematic review and meta-analysis of SMS-based weight management interventions <i>Rebecca Skinner</i>	Left ventricular assist device (LVAD) implantation in women and men - Whose hearts recover? <i>Lisa-Marie Maukel</i>	Effects of a healthy-lifestyle intervention for pre-schoolers (MEND 2-4) under conditions of normal service delivery <i>Paul Chadwick</i>	Characteristics and outcomes for participants of beginner running programmes <i>Carolyn Plateau</i>		
15:00	Why giving in to temptations is not necessarily self-regulation failure <i>Floor Kroese</i>	Provision of health-related negative social control in couples: The role of beliefs and wishes <i>Urte Scholz</i>	Systematic review and meta-synthesis of coping with retinitis pigmentosa: implications for improving quality of life <i>Gulcan Garip</i>		Objective (GIS) and subjective food environment as predictors of momentary food intake <i>Stuart Ferguson</i>	Are perceived risk of infection also biased and how? Lessons from large epidemics in France <i>Jocelyn Raude</i>	'Everybody's Different: The Appearance Game'. Evaluating an educational board game for children aged 9-11 years. <i>Ella Guest</i>	Improving health and wellbeing through fuel poverty reduction <i>Jörg Huber</i>		
15:15	When failure is justified: Giving in to food temptation may contribute to self-regulation success <i>Denise de Ridder</i>	Audience engagement activity <i>Aleksandra Luszczynska</i>	Mental health and treatment response in rheumatoid arthritis <i>Sam Norton</i>		The effects of virtual compared to real eating companions on unhealthy food intake. <i>Saar Mollen</i>	Sense of meaning, coherence and spirituality on antiretroviral therapy adherence of people on ART care. <i>Lebogang Phiri</i>	Communication with father moderates the association between adverse childhood experiences and emotional and behavioural problems <i>Miriama Lackova Rebicova</i>	Standardising STI and HIV behavioural surveillance in Ireland: developing a national second generation surveillance system <i>Caroline Kelleher</i>		
15:30 - 17:00	Discussion <i>Catharine Evers</i>	Discussion <i>Christine Rini</i>	Improving quality of life after spinal cord injury; intervention and design feasibility study <i>Gareth Thomas</i>		Poster Sessions					School-based on-site vaccination and education with the Prevention Bus - a cluster randomised controlled trial <i>Norma Bethke</i>

Room: Business Centre, Valamar Lacroma Dubrovnik

17:00 -  
18:00

**Keynote Lecture:**

**Rona Moss-Morris**

**An 18-year journey from theory to impact:  
The example of cognitive behavioural self-management for irritable bowel syndrome (IBS)**

**Chair: Yael Benyamini**

Room: Elafiti, Valamar Lacroma Dubrovnik

18:00 -  
19:00

**National Delegates Meeting**

Room: Elafiti 1, Valamar Lacroma Dubrovnik



<b>P1</b>	<b>Patient education and decision-making</b> Chair: Madelynne Arden
1	<b>Factors associated with oral nutritional behaviours in people with motor neurodegenerative diseases: A systematic review</b> <i>Paul Norman</i>
2	<b>Modifiable determinants of medication adherence in bipolar-disorder mapped to the Theoretical Domains Framework: systematic review</b> <i>Asta Ratna Prajapati</i>
3	<b>Understanding the use of psychosocial support services among cancer patients</b> <i>Tomoko Matsui</i>
4	<b>Determinants of screening participation of disadvantaged populations in France: a qualitative study.</b> <i>Alice Le Bonniec</i>
5	<b>Effect of manipulating descriptive norms on vaccination decisions</b> <i>Ksenia Eritsyen</i>
6	<b>Medical empathy and patient health beliefs explain patients' intention to uptake patient education.</b> <i>Sophie Lelorain</i>
<b>P2</b>	<b>Social factors in behavior change interventions</b> Chair: Kathrin Wunsch
7	<b>Effect of companions during a sleep hygiene intervention: A pilot randomized controlled trial</b> <i>Irina Mindlis</i>
8	<b>Effects of individual, collaborative and dyadic planning on sedentary behavior</b> <i>Zofia Szczuka</i>
9	<b>Friends' role in adolescents' physical activity maintenance: Qualitative analysis of trial participants' follow-up interviews</b> <i>Katri Kostamo</i>
10	<b>Clinical efficacy of multidisciplinary family-based treatment of pediatric obesity compared with routinely given individual counseling</b> <i>Ana Bogdanic</i>
11	<b>Collective identity and wider engagement: Ways forward for antenatal education interventions</b> <i>Tushna Vandrevala</i>
12	<b>SMARTFAMILY - A family-based m-health intervention to promote physical activity and healthy eating</b> <i>Kathrin Wunsch</i>
<b>P3</b>	<b>The patients' perspective: illness perceptions and representations</b> Chair: Evangelos Karademas
13	<b>Illness and rehabilitation treatment beliefs as predictors of patient satisfaction and outcome in psychosomatic rehabilitation</b> <i>Rieka von der Warth</i>
14	<b>The importance of measuring illness representations among adolescents with anxiety/ depression: modification of the IPQ-R</b> <i>Holly Bear</i>
15	<b>Measuring illness representations among adolescents with anxiety and depression: modification and validation of the IPQ-R</b> <i>Holly Bear</i>
16	<b>Alexithymia in asthma: the potential mechanism behind symptom perception, illness cognitions, mood, and treatment adherence</b> <i>Iana Alexeeva</i>
17	<b>Illness representations, coping and illness outcomes among men with prostate cancer over an 18-months period</b> <i>Isabella Otto</i>
18	<b>Baring all: The impact of the hospital gown on recovery and wellbeing</b> <i>Nicola Cogan</i>
<b>P4</b>	<b>Positive psychology: The influences of positivity on health</b> Chair: Dorota Włodarczyk
19	<b>Individual differences in psychological well-being, anxiety and depression in psoriasis patients.</b> <i>Alan Maddock</i>
20	<b>Trajectories of fatigue in IBD patients: Predictors and the relationship with disease activity and well-being</b> <i>Birte Klusmann</i>
21	<b>Dimensions of personality perception and links to well-being</b> <i>Jessica Stewart</i>
22	<b>Specificity of links between curiosity-trait, coping and post-MI QoL- optimism and hope as covariates</b> <i>Dorota Włodarczyk</i>
23	<b>"StudiCare Mindfulness" - Effects of an online-based mindfulness intervention on interoceptive processes in students</b> <i>Christine Schillings</i>
24	<b>Individual difference in the optimism change by reminiscence and its underlying neurocognitive mechanism</b> <i>Kentaro Oba</i>
<b>P5</b>	<b>Adjustment to chronic disease</b> Chair: Gerry Molloy
25	<b>Moderating the relationship of Emotional Eating and BMI in Cystic Fibrosis patients through mindfulnessbased constructs.</b> <i>Helen Egan</i>
26	<b>Understanding the experience of weight management post bariatric surgery: An interpretative phenomenological analysis study</b> <i>Tracy Epton</i>

27	<b>The role of exercise in storying arthritis: a road to resistance or reinforcing ruin?</b> <i>Anthony Papathomas</i>
28	<b>Physical activity and psychotic symptoms in people with psychotic disorders: systematic review</b> <i>Ernest Swora</i>
29	<b>Prevalence and predictors of adherence to inhaled corticosteroids among young adults with asthma: Systematic review</b> <i>Jane Murphy</i>
30	<b>Psychosocial determinants of quality of life and disability in chronic Inflammatory Bowel Disease.</b> <i>Gary Wild</i>
<b>P6</b>	<b>Stress, adaptation and resilience</b> Chair: <i>Lisa Olive</i>
31	<b>Physical fitness in the prediction of stress-resilience and the role of peripheral brain-derived neurotrophic factor</b> <i>Rebecca Horstmann</i>
32	<b>Students' ability to relax during biofeedback with and without relaxation music</b> <i>Gabija Jarasiunaite-Fedosejeva</i>
33	<b>Predictors of resource loss among pregnant women seeking primary care</b> <i>Eleonora C. V. Costa</i>
34	<b>Preventing mental strain in the teaching profession: the role of student teachers' personal health resources</b> <i>Jana Felicitas Bauer</i>
35	<b>Introducing brief mindfulness and compassion program for medical students</b> <i>Etsuyo Nishigaki</i>
36	<b>Influence of stress and depression on vascular phenotypes in children</b> <i>Lisa Olive</i>
<b>P7</b>	<b>Health behaviours and theories</b> Chair: <i>Kyra Hamilton</i>
37	<b>The role of implicit beliefs on behaviour: Examination of a moderation effect</b> <i>Kyra Hamilton</i>
38	<b>Applying a dynamical systems approach to theories of habit and motivation for sustained physical activity</b> <i>Richie Lenne</i>
39	<b>Systematic review and meta-analysis of trials of behaviour-change interventions based on the Health Belief Model</b> <i>Ella Graham-Rowe</i>
40	<b>Preventing sport injuries: The potential use of two behavior change theories</b> <i>Alexis Ruffault</i>
41	<b>Nutrition, physical activity and self-assessment of health in Bulgarian adults</b> <i>Radka Massaldjieva</i>
42	<b>Behavioural determinants of adult sleep duration and sleep quality</b> <i>Ann Desmet</i>
<b>P8</b>	<b>Behavior change interventions: Children and young people</b> Chair: <i>Margaret Lawler</i>
43	<b>Effectiveness of a peer-led motivational interviewing intervention for increasing physical activity among at-risk adolescents</b> <i>Margaret Lawler</i>
44	<b>Using Implementation Intentions to Improve Adolescent Anger Management</b> <i>Laura Castillo-Eito</i>
45	<b>Identifying effective elements of preventive parenting interventions: A meta-analysis</b> <i>Erica Joosse</i>
46	<b>The effects of training low-SES adolescents in Motivational Interviewing for health behaviour change among peers.</b> <i>Angela Hickey</i>
47	<b>Improving wellbeing of children at school: Managing anger by a rational emotive approach</b> <i>Davide Maria Cammisuli</i>
48	<b>Interventions to reduce smoking and substance consumption at a Romanian music festival</b> <i>Zoltan Abram</i>
49	<b>Effectiveness of a pilot psychoeducational group intervention for forgiveness in greek-cypriot university students</b> <i>Marios Adonis</i>
<b>P9</b>	<b>Health behavior and Individual differences in coping and emotion regulation</b> Chair: <i>Karolina Zarychta</i>
50	<b>Exploring the relationship between prevention focus and emotional eating: The mediating role of emotion regulation</b> <i>Liesemarie Albers</i>
51	<b>Does your partner's personality affect your health?</b> <i>Lynn Williams</i>
52	<b>Gender-related Differences in Mental Health of Inflammatory Bowel Disease Patients</b> <i>Hana Bednařiková</i>
53	<b>Binge eating in obese patients Alessandra</b> <i>Pokrajac-Bulian</i>
54	<b>A French short version of the Profile of Emotional Competence (PEC) for cancer patients</b> <i>Anne-Sophie Baudry</i>
55	<b>Psychological aspects of postnatal depression among parents</b> <i>Rozalina Geneva</i>
<b>P10</b>	<b>Psychosocial factors in cancer and cardiovascular disease</b> Chair: <i>Anita DeLongis</i>
56	<b>Daily laughter and risk of cardiovascular diseases among residents after the Great East Japan Earthquake</b> <i>Tetsuya Ohira</i>

57	<b>Meaning in life and stress as determinants of quality of life in stroke patients</b> <i>Marina Prista Guerra</i>
58	<b>What do we know about young adult cardiac patients' experience? A systematic review</b> <i>Jonathan Journiac</i>
59	<b>Validation of the Distress Thermometer in advanced cancer patients receiving palliative care</b> <i>Lisa Graham-Wisener</i>
60	<b>How is femininity is evaluated in women suffering from breast cancer? A systematic literature review</b> <i>Gaëlle Bongeot</i>
61	<b>Activity and nutrition interventions for older adults with cancer: a scoping review</b> <i>Cynthia Forbes</i>
<b>P11</b>	<b>Health behavior interventions in chronic conditions</b> Chair: Hanne Zimmermann
62	<b>Psychological predictors of outcomes in response to a 12-month outpatient behavioral weight loss intervention</b> <i>Rachel Goetze</i>
63	<b>A randomized controlled trial on the effects of hypnosis in patients with obesity</b> <i>Aurélie Untas</i>
64	<b>Choices between daily and event-driven pre-exposure prophylaxis for HIV-prevention among men having sex with men</b> <i>Hanne Zimmermann</i>
65	<b>Impact of Hepatitis C treatment on substance use and injecting behaviour: a systematic review.</b> <i>Madeleine Caven</i>
66	<b>How nutrition and mental health are associated – an exploratory approach</b> <i>Laura Lehner</i>
67	<b>Patient and spousal caregiver quality of life after a cardiac event and cardiac rehabilitation</b> <i>Heather Tulloch</i>
<b>P12</b>	<b>Chronic illness and health care in ageing</b> Chair: Ewa Gruszczyńska
68	<b>Effects of social participation on mild Alzheimer's disease and everyday functioning through cognitive performances</b> <i>Tamara Mitanovska</i>
69	<b>The future agendas of the person-centered nursing care services for health psychology: scoping review</b> <i>Noriko Watanabe</i>
70	<b>Quality of life evaluation in patients affected by Severe Aortic Valve Stenosis in Italy</b> <i>Enrico Giuseppe Bertoldo</i>
71	<b>Get back on one's feet: improvements in physical capacity during cardiac rehabilitation</b> <i>Walter Bierbauer</i>
72	<b>Sleep: Fuel for good mood, self-efficacy, and medication adherence among older men living with HIV</b> <i>Brett M. Millar</i>
73	<b>Preliminary evaluation of the comprehensive psychoeducational program "healthy ageing" in older adults in latvia.</b> <i>Jelena Kolesnikova</i>
<b>P13</b>	<b>Social relationships and health in the early lifespan</b> Chair: Jan Keller
74	<b>Young carers during respite care: How does making a film about their experience help them?</b> <i>Géraldine Dorard</i>
75	<b>Adolescents facing the illness of a relative: preliminary results about young carers.</b> <i>Éléonore Jarrige</i>
76	<b>Communication with father and mother differently impacts suicidal behaviour</b> <i>Carolina Catunda</i>
77	<b>What happens when your best friend doesn't like your body?</b> <i>Aslı Çarkoğlu</i>
78	<b>Cancer diagnosis as a physical activity teachable moment for young people and friends/family</b> <i>Ainslea Cross</i>
79	<b>A qualitative investigation of social media's influence on body-related health behaviours in Irish adolescents</b> <i>David Hevey</i>
<b>P14</b>	<b>Public health interventions to promote physical activity and healthy eating.</b> Chair: Wim Nieuwenboom
80	<b>The impact of improvements in urban green space on older adults' physical activity and wellbeing</b> <i>Jack Benton</i>
81	<b>Food in motion: Selling a healthy snack to nudge people towards healthier snacking behavior</b> <i>Caroline Schlinkert</i>
82	<b>Effectiveness of an evidence and theory-based brief counseling intervention for physical activity in Portuguese NHS</b> <i>Cristina Godinho</i>
83	<b>Nudging healthy food choices in an online supermarket setting</b> <i>Laurens van Gestel</i>
84	<b>Why does a good meal matter? Identifying the health-promoting characteristics of meal services for elderly.</b> <i>Wim Nieuwenboom</i>
85	<b>Causal beliefs about obesity and support for obesity policies in English and US populations</b> <i>James Reynolds</i>
86	<b>Intervention in the quality of life of persons with Parkinson's disease using tourism resources</b> <i>Tomoko Akamatsu</i>

<b>P15</b>	<b>eHealth interventions and chronic conditions</b> Chair: Emma Carr
87	<b>Web-assisted self-help (WASH) for parents of children with ADHD: an effectiveness study</b> <i>Laura Wähnke</i>
88	<b>Exploring the usability of a digital intervention to reduce the Patient Interval for breast cancer</b> <i>Emma Carr</i>
89	<b>Determining the predictors and outcomes of people with DLB to improve diagnosis and management: LewyCRATE</b> <i>Sinéad Moylett</i>
90	<b>Evaluation and optimisation of the Tinnitus E-Programme, an internet-based intervention for tinnitus self-management</b> <i>Kate Greenwell</i>
91	<b>Identifying psychosocial factors associated with refusal to participate in a mobile-app based adherence intervention</b> <i>Lyndsay Hughes</i>
92	<b>RCT testing impact of informative content of SMS reminders on attendance at diabetic retinopathy screening</b> <i>Gaby Judah</i>
93	<b>'Hope for PCOS': Co-creation of an online self-management peer support programme for polycystic ovary syndrome.</b> <i>Carol Percy</i>
94	<b>Lending an Ear:iPeer2Peer plus Teens Taking Charge online self management to empower children with arthritis</b> <i>Hannah Durand</i>
<b>P16</b>	<b>eHealth and lifestyle behaviours</b> Chair: Johanna Nurmi
95	<b>Emotional functioning, eating behaviours and body image: e-mental health intervention among woman with BMI≥25</b> <i>Kamila Czepczor-Bernat</i>
96	<b>Stress and quantitative food intake in daily life: a mHealth study exploring intra-individual variability</b> <i>Alea Ruf</i>
97	<b>Digital behaviour change interventions for long-term weight management in adults: Systematic review of core features</b> <i>Jorge Encantado</i>
98	<b>Promoting physical activity and motivation with the Precious app: Usage findings from factorial n-of-1 RCTs</b> <i>Johanna Nurmi</i>
99	<b>Physical activity-related predictors of maladaptive eating behaviours: a preliminary experimental study using eHealth technology</b> <i>Anna Brytek-Matera</i>
100	<b>Why do people who want to lose weight stop weighing themselves: an observational analysis</b> <i>Kerstin Frie</i>
101	<b>On the dimensional structure of digital engagement: Psychometric evaluation of the 'DBCI Engagement Scale'</b> <i>Olga Perski</i>
<b>P17</b>	<b>Implementation &amp; health services research: Innovative approaches</b> Chair: Anne Marie Plass
102	<b>Selecting components for a novel hospital deprescribing intervention: A modified nominal group technique</b> <i>Sion Scott</i>
103	<b>Ethical issues associated with medical biotechnologies: the case of xenograft.</b> <i>Cécile Fraux</i>
104	<b>Disseminating, Engaging, and Sharing Knowledge (DESK): patient informed resource for understanding our research</b> <i>Jack Flynn.</i>
105	<b>Building capacity from within – upskilling healthcare professionals to lead an evidence-based implementation approach</b> <i>April Morrow</i>
106	<b>Comparing theory and non-theory based approaches to improving referral practices: a cluster randomised trial protocol</b> <i>Natalie Taylor</i>
107	<b>Legal and social aspects of the Polish geriatric care system</b> <i>Katarzyna Ruzyczka</i>
<b>* P18</b>	<b>Innovative methods and tools in occupational health psychology</b> Chair: Beata Basinska
108	<b>Polish adaptation of the Copenhagen Psychosocial Questionnaire II (COPSOQ II)</b> <i>Katarzyna Orlak</i>
109	<b>Associations between choice overload and psychological well-being (WHO-5) - A study on work stress</b> <i>Sabrina Zeike</i>
110	<b>Stress and wellbeing in the farming community</b> <i>Emma Carswell</i>
111	<b>Digital competence of upper-level managers and associations with psychological well-being</b> <i>Sabrina Zeike</i>
112	<b>Predictors of mental health and cognitive functions in older Croatian workers</b> <i>Adrijana Košćec Bjelajac</i>
<b>P19</b>	<b>Provider communication and beliefs</b> Chair: Abby Hunter
113	<b>Electronic cigarettes in pregnancy: A qualitative study exploring healthcare professionals' beliefs, attitudes, knowledge and behaviour.</b> <i>Abby Hunter</i>
114	<b>Provider communication and transition readiness among adolescents with type 1 diabetes in a U.S. Setting</b> <i>Christina Duncan</i>
115	<b>Challenges encountered by sub-Saharan African migrants and health providers during HIV-related medical consultations in Australia</b> <i>Amy Mullens</i>
116	<b>Understanding health workers' experiences of an Ebola outbreak and attitudes to infection-prevention-control in Sierra Leone</b> <i>Jo Hart</i>
117	<b>Emotional related skills for Applied Theatre Practitioners performing in Health Care context: A qualitative approach</b> <i>Anatoli Karypidou.</i>

\* Construction of a stress scale specific to intensive care units Additional poster for P18  
*Alicia Fournier*



<b>P20</b>	<b>Challenges, adversity and resilience</b> Chair: Gerjo Kok
118	<b>Challenges of health promotion at community health centers</b> <i>Yasinta Astin Sokang</i>
119	<b>Evaluation of health promotion at community healthcare centers in Indonesia: a long way to go</b> <i>Yasinta Sokang</i>
120	<b>Effects of resilience and cross-cultural understanding in parents living abroad on their parenting attitudes</b> <i>Hiroimi Hirata</i>
121	<b>It's mine, so I am taking care of it: Psychological ownership for sustainable health-related infrastructure</b> <i>Jennifer Inauen</i>
122	<b>Adversity and gender-discrimination among college students in india and the relationship to emotional and physical-health</b> <i>Linda Olszewski</i>
123	<b>Moving towards an LGBTQ inclusive and affirmative health psychology: Challenges and recommendations</b> <i>Joanna Semlyen</i>
124	<b>Rejective or receptive attitude toward sexual orientation among japanese junior, high school, and university students</b> <i>Makiko Kasai</i>
125	<b>Exercise science students' stigma and conscious/automatic responses: The importance of weight and sex of target.</b> <i>Ahuitz Rojas-Sánchez</i> <i>Cancelled</i>
<b>P21</b>	<b>Medicines and messages</b> Chair: Alexandra Dima
126	<b>Analysis of media's representation of medicinal cannabis: Life-saving medicine or criminal drug?</b> <i>Joanne Ahmed</i>
127	<b>Brazilian caregivers' adherence to child primary care recommendations: the predictive role of psychosocial determinants</b> <i>Susana Mourão</i>
128	<b>#Diabetesonaplate: Contesting representations of diabetes on Instagram</b> <i>Leda Blackwood</i>
129	<b>A qualitative exploration of students' experiences with nonmedical use of prescription medicines for cognitive enhancement</b> <i>James Green</i>
130	<b>Exploring barriers and facilitators to daily medication adherence in young people with asthma</b> <i>Lisa-Marie Rau</i>
131	<b>The influence of parents' beliefs about medicine on their use of over-the-counter medicines in children</b> <i>Helen Pattison</i>
<b>P22</b>	<b>Methodology: developing and validating health psychology tools and measures</b> Chair: Jenny McSharry
132	<b>Developing a tool for individual health related behavior values assessment</b> <i>Mariya Danina</i>
133	<b>The development of a new measure: The Impact of Female Chronic Pelvic Pain Questionnaire (IF-CPPQ)</b> <i>Miznah Al-Abbadey</i>
134	<b>One single question is not sufficient to identify individuals with electromagnetic hypersensitivity</b> <i>Zsuzsanna Dömötör</i>
135	<b>Multimethod stress evaluation: Effects of an intervention on teachers' health including self-report and biologically measurement</b> <i>Natalie Gouasé</i>
136	<b>Generation of Patients-as-Partner items through a qualitative data analysis : A content validation process</b> <i>Angela Odero</i>
137	<b>Development and validation of a new measure of adherence to cystic fibrosis care</b> <i>Christina Duncan</i>
<b>P23</b>	<b>Rapid Communication: Clinical health psychology and relationships with providers</b> Chair: Andrew Thompson Room: Elafiti 4, Valamar Lacroma Dubrovnik
138	<b>Health-related quality of life and sleep in adolescents in residential care</b> <i>Ana Gonçalves</i>
139	<b>Prospective study on PTSD related to childbirth among Tunisian women: Prevalence and associated factors</b> <i>Hannachi Nawel</i>
140	<b>The school climate as a protective factor for drug use</b> <i>Maria Lizabete Souza</i>
141	<b>Poor perception of team care support and PTSD after childbirth. Mediation of maternal self-efficacy</b> <i>Manon Pongy</i>
142	<b>Engaging immigrants in psychotherapy: Development and pilot RCT of a culture-tailored, web-based intervention</b> <i>Hanna Reich</i>

EHPS AGM (member's meeting) Room: Elafiti 1									
Parallel Sessions									
Session Title	SYMPOSIUM	SYMPOSIUM	STATE OF THE ART	ORAL	ORAL	ORAL	ORAL	ORAL	
8:15 - 9:30									
9:30 - 11:00									
Chair	Bonnie Spring	Urte Scholz, Yiqun Gan	Brian McGuire	Kyra Hamilton	Neil Coulson	Gerry Molloy	Lucie Byrne-Davis	Marita Hennessy	
Room	Elafiti 1, Valamar Lacroma Dubrovnik	Elafiti 2, Valamar Lacroma Dubrovnik	Elafiti 3, Valamar Lacroma Dubrovnik	Olipa 4, Valamar Collection Dubrovnik President	Elafiti 4, Valamar Lacroma Dubrovnik	Olipa 1, Valamar Collection Dubrovnik President	Galijun, Valamar Argosy	Asimon, Valamar Lacroma Dubrovnik	
9:30	Overview of Multiphase Optimization Strategy (MOST) phases and designs to address evidence-based behavioral practices <i>Bonnie Spring</i>	Physical inactivity and anxiety in the context chronic illness and age: a meta-analysis <i>Aleksandra Luszczynska</i>	Managing addiction and chronic pain	The social identity process and school climate as novel targets for physical activity behaviour change <i>Lisa Olive</i>	Moving On: Acceptability of a personalised mHealth lifestyle self-management intervention for cancer survivors <i>Jenny Groarke</i>	A Qualitative Investigation of the Use and Characterisation of "Habit" by Lay-People <i>Daniel Brown</i>	Implementing a low-cost psychosocial intervention (DIALOG+) in low and middle-income countries in South-Eastern Europe <i>Jennifer Hunter</i>	Healthy growth during the first 1,000 days: parental views and maximising their engagement in interventions <i>Marita Hennessy</i>	
9:45	Using the multiphase optimization strategy (MOST) to develop an intervention to reduce child maltreatment <i>John Kjøbli</i>	The role of social support and discrimination in PTSD among Filipino Domestic Workers in China <i>Brian Hall</i>		Testing STOP: Self-regulation Therapy for Opioid addiction and Pain <i>Amy Wachholtz</i>	The relationship between personality traits and the dual process of adopting physical-activity among nurses <i>Rinat Avraham</i>	Examination of the empowering processes and outcomes arising from engagement with fibromyalgia online support groups <i>Neil Coulson</i>	Conscientiousness and adherence to anti-hypertensive medications: Using direct and indirect measures <i>Gerry Molloy</i>	Playing for Change: Experiential learning methods in behaviour change training with Ethiopian Health Extension Workers <i>Wendy Maltinsky</i>	A core outcome set for infant feeding interventions to prevent childhood obesity <i>Karen Matvienko-Sikar</i>
10:00	The MOST optimization phase: Case example of the Opt-IN weight loss study <i>Sara Hoffman</i>	Illness Perceptions, Coping and Well-Being among Persons with Multiple Sclerosis: A Common Sense Model Application <i>Marta Bassi</i>			Objectively measured physical activity and executive function <i>Daniel Powell</i>	A chance to modify behavioral risk factors? Behaviour change techniques in chronic condition self-management apps <i>Luiza Siqueira do Prado</i>	The relationship between intuitive eating, self-reported and laboratory food intake in middle-aged adults <i>Ulrike Ruzanska</i>	A qualitative exploration of anaesthesia providers' experiences following training in Tanzania, Nepal and Bangladesh <i>Eleanor Bull</i>	Mothers and fathers in NICU: comparing parental stress, sources of stress and stress reduction techniques <i>Zrinka Pukljak Iričanin</i>
10:15	Testing Stepped Care Interventions Optimized for Weight Loss and Conservation of Resources <i>Angela Pfammatter</i>	Partnerships to enhance health behaviour change practice and outcomes: learning from the response to HIV <i>John de Wit</i>	The role of psychologist in the multidisciplinary program for the treatment of chronic pain <i>Iva Dimitrijević</i>	Capabilities, opportunities and motivations to be physically active in disadvantaged communities in Doncaster, UK <i>Madelynne Arden</i>	Reducing cancer-related fatigue (CRF) by means of the Untire App – A randomized controlled trial <i>Simon Spahrkäs</i>	Is unhealthy snacking related to compensatory beliefs and behaviors? Evidence from an intensive longitudinal study <i>Melanie Amrein</i>	Patient Partner Approach in healthcare : between representations and application. An inter-regional qualitative study <i>Manon Pongy</i>	Attitudes and beliefs about food allergies in adolescents with and without a diagnosed food allergy. <i>Kristina Newman</i>	
10:30	Discussion <i>Susan Michie</i>	Discussion <i>Noa Vilchinsky</i>	Neurofeedback for central neuropathic pain: understanding successful neuromodulation in able-bodied and spinal cord injury participants <i>Krithika Anil</i>	Exploring LBGTQ+ minority stressors within physical activity contexts from a self-determination theory perspective <i>Shannon Herrick</i>	The association between user engagement, illness beliefs and self-management: A RCT of two diabetes apps <i>Anna Serlachius</i>	Understanding compensatory eating: Reasons for eating less healthy after exercise <i>Natalie Reily</i>	Exploring safe anaesthesia behaviours in Tanzania, Zimbabwe, Nepal and Bangladesh <i>Jo Hart</i>	A photovoice study: Exploring the maternal embodied experiences of women experiencing a high-risk pregnancy <i>Michelle Andipatin-Botha</i>	
10:45	Audience Questions / Panel Discussion <i>Angela Pfammatter</i>	Audience engagement activity <i>Sonia Lippke</i>	Investigating the effect of an online ACT intervention for multimorbidity and chronic pain on HRQoL <i>Brian McGuire</i>	Planning and action control as predictors of physical activity among patients with knee osteoarthritis <i>Ralf Schwarzer</i>	Impacts of digital technologies on health and patient-doctor relationship in chronic diseases <i>Camille Vansinaeys</i>	FOODLIT-PRO: Profiles of eating as needed and associated psychological/behavioural strategies Portuguese experts' perspectives. <i>Raquel Rosas</i>	Systematic Review and Behavioural Analysis of Making Every Contact Count, Alcohol and Smoking Brief Interventions <i>Angela M. Rodrigues</i>	Psychosocial predictors of IVF success after one year <i>Tony Cassidy</i>	
11:00 - 11:30	Coffee Break								

11:30 - 13:00	Parallel Sessions							
Session Title	SYMPOSIUM	SYMPOSIUM	ORAL	ORAL	ORAL	SYMPOSIUM	ORAL	ORAL
	<b>Targeting automatic processes to change eating behaviour</b>	<b>Do we fear what harms us? New perspectives on individual and societal-related risk perceptions</b>	<b>Treatment approaches in chronic illness</b>	<b>Individual differences in emotion regulation</b>	<b>Health services research: Implementation &amp; fidelity</b>	<b>Making healthy choices the easy choice: Redesigning systems and environments to promote health</b>	<b>Digital health promotion</b>	<b>Ageing: Understanding social and psychological diversity</b>
Chair	Laura M. König	Nadine Lages	Maryanne Martin	John de Wit	Elaine Cameron	Julia Allan	Max Western	Christine Stephens
11:30	Electrophysiological correlates of response inhibition training on high and low calorie food cues <i>Matthias Aulbach</i>	People's Knowledge About Toxicology and Factors Predicting Consumers' "Chemophobia" <i>Rita Saleh</i>	Exploring the potential for a transdiagnostic approach to chronic disease-related fatigue treatment. <i>Claire Willis</i>	Impaired Sleep and Psychological Symptoms in Turkish Adults: A Test of the Emotion Dysregulation Pathway <i>Ezgi Tuna</i>	Self-management support for breast cancer survivors in France: mapping current practices on behaviour change theory <i>Alexandra Dima</i>	Is increasing the availability of healthy options enough? The example of Scottish hospitals. <i>Julia Allan</i>	Leveraging social media to understand the treatment needs of individuals with opioid use disorder <i>Patricia Cavazos</i>	A lifecourse approach to understanding unequal trajectories of healthy ageing. <i>Christine Stephens</i>
11:45	ImpulsePal: Developing an impulse management intervention to support dietary changes and weight management <i>Samantha van Beurden</i>	Flu vaccination beliefs and herd immunity: Comparing free-riders and prosocial actors <i>Nadine C. Lages</i>	Emotional processing and mood as mediators of cognitive behavioural therapy in Irritable Bowel Syndrome <i>Alice Sibelli</i>	The relationship of dispositional compassion for others with depressive symptoms over a 15-year prospective follow-up <i>Mirka Hintsanen</i>	Fidelity assessment of motivational interviewing-based treatment support delivered by nurses <i>Louise Prothero</i>	Interventions to reduce saturated fat of food purchases: randomised trial in an experimental online supermarket <i>Dimitrios Koutoukidis</i>	Information Architecture: A Design Feature to Improve Patients' Satisfaction with Online Health Education Interventions <i>Tessa Dekkers</i>	What motivates older adults to attend a falls prevention program: Anticipated health or social benefits? <i>Greta M. A. Steckhan</i>
12:00	Assortment size and time pressure modulate the link between attitudes and food choice <i>Laura M. König</i>	Citizen Science: Psychological and situational factors that determine people's willingness-to-share health and genomic data <i>Angela Bearth</i>	Testing a Moderated Mediation model of MBCT's effects for psoriasis patient <i>Alan Maddock</i>	Difficulties in Emotional Regulation and Mental Health among Young Adults with History of Homelessness <i>Sara Semborski</i>	Does a national diabetes prevention programme train staff to deliver planned behaviour-change techniques with fidelity? <i>Elaine Cameron</i>	Under pressure: is nudge effectiveness influenced by time pressure? <i>Femke de Boer</i>	Real-time multidimensional feedback from wearable physical activity monitors supports positive behaviour change in inactive adults. <i>Max Western</i>	Loneliness and increased healthcare use in older adults – is health a mediator? <i>Annette Burns</i>
12:15	The impact of health warning labels on snack selection: two online experimental studies <i>Natasha Clarke</i>	Accuracy in the perception of lifestyle and societal risks: A comparison between Germany and Israel <i>Josianne Kollmann</i>	Treatment fidelity in the gait rehabilitation in early rheumatoid arthritis (GREAT) feasibility study <i>Emma Godfrey</i>	Fear of physical activity predicts objectively assessed physical activity in patients with heart failure <i>Heike Spaderna</i>	Health care professionals' views of screening for depression and anxiety in long-term conditions <i>Joanna Hudson</i>	Health and control over the environment in disadvantaged and non-disadvantaged neighborhoods <i>Marleen Gillebaart</i>	Supporting Behavior Change in Older Adults: A Blended Approach to Increase Physical Activity <i>Sumit Mehra</i>	Depression and anxiety as risk factors for cardiac rehabilitation outcomes <i>Tania Bermudez</i>
12:30	Public acceptability of nudging and taxing to reduce consumption of alcohol, tobacco and food <i>James Reynolds</i>	We shall live till 86 in excellent health: Desire for greater (un)equal distribution of health <i>Luka Johanna Debbeler</i>	Effectiveness of a therapy adherence intervention; a multi-center randomized controlled trial <i>Joyca Lacroix</i>	Psychological interventions for re-injury anxiety among athletes injured at ACL, a randomized controlled trial study. <i>Benjamin Caumeil</i>	What affects whether physical activity is recommended to cancer patients? <i>Alexander Haussmann</i>	Consumption of artificially and sugar sweetened drinks and snack choice in teenagers: An experimental study. <i>Rachel Crockett</i>	Development of smartphone applications for promoting healthy dietary choices in young adults <i>Gitte Kloek</i>	Walking to primary care in older adults' shoes. E-learning for GPs evaluated through patients experience <i>Marta Rzdakiewicz</i>
12:45	Discussion <i>Paschal Sheeran</i>	Discussion <i>Britta Renner</i>	Impact of Mindfulness-Based Cognitive Therapy for Irritable Bowel Syndrome: A randomised control trial. <i>Maryanne Martin</i>	Problematic use and QoL of online video game players: identification of motivational profiles. <i>Maxime Larrieu</i>	Implementing the Positive Aging Policy in Challenging Healthcare Contexts: Views and Practices of Romanian doctors <i>Catrinel Craciun</i>	Discussion <i>Denise de Ridder</i>	A systematic review of just-in-time adaptive interventions (JITAs) to promote physical activity <i>Wendy Hardeman</i>	Impact of Cognitive Reserve in Elderly Outpatients with Reduced Cognitive-Motor Functions <i>Alberto Sardella</i>
13:00 - 14:00	Lunch							

Meeting: Special Interest Group (SIG) on Digital Health & Computer-tailoring								
Chair: Eline Smit								
Room: Elafiti 4, Valamar Lacroma Dubrovnik								
13:00 - 14:00								
14:00 - 15:30								
Parallel Sessions								
Session Title	SYMPOSIUM	ORAL	ROUNDTABLE	ORAL	SYMPOSIUM	SYMPOSIUM	ORAL	ORAL
Europe's illicit drug use challenges: are health psychological, social and policy responses fit for purpose?		Managing cancer and long term conditions: Role of interventions	Interdisciplinary approaches to health and sustainability in low- and middle-income countries	Contemporary issues in work and health	Women's health issues across the lifespan: Identifying risks and opportunities for change	Advancing acceptability research: application of health psychology approaches to inform intervention development and assessment	Mechanisms and outcomes of behavior change	Individual differences in stress processes
Chair	Gjalt-Jorn Peters	Rona Moss Morris	Joanna Hale	Martin Dempster	Efrat Neter	Mandeep Sekhon, Martin Cartwright	Sharon Simpson	Daryl O'Connor
14:00	Trends in cannabis consumption among youth in Luxembourg <i>Carolina Catunda</i>	Efficacy of a Stepped Collaborative Care Intervention for Patients Diagnosed with Comorbid Cancer and Depression <i>Jennifer Steel</i>	Interdisciplinary approaches to health and sustainability in low- and middle-income countries <i>Kanyiva Muindi, Susan Michie, Jennifer Inauen, Lucie Byrne-Davis</i>	Organisational sexist climate: its effects on mistreatment and illegitimate tasks in the workplace <i>Carolina Pia Garcia Johnson</i>	Persevering in fertility treatments despite repeated failures: unrealistic optimism and the reality of a pronatalist culture <i>Yael Benyamini</i>	Engagement activity - open discussion <i>Mandeep Sekhon</i>	Neutralizing the false-balance effect - How media can support rebuttal of misinformation about vaccination <i>Philipp Schmid</i>	Higher trait loneliness predicts reduced vagal reactivity and vagal recovery to cognitive demand <i>Charlotte Roddick</i>
14:15	Psychosocial predictors of injecting risk behaviour in people who inject drugs on hepatitis C treatment. <i>Amy Malaguti</i>	Using intervention mapping to develop and test a tamoxifen adherence intervention in breast cancer survivors <i>Zoe Moon</i>		Occupational burnout, stress and life satisfaction among groups of surgical and psychiatric nurses. <i>Ewa Wilczek-Ruzyczka</i>	Women's decisions about next-generation sequencing for newborn screening: psychological mediators of increases in pregnancy anxiety <i>Christine Rini</i>	Prospective acceptability of a proposed rehabilitation programme for chest trauma patients: a qualitative study <i>Martin Cartwright</i>	Effectiveness of behaviour change interventions in promoting breastfeeding: A systematic review and metaanalysis <i>Philippa Davie</i>	Shyness and heart rate variability during everyday life social interactions <i>Andreas R. Schwerdtfeger</i>
14:30	Sexual health and social inequities in women on opioid substitution treatment <i>Hannah Family</i>	Brief relaxation training intervention reduces social disruption over 12 months in non-metastatic breast cancer patients <i>Chloe Taub</i>		Identification of stress factors in ICU: need for a specific stress scale ? <i>Alicia Fournier</i>	Compensatory health beliefs on breastfeeding varying by breastfeeding status <i>Efrat Neter</i>	Acceptability of infant feeding interventions in primary care with health-care professionals: a qualitative interview study <i>Elaine Toomey</i>	Reducing Red and Processed Meat Consumption by Daily Text Messages on Environment or Health <i>Valentina Carfora</i>	Are Trait Emotional Competencies Protective for Heart Rate Variability in Stress Conditions? <i>Elise Batsele</i>
14:45	Sampling and recruitment of PWID in the study: notes from the field <i>Ksenia Eritsyana</i>	Illness Perceptions and psychological distress as HRQoL predictors in Head-Neck cancer patients after radiotherapy <i>Vassiliki Sifaka</i>		A Systematic Review of Infectious Illness Presenteeism: Prevalence, Reasons and Risk Factors <i>Rebecca Webster</i>	Sedentary behaviors and behavior-specific social support in mother-child and female partner-patient dyads <i>Monika Boberska</i>	Development of eczema care online, a digital intervention to support eczema self-management in young people <i>Daniela Ghio</i>	AAP intervention effects on miscarried helping and parent and youth self-efficacy in asthma management <i>Kristine Durkin</i>	Exploring Resilience Factors and Daily Cortisol Levels in Individuals Vulnerable to Suicide <i>Daryl O'Connor</i>
15:00	Audience engagement activity <i>Gjalt-Jorn Peters</i>	A Systematic Review on the Usage of Self-Compassion-Based Interventions for Chronic Diseases <i>Aysenur Kilic</i>		Correlates of desire to work in persons visiting psychiatric outpatient clinics <i>Magnus L Elfström</i>	The role of health literacy and health beliefs in colonoscopy screening among Romanian women <i>Adriana Baban</i>	Evaluating the acceptability of digital interventions for improving quality of life in adults with asthma <i>Max Western</i>	Disentangling perceived capability from motivation using vignettes: Examination of self-efficacy measures applied to physical activity <i>Stina J. Grant</i>	The effects of hunger on variability of stress in homeless and formerly homeless young adults <i>Eldin Dzubur</i>
15:15	Discussion <i>Nadine Berndt</i>	Using person-centred intervention mapping to develop an online cognitive-behavioural treatment for distress in long-term conditions. <i>Katrin Hulme</i>		Coping, burnout and resilience among UK medical doctors <i>Martin Dempster</i>	Discussion <i>Irina Todorova</i>	Discussion <i>Molly Byrne</i>	A randomised controlled feasibility trial of a safety planning intervention to reduce suicidal behaviour. <i>Sharon Simpson</i>	Assisting University Students Self-Manage Stress: A Randomized Controlled Trial of Mindfulness Meditation Tools <i>Rebecca Acabchuk</i>



15:30 -  
17:00

**Poster Sessions**

Room: Business Centre, Valamar Lacroma Dubrovnik

17:00 -  
18:00

**Keynote Lecture:**

**Antonia Lyons**

**Theorising contemporary youth drinking cultures: Social media and embodied neoliberalism**

**Chair: Irina Todorova**

Room: Elafiti, Valamar Lacroma Dubrovnik

20:00 -  
23:00

**CONFERENCE DINNER**

Elafiti Plateau, Valamar Lacroma Dubrovnik

<b>P1</b>	<b>Health-risk behaviour</b> Chair: Barbara Mullan
1	<b>Motivational and momentary influences on adult smoking: An application of Temporal Self-Regulation Theory</b> <i>Christopher Martin Jones</i>
2	<b>Determinants of nicotine replacement therapy use in pregnancy: mixed methods systematic review</b> <i>Katarzyna Campbell</i>
3	<b>A conceptual model for understanding tobacco- and nicotine-containing product transition and switching behaviors</b> <i>Esther Afolalu</i>
4	<b>Student identity, group norms and alcohol consumption: Testing a social identity model of behavioural associations</b> <i>Emily Hughes</i>
5	<b>The effect of television advertising on soft drink consumption: A dual-process models approach</b> <i>Eva Kemps</i>
<b>P2</b>	<b>Behavior change interventions and prevention</b> Chair: Sara Hoffman
6	<b>Lessons from implementing a factorial experiment within the MOST framework: The Opt-IN weight loss study</b> <i>Sara Hoffman</i>
7	<b>Effectiveness of computer-tailored interventions targeting evolution of dietary behaviors: a systematic review</b> <i>Amandine Schoumacker</i>
8	<b>Workplace health promotion intervention for raising influenza vaccination coverage in healthcare workers</b> <i>Nataša Demovšček Hafner</i>
9	<b>Use of graphic narratives and health behaviour concepts in cancer screening leaflets: A content analysis</b> <i>Lauren Gatting</i>
10	<b>Implementation Mapping: Using Intervention Mapping to develop implementation strategies</b> <i>Sanne van Lieshout</i>
<b>P3</b>	<b>Individual differences in health perceptions</b> Chair: Gill ten Hoor
11	<b>Associations of low health literacy with increased blood pressure in ESRD patients in Slovakia</b> <i>Ivana Skoumalova</i>
12	<b>Wanna Look Bigger: Psychosocial correlates of muscle dissatisfaction among male college students in Hong Kong</b> <i>Nathalie Berninger</i>
13	<b>French validation of ORTO 15 and its links with body image disorder</b> <i>Natalija Plasonja</i>
14	<b>When the health it is no the more important. Addicted runners training and recovering</b> <i>Abel Nogueira López</i>
15	<b>Health literacy associations with gingivitis among Slovak adults: preliminary results</b> <i>Peter Kolarcik</i>
16	<b>Visual Dynamic Scale of Mind-Body Relationships (VDS-MBR): assessing perceived relationships between mind-body</b> <i>Kris Naivelt</i>
17	<b>FOODLIT-PRO: "What determines food literacy, what are institutions doing?" Mixed-method analysis on Portuguese experts' perspectives</b> <i>Raquel Rosas</i>
<b>P4</b>	<b>Living with chronic illness</b> Chair: Aleksandra Luszczynska
18	<b>A qualitative exploration of persistent fatigue among women with endometriosis in South Africa</b> <i>Rizwana Roomaney</i>
19	<b>The lived experience of self-management within T2D, using a combination of IPA and photo-elicitation.</b> <i>Shona Harris</i>
20	<b>Burden of living with HIV as a chronic disease among individuals diagnosed in recent years</b> <i>Hanne Zimmermann</i>
21	<b>Living with multiple sclerosis (MS) in South Africa: How is MS experienced in the workplace?</b> <i>Hermine Kruger</i>
22	<b>How do subjective financial resources of temporary disability pensioners relate to their loneliness and lifesatisfaction?</b> <i>Sonia Lippke</i>
23	<b>Living with scoliosis in individuals over 30: a photovoice study of an individual experience.</b> <i>Michele A. Mulqueen</i>
24	<b>When things go wrong: exploring experiences of women with vaginal mesh complications</b> <i>Bridget Dibb</i>
<b>P5</b>	<b>Depression, anxiety and PTSD</b> Chair: Anna Banik
25	<b>Interplay between physical activity and depression: Longitudinal dyadic research in the context of chronic illness</b> <i>Magdalena Kruk</i>
26	<b>The influence of mindfulness-based stress reduction on different facets of interoceptive processes in depressive patients</b> <i>Georgios Karanassios</i>
27	<b>Anxiety and depression in women with breast cancer</b> <i>Ivona Poljak</i>
28	<b>Posttraumatic stress symptoms, driving phobia, and aberrant driving behaviors. The moderating role of gender</b> <i>Cornelia Mairean</i>
29	<b>Impact of the posttraumatic stress disorder on maternal bonding. Mediation of coping strategies</b> <i>Hannachi Nawel</i>
30	<b>Diagnostic utility of symptom screening scales for detecting anxiety disorders: Systematic review and metaanalysis protocol</b> <i>Nicola Black</i>

<b>P6</b>	<b>Quality of life at transition points in life</b> Chair: Winifred Nwosu
31	<b>Predictive factors for psychological distress during BRCA 1/2 testing: a systematic review.</b> <i>Nikolett Warner</i>
32	<b>Clinical psychological evaluation in elderly men with prostatic hypertrophy in treatment with dutasteride</b> <i>Federica Bellone</i>
33	<b>Anxiety and perceived quality of life in patients with diabetes of long duration</b> <i>Gabriella Martino</i>
34	<b>Cognitive and motor tests predicting quality of life in patients with Parkinson's Disease-Mild Cognitive Impairment</b> <i>Davide Maria Cammisuli</i>
35	<b>A projective tool to face de-structuring life transitions: applications with foreign citizens seeking asylum</b> <i>Matilde Nicolotti</i>
36	<b>Is depersonalization the missing link in predicting psychological and physical well-being in undergraduates?</b> <i>Jonathan Egan</i>
<b>P7</b>	<b>Caregiving in personal and professional relationships</b> Chair: Theresa Pauly
37	<b>An emotionally perfect caregiver: perfectionism, emotional competencies, and burnout in informal caregivers</b> <i>Pierre Gérard</i>
38	<b>Assessing caregivers' adherence to child primary care recommendations: Development and validation of a scale</b> <i>Susana Mourão</i>
39	<b>Patients facing the choice of renal replacement therapy: What is the role of relatives?</b> <i>Lucile Montalescot</i>
40	<b>Relationship distress predicts mental health and quality of life among cardiac rehabilitation patients and partners</b> <i>Heather Tulloch</i>
41	<b>Investigation of the mourning process of family members caring for patients hospitalized in palliative care</b> <i>Özkan Sarisakal</i>
42	<b>Association of rumination and social support with recovery experiences among human service professionals</b> <i>Naoko Kamba</i>
43	<b>Compassion satisfaction, burnout and compassion fatigue among nurses</b> <i>Melita Rukavina</i>
<b>P8</b>	<b>Food, eating, and weight</b> Chair: Emely de Vet
44	<b>Social and personal consumption norms underlying the effect of portion size on later food intake</b> <i>Sanne Raghoobar</i>
45	<b>Self-Efficacy Inventory. Weight control for children and preadolescents</b> <i>Gilda Gomez</i>
46	<b>The influence of eating life environment on unhealthy snacking</b> <i>Shoji Ohtomo</i>
47	<b>Potential mechanisms explaining how unhealthy visual food cues affect food choice and intake in adults</b> <i>Monique Alblas</i>
48	<b>Exploring the relationship between stimulus control and BMI</b> <i>Stefania Franja</i>
49	<b>Exploring the relationship between attentional bias, stimulus control and BMI</b> <i>Stefania Franja</i>
50	<b>Can we have a second serving? A replication study on the neurobiological mechanisms underlying self-control</b> <i>Nynke van der Laan</i>
<b>P9</b>	<b>Behavior change interventions: Healthcare professionals</b> Chair: Wiebke Goehner
51	<b>Systematic review of the effect of social norm interventions on clinical behaviours of health workers</b> <i>Mei Yee Tang</i>
52	<b>Spanish trainee nurses' skills and attitudes of obesity and behaviour change</b> <i>Marie-Carmen Neipp</i>
53	<b>Behaviour change strategies for physiotherapists: A one-group pre-post intervention trial in medical rehabilitation</b> <i>Wiebke Goehner</i>
54	<b>Implementation intention and anticipated regret on vaccination behavior against fluenza with healthcare workers.</b> <i>Aurélie Gauchet</i>
55	<b>Fit for health-oriented leadership? Evaluation of a multimodal management training program</b> <i>Eva Catrin Bartel</i>
56	<b>Overweight in primary care: Analysing the problem and developing an intervention objective</b> <i>Ana Trovisqueira</i>
<b>P10</b>	<b>Personality differences, identity and health</b> Chair: Jowinn Chew
57	<b>Treating impulsivity with synbiotics in adults: a multicentre, double-blind, randomized, placebo-controlled trial</b> <i>Anne Siegl</i>
58	<b>The differences in functioning domains between patients with alcohol use disorder and non-clinical group</b> <i>Jelena Kolesnikova</i>
59	<b>Investigating anxiety surrounding illness uncertainty in multiple sclerosis</b> <i>Jowinn Chew</i>
60	<b>Food-deprivation induced changes in interoceptive accuracy are moderated by personality traits</b> <i>Christian Rominger</i>
61	<b>Personality predictors of flexibility in coping with stress in adults</b> <i>Izabela Grzankowska</i>
62	<b>The relationship between personality and fatigue among patients with multiple sclerosis</b> <i>Ivana Marcinko</i>
63	<b>Dual usage of traditional and e-cigarettes and its relationship to users' identities</b> <i>Joanne Ahmed</i>

<b>P11</b>	<b>Clinical health psychology interventions</b> Chair: Frank Doyle
64	<b>Network meta-analysis of pharmacological, psychotherapeutic, exercise and collaborative-care interventions for depression in coronary patients: Protocol</b> <i>Frank Doyle</i>
65	<b>Effectiveness of an intervention based on acceptance and commitment therapy in patients living with HIV.</b> <i>Rocío Rodríguez-Rey</i>
66	<b>Resonant Breathing based HRV - Biofeedback training facilitates recovery of depressive symptoms.</b> <i>Josef Tatschl</i>
67	<b>Interest of horse-assisted therapy in the evolution of emotional disorders of addicted patients in aftercare</b> <i>Elisabeth Spitz</i>
68	<b>Evaluating the NICE guidelines for post stroke depression in low resource settings: A systematic critique</b> <i>Mariam Salie</i>
69	<b>Impact of nurse-led patient education on patients' quality of life: A systematic review</b> <i>Winifred Nwosu</i>
<b>P12</b>	<b>Recent perspectives on pain, adaptation and medication adherence</b> Chair: Sónia Bernardes
70	<b>Towards a deeper understanding of adherence to medication in pain patients</b> <i>Gabriele Helga Franke</i>
71	<b>Explicit and implicit self-esteem, social exclusion and pain tolerance among women training CrossFit.</b> <i>Ewa Wojtyna</i>
72	<b>Motives behind pain behaviour: the perspective of patients and spouses</b> <i>Fatemeh Akbari</i>
73	<b>Assessment methods for the identification of pain for individuals with autism: A systematic review</b> <i>Helena Lydon</i>
74	<b>Exploring persistent inflammation and symptoms in Inflammatory Arthritis: Patient &amp; Professional experiences</b> <i>Sam Norton</i>
75	<b>Prevalence and predictors of medication non-adherence among patients with multimorbidity: A systematic review and meta-analysis.</b> <i>Louise Foley</i>
<b>P13</b>	<b>Social support and resilience in adolescence</b> Chair: David Hevey
76	<b>Social support and it's relation to adolescent emotional and behavioral outcomes.</b> <i>Ingrid Danila</i>
77	<b>Do discriminated children report higher excessive Internet use-does social support from friends mediate this?</b> <i>Laura Urbanová</i>
78	<b>Exploring resilience in adolescents exposed to violence – the role of developmental assets</b> <i>Xincheng Sui</i>
79	<b>Adverse childhood experience as predictors for anxiety in adolescence</b> <i>Dimitrinka Jordanova Peshevska</i>
80	<b>Family crisis and positive youth development: the role of gender and hopelessness in early adolescence</b> <i>Jaroslava Mackova</i>
81	<b>Body norms among French and Luxembourgish's adolescents: Outcome of National Health Promotion Programs.</b> <i>Michèle Baumann</i>
<b>P14</b>	<b>Health issues in pregnancy and infancy and opportunities for intervention</b> Chair: Sarah Dean
82	<b>The impact of psychosocial factors on the duration of breastfeeding of Mums in Stoke-on-Trent</b> <i>Sarah Dean</i>
83	<b>Safe to vape whilst breastfeeding? Postpartum women's opinions on e-cigarettes, using online forum discussions</b> <i>Emily Johnston</i>
84	<b>A survey on drinking alcohol for parents of infants and pregnant mothers in japan</b> <i>Kazuko Eto</i>
85	<b>Correlates of quality of life in pediatric cancer survivors</b> <i>Maja Sedmak</i>
86	<b>Multi-modal program evaluation for pediatric brain tumor survivors and their families.</b> <i>Karsenti Lucille</i>
87	<b>Exploring cross-condition experiences of caring for a child with appearance-altering conditions or injuries.</b> <i>Maia Thornton</i>
<b>P15</b>	<b>Self-regulation and health-related behaviors</b> Chair: Valerie Morrison
88	<b>Psychological needs satisfaction moderates the relationship between BMI and body dissatisfaction in children.</b> <i>Ian Taylor</i>
89	<b>Uptake of planning as a self-regulation strategy: Adolescents' reasons for (not) planning physical activity</b> <i>Elina Renko</i>
90	<b>Understanding vocational students' motivation for physical activity and eating behaviours</b> <i>Gitte Kloek</i>
91	<b>A test of the temporal order of self-regulatory processes</b> <i>Daniel Brown</i>
92	<b>Self-determination, happiness and somatic health</b> <i>Ivana Marčinko</i>
<b>P16</b>	<b>Implementation and health services research: Screening and clinical practice</b> Chair: Susan Carroll
93	<b>Implementing a psychosocial screener in an outpatient burn clinic</b> <i>Christina Duncan</i>
94	<b>Combining theory and usability testing to inform optimization of a primary care depression management tool</b> <i>Nicola McCleary</i>
95	<b>Exploring the benefits of co-production for health professional behaviour change in mental health nursing handovers</b> <i>Natasha Tyler</i>



96	<b>Therapists' perceptions of barriers and facilitators to uptake and engagement with therapy in Long-Term Conditions</b> <i>Susan Carroll</i>
97	<b>Process evaluation of a behaviour change approach to improving clinical practice for detecting hereditary cancer</b> <i>Natalie Taylor</i>
<b>P17</b>	<b>Implementation and health services research: Children, parents and providers</b> Chair: Zuzana Dankulinova Veselska
98	<b>Adolescents without problems but involved in care system: how do parental characteristics relate to this?</b> <i>Katerina Paclikova</i>
99	<b>"An Adventure at the Hospital - The surgery's Day"</b> <i>Sara Fernandes</i>
100	<b>Predictors of parental satisfaction with healthcare in pediatric hospital setting</b> <i>Marina Grubić</i>
101	<b>Barriers and facilitators to midwives' health promotion practice behaviours: Theoretical Domains Framework based survey</b> <i>Pamela Rackow</i>
102	<b>From inquiry to child maltreatment policy- lesson learnt</b> <i>Dimitrinka Jordanova Peshevska</i>
103	<b>Nurses' knowledge, experience and attitudes regarding Alternative and Augmentative Communication (AAC) in hospital</b> <i>Lada Perković</i>
<b>P18</b>	<b>Digital solutions and youth health</b> Chair: Lucrezia Ferrante
104	<b>Adolescents' perceptions towards using a health promotion app: preferences, context and motivation</b> <i>Carmen Peuters</i>
105	<b>Piloting a novel online international learning project on employability for postgraduate health psychology students.</b> <i>Carol Percy</i>
106	<b>The role of positive and negative emotions on risky adolescents' photo self-disclosure on SNS</b> <i>Kristina Zardeckaitė-Matulaitienė</i>
107	<b>Assessing the feasibility of a novel app-delivered stress management intervention for distance-learning students in Germany</b> <i>Lara Fritsche</i>
108	<b>Potential predictors of physical activity in young adults: a preliminary accelerometer-based study</b> <i>Kamila Czepczor-Bernat</i>
109	<b>The effect of young adults' food-related Instagram use on their fruit &amp; vegetable intake</b> <i>Michael Kilb</i>
<b>P19</b>	<b>Occupational stress and helping professions</b> Chair: Taru Feldt
110	<b>Occupational well-being of mental health care providers: are occupation, tenure and stigmatization the risk factors?</b> <i>Aukse Endriulaitiene</i>
111	<b>Relationships between humour styles and chronic fatigue in Polish teachers</b> <i>Agnieszka Kruczek</i>
112	<b>Tendency to risk, job satisfaction, work experience and the professional burnout among police officers.</b> <i>Patrycja Stawiarska</i>
113	<b>Emotional exhaustion among German health care workers – A focus on resources</b> <i>Lara Lindert</i>
114	<b>The associations of recovery experiences with wellbeing at work and health in teachers</b> <i>Taina Hintsa</i>
115	<b>Professional stressors, emotional dissonance and burnout among midwives: the moderating effect of compassion satisfaction.</b> <i>Didier Truchot</i>
<b>P20</b>	<b>Methodology: nuanced understanding and new insights</b> Chair: Jo Brooks
116	<b>The Generation suffering related items: a process integrating consensus experts and Sorensen's similarity analysis</b> <i>Michèle Baumann</i>
117	<b>Sensitivity and specificity of screening tools for cancer related symptoms</b> <i>Jennifer Steel</i>
118	<b>Predictors of recruitment and attrition in randomised controlled trials of smoking cessation: meta-regression analyses.</b> <i>Marijn de Bruin</i>
119	<b>Learning from a wait-list controlled feasibility trial of mindfulness for people experiencing late-effects of cancer</b> <i>Jo Brooks</i>
120	<b>Characterising cancer survivors who were interested in participating in a trial of a lifestyle intervention</b> <i>Phillippa Lally</i>
121	<b>Creating ontologies relevant to behaviour change: Development and refinement of a novel method</b> <i>Alison Wright</i>
122	<b>An international, Delphi consensus study to identify priorities for methodological research in behavioural trials</b> <i>Molly Byrne</i>
<b>P21</b>	<b>Rapid Communication: Pain and chronic conditions</b> Chair: Lauren Kelada Room: Elafiti 4, Valamar Lacroma Dubrovnik
123	<b>Personalised interventions promoting health-related behaviour changes: A transdisciplinary approach to prevent or mitigate chronic diseases</b> <i>Dorothea Schaffner</i>
124	<b>Attentional engagement to pain-related information among chronic pain patients: Comparison between linguistic and visual stimulus</b> <i>Jieun Lee</i>
125	<b>Pain, fatigue, and fear of cancer recurrence among adult survivors of childhood cancer</b> <i>Lauren Kelada</i>
126	<b>Negotiating good parenthood in relation to children with chronic kidney disease.</b> <i>Andrea Bruno de Sousa</i>
127	<b>Can't touch this! Exposure and reappraisal reduce sexual and contamination disgust-based avoidance in physical health</b> <i>Nathan Consedine</i>

9:30 - 11:00 Parallel Sessions							
Session Title	ORAL	STATE OF THE ART	ROUNDTABLE	ORAL	ORAL	ORAL	SYMPOSIUM
	<b>Transitions, adversity and inequalities</b>	<b>Expanding understandings and developing novel approaches in health psychology</b>	<b>Understanding non-reflective behaviour in healthcare professionals to advance implementation research</b>	<b>Nudging and automaticity</b>	<b>Well-being and quality of life during life transition periods</b>	<b>Positive psychology: The influences of positivity on health</b>	<b>Daily health behaviour in close relationships</b>
Chair	Irina Todorova	Frank Doyle	Dominika Kwasnicka, Sebastian Potthoff	Frank Eves	Christel Salewski	Peter Harris	Mariët Hagedoorn
Room	<b>Elafiti 1</b> , Valamar Lacroma Dubrovnik	<b>Elafiti 2</b> , Valamar Lacroma Dubrovnik	<b>Elafiti 3</b> , Valamar Lacroma Dubrovnik	<b>Olipa 4</b> , Valamar Collection Dubrovnik President	<b>Elafiti 4</b> , Valamar Lacroma Dubrovnik	<b>Olipa 1</b> , Valamar Collection Dubrovnik President	<b>Galijun</b> , Valamar Argosy
9:30	Depressive Psychopathology in Black & Minority Ethnic Gay, Lesbian and Bisexual People in the UK <i>Rusi Jaspal</i>	A step-change in the design, reporting, and synthesis of behavioural trials: Addressing control group variability <i>Marijn de Bruin</i>	Understanding non-reflective behaviour in healthcare professionals to advance implementation research <i>Benjamin Gardner, Justin Presseau, Marie Johnston, Phillippa Lally, Derek Johnston, Nicola McCleary</i>	Default-name and tasting nudge increase salsify soup choice <i>Olivier Luminet</i>	Personality traits and time perspectives: implications for adolescents' well-being <i>Loredana Diaconu-Gherasim</i>	"I HAVE to stay positive": Understanding Optimistic Bias in Hypothetical End-of-Life Medical Decisions <i>Sugandha Gupta</i>	The effect of dyadic planning to quit smoking in single-smoking couples: a randomized controlled trial <i>Anne Buitenhuis</i>
9:45	Immigration, acculturation and disordered eating: a study of Georgian immigrants <i>La Shekrladze</i>			Impact of glass shape on drinking behaviours: a replication study exploring mechanisms <i>Tess Langfield</i>	Examination of dispositional forgiveness on mental health outcomes in Greek Cypriot university students <i>Photini Panayiotou</i>	Laboratory induced positive and negative mood and delay of gratification on sweet-food-choice. <i>Stella Mearns</i>	Better together? Daily companionship, support, and control in couples facing health behavior change <i>Gertraud (Turu) Stadler</i>
10:00	Health behaviours related to obesity in refugee children: a qualitative and quantitative systematic review <i>Maha Alsubhi</i>			Habit based RCT to reduce sugar sweetened beverage consumption: The impact of the substituted beverage <i>Gaby Judah</i>	Orientations to well-being and the good life: beliefs about well-being among young Italian adults. <i>Matilde Nicolotti</i>	Spontaneous self-affirmation as a positive predictor of responses to health-risk information <i>Peter Harris</i>	Longitudinal Correlates of Physical Activity Synchrony in Older Couples <i>Theresa Pauly</i>
10:15	<b>Understanding traditional and modern eating: The TEP10 framework</b> <i>Gudrun Sproesser</i>			Systematic review and synthesis of physical and mental health multimorbidity: Discrete categories or continua? <i>Lucy Busija</i>	The working memory account of persuasion: Inducing eye movements influences persuasive outcomes. <i>Arie Dijkstra</i>	Profiles of job-related affect: their relationship with emotion-focused coping from a temporal perspective <i>Beata Basinska</i>	Physical Activity Synchrony in Couples Following a Dyadic Planning Intervention <i>Jan Keller</i>
10:30	<b>Building resiliency: Experiences of physical activity treatment among trauma afflicted refugees</b> <i>Henrik Nilsson</i>	The Multiple Food Test: A new tool to measure food choices and applied nutrition knowledge <i>Mike Schreiber</i>	Preventing sedentary behavior: An intervention mapping approach for data-driven mhealth consulting <i>Nathalie Berninger</i>	Optimism and well-being in old age: Mixed results from three German samples <i>Christel Salewski</i>	The correlates of physical literacy and resilience in children and youth <i>Phillip Jefferies</i>	Interplay of intra- and interpersonal emotion regulation for daily adjustment in couples: rumination and disclosure <i>Andrea B. Horn</i>	
10:45	<b>Personality dimensions in patients with allergic rhinitis</b> <i>Radka Massaldjieva</i>	A new item bank for screening and assessing alcohol use and problems in adolescents <i>Paul Toner</i>	Lift this way; implicit effects of signage on avoidance of stair climbing. <i>Frank Eves</i>	The relationship between psychosocial working conditions and depression over time: Disentangling within and between-person effects <i>Hannes Mayerl</i>	Connectedness of nature and resilient personality <i>Zsuzsanna Kövi</i>	Discussion <i>Mariët Hagedoorn</i>	
11:00 - 11:30	Coffee Break						

11:30 - 13:00	Parallel Sessions						
Session Title	SYMPOSIUM	STATE OF THE ART	SYMPOSIUM	ORAL	SYMPOSIUM	ORAL	ROUNDTABLE
	<b>Measuring the content validity of psychological constructs and health outcome measures</b>	<b>Caregiving in demanding times</b>	<b>Tailoring digital health interventions: different strategies, different effects</b>	<b>Communication involving health care professionals</b>	<b>Current challenges in blood and organ donation</b>	<b>Health inequalities and sustainable consumption</b>	<b>Brief intervention programmes for chronic disease prevention: Health psychology's contribution to implementation and evaluation</b>
Chair	Diane Dixon	Rachel Dekel	Eline Smit	Wendy Lawrence	Ronan O'Carroll	Jennifer Inauen	Patrick Murphy
11:30	Why do we need good content validity? An introduction to discriminant content validity <i>Marie Johnston</i>	Well-being of military members' spouses: The role of members' health problems <i>Alla Skomorovsky</i>	A Smoker's Choice? Identifying the most autonomy-supportive message frame in online computer-tailored smoking cessation communication <i>Maria Altendorf</i>	"I grew in confidence": The health-care and communication experience for parents of children with cancer <i>Julia Baenziger</i>	Organ donation - health impact, prevalence, correlates and interventions. <i>Ronan O'Carroll</i>	Understanding the Social Gradient in Health and Well-being: An Interdisciplinary Scoping Study <i>Michèle Bal</i>	Brief intervention programmes for chronic disease prevention: Health psychology's contribution to implementation and evaluation <i>Jenny Mc Sharry, Lisa Mellon, Jo Hart, Vivien Swanson</i>
11:45	Catastrophizing about pain: what's in a name? <i>Annick De Paepe</i>		Text, images, video? Tailoring the modality of presentation in online health information for older patients <i>Minh Hao Nguyen</i>	Barriers and enablers to healthcare professionals providing behaviour change interventions: Systematic review of systematic reviews <i>Chris Keyworth</i>	Assessing medical mistrust in organ donation across countries: what does item response theory tell us? <i>Frank Doyle</i>	How to eat healthy and save the planet: development and evaluation of an evidence-based app <i>Vanessa Feck</i>	
12:00	Measuring outcome in back pain: Using existing instruments to measure ICF defined outcomes <i>Diane Dixon</i>		Customizable digital environments: can customization in mobile apps support physical activity? <i>Nadine Bol</i>	Exploring shared understanding between patient and prosthetist following limb loss using Interpretative Phenomenological Analysis. <i>Clare Uytman</i>	"The state has no right to assume consent": a qualitative study of organ donation decisions. <i>Jordan Miller</i>	FROOD - Framing Food: Promotion- versus Prevention-framed Affective Messages to Increase Vegetable Consumption <i>Andela Jelić</i>	
12:15	Assessing content validity of a brief video intervention using discriminant content validity methodology. <i>Carin Schroder</i>	Profiles of caregivers most at risk of having unmet supportive care needs in oncology <i>Anne-Sophie Baudry</i>	Quality assessment of artificial intelligence to tailor a digital health intervention for smoking cessation. <i>Santiago Hors-Fraile</i>	Getting mad or bearing the burden?: Physicians' gendered representations of women with pre-menstrual symptoms <i>Rita Morais</i>	Who gives? Blood, plasma and stem cell donation willingness in Europe <i>Eva-Maria Merz</i>	Community Action to Cope with Food Insecurity in a Syrian Refugee Settlement: A Qualitative Study <i>Vera Araújo-Soares</i>	
12:30	Activity: Content validity of measures of fatigue <i>Marie Johnston &amp; Diane Dixon</i>	Goals and conflicts of informal caregivers of patients in the palliative phase <i>Anne Looijmans</i>	A systematic review of tailored eHealth interventions for weight loss: a focus on tailoring methodology <i>Kathleen Ryan</i>	Effectiveness of a Virtual Motivational Interviewing Training for Medical Students: Differentiating between pre- and then-testing <i>Anne Marie Plass</i>	The relation between anticipatory emotion and donor return <i>Anne van Dongen</i>	Using the United Nations Sustainable Development Goals in University Courses to Address Global Health Inequalities <i>Mala Matacin</i>	
12:45	Discussion <i>Sam Norton</i>	Fear of illness progression and cardiac-disease-induced - PTSD (CDI-PTSD): A prospective dyadic study <i>Noa Vilchinsky</i>	Discussion <i>Eline Smit</i>	Healthy Conversation Skills training to "Make Every Contact Count" in Hounslow, London, UK <i>Wendy Lawrence</i>	Discussion <i>Ronan O'Carroll</i>	Discussion <i>John de Wit</i>	
13:00 - 14:00	Lunch						

14:00 - 15:30								
Parallel Sessions								
Session Title	ORAL	ORAL	ROUNDTABLE	SYMPOSIUM	ORAL	ORAL	ORAL	ORAL
	<b>Influences on risk perception, communication and understanding</b>	<b>Understanding risk behaviours</b>	<b>The future of Health Psychology: A movement towards societal visibility, global consensus, and international mobility</b>	<b>Increasing informed uptake of bowel cancer screening: from understanding determinants to testing interventions</b>	<b>Diabetes and physical activity</b>	<b>Social factors and quality of life</b>	<b>Interventions in clinical health care</b>	<b>Physical activity, food intake and healthy sleep in families</b>
Chair	Britta Renner	Eva Kemps	Anne Marie Plass	Katie Robb	Dominika Kwasnicka	Jasminka Despot Lucanin	Fabiana Lorencatto	Adriana Baban
14:00	Does the inclusion of images in patient educational material improve the understanding of an illness? <i>Alina Krasnoryadtseva</i>	Students' risky sexual behaviours – implications for the battle against HIV epidemic in South Africa <i>Maboe Mokgobi</i>	The Future of Health Psychology: A Movement Towards Societal Visibility, Global Consensus, and International Mobility <i>Angelos Kassianos, Rosaleen McElvaney, Evangelos Karademas</i>	Different emotions predict the avoidance of different types of bowel screening behaviours <i>Nathan Consedine</i>	The diversity of diabetes-related self-monitoring and problem-solving practices across health literacy levels: A qualitative study <i>Julie Ayre</i>	The wellbeing and competence of mothers in relation to the grandparents' help <i>Jasminka Despot Lucanin</i>	Building Optimised Out-patient Services in Transfusion: A focus group study informed by patients' perceptions <i>Brittannia Volkmer</i>	Effect of Family Physical Activity Planning on Child Physical Activity and Fitness: A Randomized Trial <i>Ryan Rhodes</i>
14:15	Can fact boxes support informed vaccination decisions? <i>Lisa Steinmeyer</i>	Hazardous drinking and social and outcome expectancies <i>Anise M.S. Wu</i>		Autonomous and informed decision-making in real life: The case of colorectal cancer screening <i>Linda N Douma</i>	Behavioural intervention to increase physical activity in adults with type 2 diabetes: A pilot RCT <i>Leah Avery</i>	Quality of life and moderate-to-vigorous physical activity in patient-partner dyads <i>Ernest Swora</i>	Improving antibiotic prescribing in long-term care facilities: Review of behaviour change strategies in stewardship interventions <i>Elise Crayton</i>	Parental neophobia's indirect effects on child's food intake and physical activity – longitudinal dyadic studies <i>Karolina Zarychta</i>
14:30	The echo in flu-vaccine echo chambers: Selective attention trumps social influence <i>Helge Giese</i>	Predictors of e-cigarette use in secondary school children: employing the theory of planned behaviour. <i>Liz Simpson</i>		Identifying barriers and solutions to self-completed FIT bowel screening to develop a volitional help-sheet <i>Marie Kotzur</i>	A weight loss programme in Australian Football League settings, Aussie-FIT: a pilot randomised controlled trial. <i>Dominika Kwasnicka</i>	The relation between overweight, weight-stigma, and well-being: A meta-analysis <i>Christine Emmer</i>	A theory-based investigation of barriers and enablers to antimicrobial stewardship in UK primary care <i>Gillian Forbes</i>	Associations between trends in Romanian adolescents' overweight/obesity with individual physical activity, screen habits and SES <i>Diana Taut</i>
14:45	Closing the risk perception gap: Perceived microdives as an integrative measure of perceived risk <i>Britta Renner</i>	Using the TPB to identify predictors of e-cigarette use among parents of secondary school children. <i>Julie Doherty</i>		Cluster randomised controlled trial of volitional and motivational interventions to improve bowel cancer screening uptake <i>Sarah Wilding</i>	Stage- and activity-specific effects on predictors of behavior change in a 10-week web-based intervention trial <i>Tiara Ratz</i>	The impact of PrEP use on the sexual well-being of men having sex with men <i>Udi Davidovich</i>	Specifying the behavioural components of interventions to improve antimicrobial use in hospital settings <i>Niall Charles Anderson</i>	The impact of weight teasing, weight bias on quality-of-life and distress in youth with Obesity <i>Konstadina Griva</i>
15:00	Identifying research priorities for electronic cigarettes: A James Lind Alliance Priority Setting Partnership <i>Abby Hunter</i>	Using temporal self-regulation theory to predict two consumption behaviours: Sugar sweetened beverage and alcohol consumption <i>Barbara Mullan</i>		Next steps for health psychology research in bowel (colorectal) cancer screening: Facing the challenge <i>Lesley McGregor</i>	How do participants engage with the Let's Move It intervention? Thematic analysis of adolescents' interviews <i>Minttu Palsola</i>	Loneliness, social integration, social support and psychological pathways in medical rehabilitation patients over 17 months <i>Sonia Lippke</i>	Electronic behavior change records: a novel platform to guide and record interventions in usual care <i>Ana-Maria Schweitzer</i>	Can physical activity support young people after the death of a parent? The BABYSTEPs project <i>Angel Chater</i>
15:15	Communication with parents in Neonatal Intensive Care Units: relations to the parental distress <i>Mirna Kostović Srzentić</i>	Sexual self-regulation: Control motivation and capacity among men who have sex with men <i>Chantal den Daas</i>		Discussion <i>Ronan O'Carroll</i>	Exploring service-users' perspectives on the implementation of goal-setting in type-1 diabetes self-management education and care. <i>Milou Fredrix</i>	Trajectories of quality of life and social support among people with HIV: examining gender paradox <i>Ewa Gruszczynska</i>	Do interventions target key influences? A behavioural analysis of interventions to limit catheter-associated urinary tract infections <i>Fabiana Lorencatto</i>	The development of a healthy sleep intervention for children aged 6-9 years. <i>Laura Belmon</i>



15:30 -  
17:00

**Poster Sessions**

Room: Business Centre, Valamar Lacroma Dubrovnik

17:00 -  
18:00

**Keynote Lecture:**

**Mark Hatzenbuehler**

**Structural Stigma: Research Evidence and Implications for Psychological Science**

**Chair: Blair Johnson**

Room: Elafiti, Valamar Lacroma Dubrovnik

18:00 -  
19:00

**Meet the Editors Forum**

Room: Elafiti 1, Valamar Lacroma Dubrovnik

<b>P1</b>	<b>Predicting physical activity and sedentary behaviour</b> Chair: Chris Noone
1	<b>Longitudinal associations between dyadic, individual, and collaborative plans: sedentary adult–partner dyads</b> <i>Ewa Kulis</i>
2	<b>Does the theory of planned behaviour predict sedentarism in university students? An observational N-of-1 study</b> <i>Chris Noone</i>
3	<b>Promoting exercise: the theory of planned behavior and social appearance anxiety in exercise intentions</b> <i>Celia Naivar Sen</i>
4	<b>Associations between sedentary behaviors and intentions to increase energy expenditure: systematic review</b> <i>Zofia Szczuka</i>
5	<b>Factors influencing istanbulites intention for being physically active outdoors</b> <i>Seray Çağla Keleş</i>
6	<b>Exploring the psychological determinants of adherence to beginner running programmes: a 10-week diary study</b> <i>Clare Stevinson</i>
7	<b>Exploring the predictors for older adults' intention to engage in the Lifestyle-integrated Functional Exercise programme</b> <i>Sarah Labudek</i>
<b>P2</b>	<b>Behavior change interventions for prevention</b> Chair: Felix Naughton
8	<b>Altering the availability and position of products within physical micro-environments: A conceptual review and framework</b> <i>Rachel Pechey</i>
9	<b>The impact of health warning labels on alcohol selection: two online experimental studies</b> <i>Natasha Clarke</i>
10	<b>Prescribing laughter to increase well-being: An exploratory mixed methods feasibility study of the Laughie</b> <i>Gulcan Garip</i>
11	<b>The TPB constructs as mediators between smoking home environments and efficacy of a cessation program</b> <i>Jérôme Blondé</i>
12	<b>A coaching approach at workplace to change health related behaviours</b> <i>Paulo Vitória</i>
<b>P3</b>	<b>Understanding chronic conditions and improving outcomes session</b> Chair: Edward Callus
13	<b>TAFFI Kids Group (Therapy, Art, Friendship and Flourishing in Illness): a randomized controlled trial</b> <i>Aimee O'Neill</i>
14	<b>Psychosocial aspects in adults with congenital heart disease: from the pre-surgical/intervention phase to cardiac rehabilitation</b> <i>Edward Callus</i>
15	<b>Evaluating online and in-person psychotherapeutic interventions for chronic pain: a systematic review and network meta-analysis.</b> <i>Jack Flynn</i>
16	<b>Efficacy of a cognitive-behavioral intervention for children with functional abdominal pain: A randomized controlled trial</b> <i>Petra Warschburger</i>
17	<b>Can inulin help in weight reduction: results from a clinical trial</b> <i>Maria Mulders</i>
<b>P4</b>	<b>Stress management and support interventions</b> Chair: Elke Vlemincx
18	<b>Relaxation effects of paced slow breathing</b> <i>Elke Vlemincx</i>
19	<b>Psychometric properties of a brief version of the implicit positive and negative affect test (brief-IPANAT)</b> <i>Gina Hernandez</i>
20	<b>Are self-reported and objectively monitored physical activity and sedentary behavior related to mental distress?</b> <i>Laila Briones-Buixassa</i>
21	<b>CareKnowDo: A pilot Randomized Controlled Trial of multichannel support for people with Chronic Kidney Disease</b> <i>Jonathan Reston</i>
22	<b>Optimising psychological support in cancer prehabilitation</b> <i>Judit Varkonyi-Sepp</i>
<b>P5</b>	<b>Family support during health and social challenges</b> Chair: Diana Taut
23	<b>Stress, control and support: Comparing mothers of children under 2 in the UK and Finland</b> <i>Vivien Swanson</i>
24	<b>Preschool children: Greek parents' knowledge and attitudes on sexuality education</b> <i>Vasiliki Brouskeli</i>
25	<b>Early exposure to cardiac treatment and distress among patients and their spouses</b> <i>Talea Cornelius</i>
26	<b>The family experience of living with coeliac disease: a qualitative study</b> <i>Samantha Goodliffe</i>

27	<b>Psychological adjustment of children and their gay/bisexual fathers: A systematic review</b> <i>Francis Anne Teplitzky Carneiro</i>
28	<b>The role of spouses in the smoking behaviour of Indonesian male smokers</b> <i>Tyas Ayuningtyas</i>
29	<b>Improved nutrition preconception pregnancy post-delivery (INPreP3) in sub-Saharan Africa (SSA)</b> <i>Daniella Watson</i>
<b>P6</b>	<b>Psychosocial correlates of quality of life</b> Chair: Eva Henschke
30	<b>Heartwarming memory recollection effects on mood and mental health</b> <i>Akio Honda</i>
31	<b>Personal qualities of women with different levels of life satisfaction</b> <i>Galina Kozhukhar</i>
32	<b>Self-love actualized: A new conceptualization of a misunderstood construct</b> <i>Eva Henschke</i>
33	<b>Relationship between self-compassion and subjective health, and the mediating effect of strengths</b> <i>Satoru Ishikawa</i>
34	<b>Relationship between self-rated health and psycho-social adjustment indicators</b> <i>Nijole Gostautaitė Midttun</i>
35	<b>Quality of life as the key prerequisite of the individual's psychological health.</b> <i>Eleonora Nosenko</i>
36	<b>Association of healthy lifestyle factors with mental health indicators among adolescents of different family affluence</b> <i>Laura Maenhout</i>
<b>P7</b>	<b>Physical and cognitive health in older age</b> Chair: Kevin McKee
37	<b>Pre-frail or frail status, healthy eating, and exercise behaviors among older adults in Japan</b> <i>Koji Yamatsu</i>
38	<b>Relationships between cognitive function and physical function in middle-aged and older adults</b> <i>Akihiko Iwahara</i>
39	<b>Self-restraint from driving as a moderator between cognitive functions and hazard perception in older drivers</b> <i>Aukse Endriulaitiene</i>
40	<b>Quick test for age-related cognitive decline detection in the health examination</b> <i>Takeshi Hatta</i>
41	<b>Meta-analysis of longitudinal risk factors for loneliness among older adults</b> <i>Kevin McKee</i>
42	<b>Children in an ageing world: Exploring views on ageing and old people in Romanian children</b> <i>Irina Catrinel Craciun</i>
43	<b>Anxiety, depression and quality of life in postmenopausal women</b> <i>Gabriella Martino</i>
<b>P8</b>	<b>Individual differences and health of young people</b> Chair: Konstantin Schenkel
44	<b>The impact of social jetlag on mental health in young people: A systematic review</b> <i>Noelle Robertson</i>
45	<b>Gender differences in perceptions about preconception care in Korean adolescents</b> <i>Hae Won Kim</i>
46	<b>High sensory-processing sensitivity predicts dichotomous thinking in Japanese university students</b> <i>Kosuke Yano</i>
47	<b>Hospital-related fears of children with epilepsy</b> <i>Youri Ianakiev</i>
48	<b>Physical activity and depression in adolescence. Relationships through the dark triad of personality</b> <i>Juan González Hernández</i>
49	<b>The interplay among competitiveness, gaming perfectionism, and norm on IGD among Chinese middle school students</b> <i>Shu Yu</i>
50	<b>Time perspective and mental health: how individual profiles are related to anxiety, depression and coping?</b> <i>Héline Kaya Lefèvre</i>
<b>P9</b>	<b>Coping and emotion regulation</b> Chair: Cristina Camilo
51	<b>Connection between the EEG fluctuations and HRV in healthy and heart transplanted individuals</b> <i>János Körmendi</i>
52	<b>You're always in my thoughts: Cardiovascular stress-buffering effects of thinking about social relationships when alone</b> <i>Jennifer Lay</i>
53	<b>Psychological assessment and treatment expectations in cancer patients admitted for their first chemotherapy treatment</b> <i>Maria Loizou, MSc</i>
54	<b>Temperamental factors determining flexible coping with stress in adolescents</b> <i>Agnieszka Kruczek</i>

55	<b>The relationship between perceived stress and emotional eating: the role of emotion focused coping</b> <i>Nergis Hazal Yilmazturk</i>
56	<b>Predictive role of personal resources for flexibility in coping with stress in alcohol use disorder</b> <i>Agata Borzyszkowska</i>
<b>P10</b>	<b>Psychosocial predictors and correlates of chronic pain adjustment</b> Chair: María-Ángeles Pastor-Mira
57	<b>Associations between clinical variables and psychological symptoms in rheumatoid arthritis: a network science perspective</b> <i>Hsiu Yen Tung</i>
58	<b>Understanding Vulvodynia: a systematic review of psychosocial factors associated with pain and sexual function</b> <i>Claudia Chisari</i>
59	<b>Psychosocial factors associated with pain in inflammatory bowel disease: a cross-sectional study</b> <i>Rona Moss-Morris</i>
60	<b>Lower resilience was associated with self-reported chronic pain symptoms in a representative sample of Czech adults</b> <i>Natália Kaščáková</i>
61	<b>Physical activity profiles related to achievement goals in women with fibromyalgia</b> <i>Fermin Martinez-Zaragoza</i>
62	<b>Preference for pain avoidance goals, positive affect, activity patterns, and fibromyalgia impact</b> <i>María-Ángeles Pastor-Mira</i>
<b>P11</b>	<b>Eating and activity behaviours: Interventions to address childhood obesity</b> Chair: Ryan Rhodes
63	<b>Parental Support of the Canadian 24-Hour Movement Guidelines for Children and Youth: Prevalence and Correlates</b> <i>Ryan Rhodes</i>
64	<b>Can food-specific inhibition training make energy-dense snacks less appealing to children?</b> <i>Lucy Porter</i>
65	<b>The association of selected risk factors with overweight among adolescents</b> <i>Daniela Husarova</i>
66	<b>Lack of sleep mediates association between energy drinks consumption and emotional and behavioural problems</b> <i>Zuzana Dankulincova Veselska</i>
67	<b>Parental strategies for weight loss in overweight children</b> <i>Helena Arriscado</i>
68	<b>Prerequisites for participation in health promotion programmes: Lessons learned from the Dutch FAMILY project</b> <i>Sanne van Lieshout</i>
69	<b>Collaboration with health professionals as a principle to promote group intervention with teenagers</b> <i>Domitila Shizue Kawakami Gonzaga</i>
<b>P12</b>	<b>Structures and practices related to quality of life</b> Chair: Zsuzsanna Szabolcs
70	<b>Meaningful activity as a preventive strategy for mental health problem</b> <i>Koji Takenaka</i>
71	<b>Psychological correlates of regular aikido practice: mindfulness, self-compassion, spirituality, bodyawareness, and well-being</b> <i>Zsuzsanna Szabolcs</i>
72	<b>Relationships among shared mealtimes quality, self-esteem, and mental health</b> <i>Shunsuke Kimura</i>
73	<b>Acute and long-term effects of hatha yoga practice on subjective well-being</b> <i>Barbara Csala</i>
74	<b>The connection of the quality of speech with well-being</b> <i>Elena Nikolaeva</i>
75	<b>Chronotype and mental health</b> <i>Zsuzsanna Kövi</i>
<b>P13</b>	<b>Adjustment to health challenges</b> Chair: Efrat Neter
76	<b>Women's beliefs on antimicrobial resistance (AMR) and urinary tract infections (UTIs) during pregnancy</b> <i>Flavia Ghouri</i>
77	<b>Osteoporosis, perception of disease and compliance : presentation of a thesis work design.</b> <i>Laura Lepage</i>
78	<b>Illness perceptions and treatment adherence among emerging adults with asthma: Bringing in a developmental perspective</b> <i>Caroline F. Zimmermann</i>
79	<b>Adherence in people living with HIV: effects of illness perception, resilience, sociodemographic and clinical variables.</b> <i>Eliane Seidl</i>
80	<b>"Do my patients lie to me? Understanding non-compliance in adults with sickle-cell disease."</b> <i>Damien Oudin</i>
81	<b>Illness perception: a comparative study of illness representation</b> <i>Gaëlle Bongeot</i>
82	<b>Predictors of sexually transmitted infections (STIs) among users of HIV counselling and early detection centres</b> <i>Eleonora C. V. Costa</i>



<b>P14</b>	<b>Coping with chronic illness</b> Chair: Mariet Hagedoorn
83	<b>Coping with disease in psychotherapeutic patients</b> <i>Melanie Jagla</i>
84	<b>Life after bariatric surgery: psychosocial and behavioural characteristics and their effect on weight and wellbeing.</b> <i>Johanna Pyykkö</i>
85	<b>Suicidal ideation and its association with coping self-efficacy in patients with obstructive sleep apnoea</b> <i>Vladimira Timkova</i>
86	<b>Toward further understanding of IBD-related fatigue: the role of emotional processing.</b> <i>Marie-Claire Gay</i>
87	<b>Exploring suicidal ideation, emotion regulation, and non-suicidal self-injury in women with Polycystic Ovary Syndrome.</b> <i>Dean Fido</i>
88	<b>Socio-demographic correlates of skin complaints: The constellation is what matters.</b> <i>Hanna Reich</i>
<b>P15</b>	<b>The role of social relationships for mental and physical health</b> Chair: Jennifer Lay
89	<b>Costs of social support and psychological distress: Systematic review using the Contextual Illness Support Scale</b> <i>Lea Wilhelm</i>
90	<b>Implementing a social network intervention for loneliness in a community setting: the PALS study</b> <i>Rebecca Band</i>
91	<b>Equine-human bond and mental health</b> <i>Almirena Elekes</i>
92	<b>Suicidal ideation, fatigue, sleep quality and social support in people with multiple sclerosis</b> <i>Pavol Mikula</i>
93	<b>Facets of social control as predictors of physical activity in patient-partner dyads</b> <i>Karolina Lobczowska</i>
<b>P16</b>	<b>Implementation and health services research: Health care professionals and relationships with patients</b> Chair: Nicola McCleary
94	<b>Identifying determinants of healthcare professional behaviour using the Theoretical Domains Framework: a systematic scoping review</b> <i>Nicola McCleary</i>
95	<b>Compassionate and patient-centred values in adult nursing students: the influence of clinical practice experience</b> <i>Johanna Groothuizen</i>
96	<b>Application of a theoretical framework to assess acceptability in a process evaluation: a mixed-methods study</b> <i>Mandeep Sekhon</i>
97	<b>Legal, occupational health and psychological problems in patients with bone marrow transplantation</b> <i>Alexander Georgiev</i>
98	<b>Resources and competences required at the institutional level for a patient – healthcare professional partnership</b> <i>Angela Otero</i>
99	<b>Importance of individual factors for the trust in health care: the case of Lithuanian emigrants</b> <i>Kristina Žardeckaitė-Matulaitienė</i>
100	<b>Self and other dehumanization in health-related contexts: Taking stock and looking forward.</b> <i>Sónia Bernardes</i>
101	<b>"I went to four GPs before finding help": Young transgender people's experiences with primary-care services</b> <i>Lorraine McDonagh</i>
<b>P17</b>	<b>mHealth and chronic conditions</b> Chair: Katerina Kassavou
102	<b>A preliminary review of m-health intervention studies for hypertension</b> <i>Ryo Yoshida</i>
103	<b>Self-reported responsibility level towards health – does it change after introduction of mHealth platform?</b> <i>Ivana Benković</i>
104	<b>Personalised goals via mHealth technology to increase physical activity in cancer survivors: Moving On Study.</b> <i>Jane Walsh</i>
105	<b>myHT: Development of an app to improve adherence to hormonal therapy for breast cancer survivors</b> <i>Lyndsay Hughes</i>
106	<b>A very brief face-to-face intervention, followed by a text message or app. PAM pre-testing study.</b> <i>Katerina Kassavou</i>
107	<b>Patient and practitioner views on a digital intervention supporting medication adherence in patients with hypertension</b> <i>Miranda Van Emmenis</i>
108	<b>Promoting healthy adjustment following major surgery: Evaluation of iCanCope PostOp smartphone application.</b> <i>Prof. Brian McGuire</i>
109	<b>Using a mobile app for experienced based sampling in cancer survivors: methodological lessons learned.</b> <i>Nikolett Warner</i>
<b>P18</b>	<b>Social media, intelligent systems and health</b> Chair: Lorenza Entilli
110	<b>Manipulating Neural Coupling to Enhance the Propagation of Health Information on Social Media</b> <i>Mia Jovanova</i>
111	<b>Illness experience and attitude toward medication in online communities for people with fibromyalgia</b> <i>Sabrina Cipolletta</i>
112	<b>Live-chat support for people bereaved by suicide: a content analysis.</b> <i>Lorenza Entilli</i>

113	<b>Getting close to digital humans: the effect of multimodal emotional expression during self-disclosure</b> <i>Kate Loveys</i>
114	<b>Smartphone-based intelligent system: Using ai and motion sensors for real-time intervention during heavy drinking events</b> <i>Danielle Madden</i>
115	<b>Assessing acceptability and feasibility of a theory-based digital lifestyle intervention for adults with prediabetes.</b> <i>Kirsten Ashley</i>
<b>P19</b>	<b>Occupational health: Psycho-social and policy issues.</b> Chair: Marie Johnston
116	<b>Work after cancer? The needs and motivations of cancer patients in relation to work resumption</b> <i>Adela Elena Popa</i>
117	<b>Motives, considerations and work-related factors associated with (non-)disclosure of a chronic health condition at work</b> <i>Jana Felicitas Bauer</i>
118	<b>Employees' well-being and work-family interaction in relation to family support sources</b> <i>Maša Tonković Grabovac</i>
119	<b>Occupational well-being of software developers working in international teams: the role of personality traits</b> <i>Lina Cirtautiene</i>
120	<b>Managing stressors associated with double-life professional identities for undercover law enforcement and intelligence professionals</b> <i>Casey Skvorc</i>
<b>P20</b>	<b>Stress and health in organizational contexts</b> Chair: Amelia Hollywood
121	<b>Working in a prison: Does occupation matters when planning stress intervention programs?</b> <i>Katarzyna Orlak</i>
122	<b>Work-related stress severity and assessment of worklife areas in three occupation groups</b> <i>Agata Chudzicka-Czupala</i>
123	<b>Flexible work arrangements and workplace well-being in the canadian military</b> <i>David Scholtz</i>
124	<b>Resilience as a predictor of the work related patterns of behaviour among firefighters</b> <i>Małgorzata A. Basińska</i>
125	<b>Illness representation of dementia and job satisfaction in professionals of nursing homes</b> <i>Sofia López-Roig</i>
126	<b>A new survey tool characterising European community health workers supporting 'men having sex with men'</b> <i>Jörg Huber</i>
<b>P21</b>	<b>Health literacy, communication and information</b> Chair: Radomír Masaryk
127	<b>Musicians' health literacy: a cross-sectional UK study</b> <i>Raluca Matei</i>
128	<b>The Gresham's Law in Health Communication: When conspiracy theories drive out scientific information in uncertainty</b> <i>Cyrus Lap Kwan Leung</i>
129	<b>Discernment in health related news stories: qualitative analysis of themes in focus groups</b> <i>Radomír Masaryk</i>
130	<b>Reducing the transmission risk of antimicrobial resistant germs: Swiss peoples' awareness of exposure pathways</b> <i>Claudia Freivogel</i>
131	<b>Health psychology in musicians' training: qualitative programme evaluation</b> <i>Raluca Matei</i>
<b>P22</b>	<b>Gender and wellbeing</b> Chair: Yael Benyamini
132	<b>#MeToo: Meanings and mobilisations for young people's negotiation of sexual harassment</b> <i>Sue Jackson</i>
133	<b>Making sense of depression: Representations of depression in the Greek-Cypriot public.</b> <i>Maria Orphanidou</i>
134	<b>Gender stereotypical images of medical students towards women with pre-menstrual symptoms: An experimental study</b> <i>Rita Morais</i>
135	<b>Mental health disorders of traditionally circumcised males in the Eastern Cape Province of South Africa.</b> <i>Anam Nyembezi</i>
136	<b>Couples' mental health in the perinatal period: a longitudinal study</b> <i>Ana Camarneiro</i>
<b>P23</b>	<b>Rapid Communication Symposium: Understanding intervention effectiveness: analysing potential for change, improving intervention reporting, and using machine-readable decision justifications</b> Chair: Gjalte-Jorn Peters and Neža Javornik; Discussant: Alexandra Dima Room: Elafiti 4, Valamar Lacroma Hotel
137	<b>Potential for change (PA): New metrics for tailoring and predicting response to behavior change interventions</b> <i>Keegan Knittle</i>
138	<b>Which treatment-as-usual characteristics need to be reported? A narrative review of content and contextual treatment-as-usual characteristics</b> <i>Neža Javornik</i>
139	<b>Development of an ontology characterising the 'source' delivering behaviour change interventions</b> <i>Emma Norris</i>
140	<b>Acyclic Behavior Change Diagrams: human- and machine readable reporting of intervention content and causal logic</b> <i>Gjalte-Jorn Ygram Peters</i>
141	<b>Enhancing research synthesis by documenting intervention development decisions: Examples from two behavior change frameworks</b> <i>Marta Marques</i>

Parallel Sessions							
9:30 - 11:00	ORAL	ORAL	ORAL	ROUNDTABLE	ORAL	ORAL	ORAL
Session Title	<b>Stress, mental health and chronic illness</b>	<b>Tobacco control and cancer prevention</b>	<b>Avoiding, detecting and managing illness</b>	<b>Developments in evaluating intervention fidelity: Is current guidance fit for purpose?</b>	<b>Personality and interoception</b>	<b>Psychosocial factors in adjustment to serious illness</b>	<b>Environmental and minimalist interventions</b>
Chair	Yori Gidron	Samuel Parker	Arie Dijkstra	Elaine Cameron	Veronique de Gucht	Annmarie Groarke	Justin Presseau
Room	<b>Elafiti 1,</b> Valamar Lacroma Dubrovnik	<b>Elafiti 2,</b> Valamar Lacroma Dubrovnik	<b>Elafiti 3,</b> Valamar Lacroma Dubrovnik	<b>Olipa 4,</b> Valamar Collection Dubrovnik President	<b>Elafiti 4,</b> Valamar Lacroma Dubrovnik	<b>Olipa 1,</b> Valamar Collection Dubrovnik President	<b>Galijun,</b> Valamar Argosy
9:30	Does compassion predict blood pressure and hypertension: the modifying role of familial risk for hypertension <i>Aino Saarinen</i>	Female Smokers' Experiences of an Appearance-focused Smoking Intervention and the Shock Reaction to Morphed Images. <i>Lucy Walker</i>	Was it me? The influence of self-versus provider-directed past mammogram behavior on future mammogram intentions <i>Celia Naivar Sen</i>	Developments in evaluating intervention fidelity: Is current guidance fit for purpose?  <i>David French, Nelli Hankonen, Wendy Hardeman, Fabiana Lorencatto, Elaine Toomey</i>	Interoceptive accuracy is related to long-term stress via self-regulation <i>Dana Schultchen</i>	Prostate Cancer: Interplay of stress, threat and personal resources on adjustment <i>AnnMarie Groarke</i>	Promoting organ donation registration in family physician offices: a stepped-wedge cluster randomized registry trial <i>Justin Presseau</i>
9:45	Synergism between physicians' empathy, bad news and cancer death: The role of hopelessness and inflammation <i>Yori Gidron</i>	The effects of cigarette pack inserts with efficacy messages on responses to health warnings <i>Olivia Maynard</i>	Exploring participation in colorectal cancer screening: lessons from a mixed-methods research. <i>Alice Le Bonniec</i>		The effect of energy drinks on interoception and cognition in anxious students <i>Sandra Mai</i>	Identifying strategies that childhood cancer survivors use to self-manage their health and wellbeing <i>Morven Brown</i>	Nudging young adults to choose more vegetables in mass eating context: Findings from field studies <i>Sunghwan Yi</i>
10:00	Disengagement and acceptance as mechanisms of a mindfulness-based stress reduction program for subclinical social anxiety <i>Catrinel Alice Stefan</i>	Efficacy messages in health warning labels on cigarette packaging: A pilot RCT <i>Lillian Brinken</i>	The Effects of Cancer Treatment Information on the Primary Prevention of Bowel Cancer <i>Yingqiu Wu</i>		Development and validation of a multidimensional questionnaire to assess eating disorder-specific interoceptive processing <i>Zoé van Dyck</i>	Patients' perspective on the impact of Heart Failure on quality of life: A qualitative study <i>Winifred Nwosu</i>	Altering healthier vs. less-healthy item availability in vending machines: A multiple treatment reversal design <i>Rachel Pechey</i>
10:15	Hair-cortisol as risk factor of poor metabolic control in pediatric patients with type 1 diabetes <i>Fiona Mahler</i>	Effective Implementation Strategies in Promoting Practitioner Delivery of Hospital-Initiated Smoking Cessation <i>Samuel Parker</i>	The role of motivational dispositions and emotion regulation in coping via health information seeking <i>Anita Chasiotis</i>		Does high versus low sensory sensitivity determine psychological and physical complaints in different study samples? <i>Veronique de Gucht</i>	Biological, psychological and social factors as dyspnea predictors in patients with chronic obstructive respiratory diseases <i>Latinka Basara</i>	Beyond nudging: Effects of different kinds of nudges on expected autonomy <i>Jonas Wachner</i>
10:30	The effects of environmental enrichment after a stressor on human skin healing <i>Mikaela Law</i>	What works for whom? Theory-based systematic review of behaviour change techniques in smoking cessation trials <i>Nicola Black</i>	Shaping the public's expectations for antibiotics: A test of a utility-based signal detection model. <i>Miroslav Sirota</i>		There is no association between proprioceptive accuracy and self-reported body awareness, body competence, and affect <i>Áron Horváth</i>	Predicting the severity of surgical complications in esogastric cancers: what if psychological factors mattered? <i>Lucie Gehenne</i>	Consequences of randomization for the recruitment of participants to a worksite health promotion program <i>Lara Lindert</i>
10:45	Training or App? Comparison of two stress prevention interventions for the digitalized world of work <i>Timo Kortsch</i>	Development of a blended intervention to improve adherence to nicotine replacement therapy among pregnant smokers <i>Felix Naughton</i>	Validation of the Identification of Medication Adherence Barriers Questionnaire (IMAB-Q) <i>Debi Bhattacharya</i>		Subjective and objective cognitive performance in a large UK sample of post-surgical colorectal cancer patients <i>Shashi Hirani</i>	Coping with cola? Mental health problems predict soft drink consumption among German children and adolescents <i>Philipp Kadel</i>	
11:00 - 11:30	Coffee Break						

11:30 - 12:30	<p><b>Keynote Lecture:</b> <b>Alessandra Pokrajac-Bulian</b></p> <p><b>Health and Psychological Consequences of Obesity: Challenges and Future Directions</b></p> <p><b>Chair: Adriana Baban</b> Room: Elafiti, Valamar Lacroma Dubrovnik</p>
12:30 - 13:15	<p><b>CLOSING CEREMONY</b> Room: Elafiti 1&amp; 2, Valamar Lacroma Dubrovnik</p>
13:15 - 14:00	<p><b>Reception for EHPS 2020</b> Elafiti Terrace, Valamar Lacroma Dubrovnik</p>



## FELLOWSHIP AWARD WINNERS

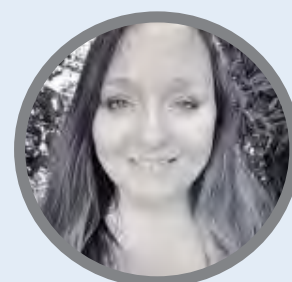


### Professor Molly Byrne (Ireland)

Molly is a Professor of Health Psychology at the National University of Ireland, Galway. Molly joined the School of Psychology in NUI, Galway in 2004, where she has directed the MSc in Health Psychology and Structured PhD in Psychology and Health, and established the new Structured PhD in Health Psychology Practice with her colleague Dr Jenny McSharry. She was awarded a Health Research Board (HRB, Ireland) Research Leadership Award in 2014 to establish and direct the Health Behaviour Change Research Group (HBCRG, <https://www.nuigalway.ie/hbcrg/>). The HBCRG aims to improve population health by developing and promoting an evidence-based behavioural science approach to health behaviour change interventions, working closely with practice and policy stakeholders, focusing primarily on interventions to support management and prevention of chronic illnesses (especially diabetes and cardiovascular disease). Molly has published over 100 peer-reviewed papers and has secured over 9 million euro in research funding. Molly is committed to developing Health Psychology in Ireland and internationally. She has been a member of EHPS since 2000 and has presented her work at EHPS conferences every year since then (except 2 – she blames babies!). She was EHPS National Delegate for Ireland (2011 - 2015) and was elected to the EHPS Executive Committee in 2014, where she was Grants and Education Officer. She was on the Organising Committee for the EHPS Annual Conference in Galway in both 2005 and 2018, as Deputy Chair of the Committee in 2018. She was honoured to deliver a keynote address at the EHPS Annual Conference 2018. She is past Chair of the Psychological Society of Ireland Division of Health Psychology Committee and remains invested in developing Health Psychology research, practice and training in Ireland.

### Dr. Lucie Byrne-Davis (UK)

Lucie Byrne-Davis is a Health Psychologist and Senior Lecturer in the University of Manchester, UK (<https://www.research.manchester.ac.uk/portal/lucie.byrne-davis.html>), where she is the lead for behavioural and social sciences for undergraduate medicine. Lucie's research and practice aim to enhance health worker practice through the application of behavioural science. An advocate for coproduction, she has influenced the practice of over 20 healthcare organisations, including international NGOs and UK Governmental bodies, by increasing their use of behavioural science, whilst co-researching the efficacy and feasibility of the methods. Committed to supporting health psychology practice in low-resource settings, she co-founded and directs The Change Exchange: a hub for volunteering, consultancy and research in behavioural science and health worker practice. The Change Exchange has worked in countries including Uganda, Ghana, Tanzania, Mozambique, India, Nepal Ethiopia, Bangladesh, Zimbabwe, Zambia, Kenya, Malawi and Sierra Leone, in clinical issues as diverse as acute illness management, student mentoring, antimicrobial stewardship, midwifery, medication safety, infection control and mental health nursing. Lucie co-developed the Cards for Change, a tool to encourage health educators to use behaviour change techniques and open access eLearning for health worker educators, which has been used in over 90 countries across 5 continents. Her history with EHPS began when she attended CREATE in 2000 and was then a CREATE committee member for three years. She is the chair of the EHPS UN sub-committee, which seeks to increase the influence of health psychology in the UN and the awareness and activities of EHPS members towards achieving the Sustainable Development Goals.



### FELLOWSHIP AWARD WINNERS



#### Professor Geert Crombez (Belgium)

Geert Crombez is a Professor of Health Psychology at the Ghent Health Psychology Lab (GHPLAB, [www.ghplab.ugent.be](http://www.ghplab.ugent.be), Belgium). He is coordinating the research on the psychology of health and ill-health, and in particular on symptom (pain) perception and interpretation. Foundational to his research is a motivational perspective that is built around the powers of goals and self-regulation. His work on pain-related fear and avoidance had a fundamental impact on the theory and the practice of chronic pain. His experimental work on attention to pain has been seminal in developing and shaping a now well-established research topic. One of his current strategies is to bring the lab into the real world (via ecological momentary assessment and experiments). Taking this interest a step further, he has developed an innovative eHealth programme ("MyActionPlan") in the context of health promotion and coping with illness. Geert stimulates critical thinking on self-report measures (questionnaires, patient reported outcomes), (mis)use of theoretical concepts (somatization & acceptance), the relevance of empirical data, and the practice/philosophy of science. He is currently (co-)author of over 330 publications, amongst which are six highly cited papers (according to the Web of Science). Geert is (or has been) associate editor of various EHPS and other journals (e.g., Pain, Psychology & Health, Health Psychology Review). He is a strong advocate of a normal psychology on individuals with somatic problems, either medically explained or medically unexplained.

#### Associate Professor Konstadina Griva (Singapore)

Konstadina Griva [MSC, PHD (University College London, UK)] is an Associate Professor of Health Psychology and Behavioural Medicine at the Lee Kong Chian School of Medicine, Imperial College and Nanyang Technological University, Singapore (<http://www.lkcmedicine.ntu.edu.sg/about-us/Faculty-and-Staff/Pages/Konstadina-Griva.aspx>). An internationally recognised researcher in the field of PsychoNephrology, Konstadina has a strong track record in initiating and leading collaborative research to map patients' journey in Chronic Kidney Disease and the implementation of pragmatic interventions to improve patient engagement and care outcomes. The platform of this work entails prospective observational studies of patients and caregivers in context of Chronic Kidney Disease and other chronic conditions and more recently the use of digital/technology-based interventions to supplement usual care. For her science, she has received the 2013 research paper award by the European Renal Association- European Dialysis and Transplantation Association and the 2017 Excellent Researcher Award by the National University of Singapore. She has served on numerous professional and advisory groups, including the National Working group on Patient Empowerment, Ministry of Health Singapore, the Society of Behavioural Health Singapore (Founding Member) and the Research Taskforce of the National Kidney Foundation Singapore. She has been an active member in EHPS since 1996, supporting the Society and EHPS community. She is one of the pioneer members to form CREATE EHPS and organised the inaugural CREATE workshops 1999-2001. She is on the editorial board of EHPS journals (i.e. Associate Editor, Psychology & Health 2015 to date; Editor of European Health Psychologist 2014-2018) and has served on EHPS conference scientific committees.



## FELLOWSHIP AWARD WINNERS



### Professor Jo Hart (UK)

Jo Hart is a Professor of Health Professional Education and a Health Psychologist. She is a Principal Fellow of the Higher Education Academy and is based at the University of Manchester, UK where she is Deputy Head of the Division of Medical Education (<https://www.research.manchester.ac.uk/portal/jo.hart.html>). Jo studies the education and training of health care professionals and has particular interests in healthcare professional behaviour and in communication about lifestyle behaviours and has more than 50 publications. She is part of the team at Manchester who have developed Tent Pegs, a toolkit for health professionals to support patients with lifestyle behaviour change. Jo is health professional education lead for The Change Exchange, a project in which health psychologists volunteer to work with health partnerships between UK and low-income country healthcare organisations. Nationally, Jo works with Health Education England and Public Health England, influencing the use of behavioural science in education and training. She is Chair of the British Psychological Society Division of Health Psychology and is interested in the development of health psychology in the UK and globally. Jo is EFPA standing committee for psychology and health UK representative. She has been a longstanding member of the EHPS, first joining a CREATE workshop in 2000 and since then been involved in a number of ways. Jo is part of the EHPS UN sub-committee and EHPS UK National Delegate and has had organisation/leadership roles in the St Andrews 2001 and Bath 2008 EHPS conferences.

### Professor Dame Theresa Marteau (UK)

Dame Theresa Mary Marteau is one of the world's leading health psychologists and a Professor and the director of the Behaviour and Health Research Unit at the University of Cambridge (<https://www.bhru.iph.cam.ac.uk/>). She is Dame Commander of the Order of the British Empire for her contributions to public health and an elected Fellow of the Academy of Medical Sciences, and of the Academy of Social Sciences. Theresa has led numerous large research programmes and published more than 600 publications in scientific journals, including Science, the Lancet, BMJ, and the leading journals in Psychology and Health Psychology. Her scientific contributions have been shaping the development of science and practice in health psychology. Amongst her most outstanding contributions is pioneering work on the behavioural impact of communicating personalised risk information about preventable diseases. Theresa's work on incentives in Health had substantial impact in science, policy and practice. More recently, Theresa led research programmes and directed the Behaviour and Health Research Unit at Cambridge University, conducting world-leading research on the development and evaluation of interventions to change behaviour (diet, physical activity, tobacco and alcohol consumption) to improve population health and reduce health inequalities, with a particular focus on targeting non-conscious processes. Her work provided a deeper understanding of the potential of nudging interventions and theoretical insight, methodological tools, and policy relevant evidence about the role of micro-environmental factors in population behaviours. Theresa has been pivotal to the development of European Health Psychology and has contributed to the EHPS, its publications and conferences in various roles.



### FELLOWSHIP AWARD WINNERS



#### Professor Val Morrison (UK)

Val Morrison is a Professor of Health Psychology at Bangor University, Wales, UK (<https://www.bangor.ac.uk/psychology/staff/valerie-morrison/en>). She completed her Psychology degree at St Andrews University (in 1983!) before moving to Cambridge to Project Lead a drop-in centre based on a converted double-decker bus offering support to homeless glue sniffers, drinkers and drug abusers. After this she returned to Scotland and studied the drugs-crime association within Scottish prisons, and then completed a part-time PhD as part of a Scottish Office grant studying psychosocial aspects of illicit drug use as HIV/AIDS emerged. In 1991 she returned to St Andrews to work in the emerging field of health psychology with Marie Johnston, identifying psychological predictors of functional and emotional outcomes amongst stroke patients. She attended her first EHPS meeting in Leipzig (1992), and she has only missed 3 or 4 since! Her first lectureship was in Edinburgh (1995), and North Wales has been her home since 1998. As well as supervising many successful PhD students, Val inputs health psychology expertise to multidisciplinary research teams across a range of chronic conditions, identifying patient and carer responses that subsequent interventions address in order to optimise psychosocial outcomes. The research output has to date been supported by over 20 external funding awards amounting to a total of approximately £6.5 million with Val leading on > £1.5m, of this. Her 60+ published papers, various book chapters, one of the first books on Woman & AIDS, a Caregiving in Context book which arose from an EHPS Networking Grant, and a leading European textbook Introduction to Health Psychology, help inform the next generation of research-informed psychologists/practitioners. Val has served on the British Psycho-oncology Society Executive Committee, the Research Impact Committee of the BPS Division of Health Psychology, and actively contributes to the EHPS EC as Grants Officer currently. In 2018 she was personally awarded the honour of Fellowship of the Royal College of Physicians for services to health and medical research.

#### Professor Daryl O'Connor (UK)

Daryl O'Connor is Professor of Psychology at the School of Psychology, University of Leeds and was Deputy Head of the School between 2006 and 2011. He is a registered health psychologist with strong research interests in psychobiology and currently leads the Health and Social Psychology Research Group in the School as well as heads up the Group's Laboratory for Stress and Health Research (STARlab; <https://sites.google.com/site/doconnorlab/>). Daryl has also acted as an Expert Advisor to the World Health Organisation's Department of Reproductive Health & Research and has been an invited expert to advise upon research strategy at the National Institute of Aging, National Institutes of Health, in the United States. Daryl's current research focuses on: i) investigating the effects of stress and psychological interventions on health outcomes (e.g. suicide behaviour, ambulatory blood pressure, eating, cortisol reactivity and diurnal cortisol levels) and understanding the role of individual differences variables (e.g. conscientiousness, rumination, perseverative cognition) within the stress process; and ii) exploring the effects of implementation intentions-based interventions on screening behaviours. His work has been published extensively in leading international journals in his field and it has frequently featured on radio and television and in the national and international press. Daryl is a past Chair of the British Psychological Society's (BPS) Division of Health Psychology and the BPS Psychobiology Section and he is currently Chair of BPS Research Board and Chair of the European Federation of Psychology Associations (EFPA) Board of Scientific Affairs and is a Trustee of the BPS. Daryl is joint Editor-in-Chief of the journal *Psychology & Health*, serving in this role from 2011 and on. In 2011, Daryl was elected a Fellow of the Academy of Social Sciences, in 2014 he was elected a Fellow of the Royal Society of Arts, in 2015, he was elected a Distinguished International Affiliate of the American Psychological Association's Division 38 (Health Psychology) and in 2017 he was elected Fellow to the Academy of Behavioral Medicine Research. In addition to his own recent work, Daryl has also been actively involved in promoting open science and improving psychological science nationally and across Europe ([https://www.youtube.com/watch?v=7H-e\\_n\\_eGhE](https://www.youtube.com/watch?v=7H-e_n_eGhE)).



### HERMAN SCHAALMA AWARD WINNER



#### Dr. Jan Keller (Germany)

Jan Keller received his PhD from Freie Universität Berlin in 2018. His dissertation research, “Planning with a partner? Individual and dyadic planning in three health behaviour contexts”, has contributed to the field of health psychology by highlighting how the involvement of a planning partner (i.e., dyadic planning) can be a valuable resource in health behaviour change. As an emerging scholar, his contribution to the field has been recognized through numerous publications, presentations at EHPS conferences since 2013, and chaired conference symposia. In 2016, Jan Keller was Visiting Scholar to Columbia University in the City of New York to deepen his training in social relationships and health, which was supported by the CREATE Tandem Grant and reported in an EHP article. He is currently on the Scientific Committee for the 2019 EHPS conference, and chairs the track on Social Support, Caregiving, and Health. Showing his tremendous and continuous commitment to the EHPS, Jan Keller has served on the EHPS e-courses (2015-2017), CREATE (2013-2016), and SYNERGY (since 2016) executive committees since 2013, helping to organize scientific meetings for the health psychology community.

### STAN MAES EARLY CAREER AWARD WINNERS

#### Dr Dominika Kwasnicka (Poland)

Dr Dominika Kwasnicka is a Post-doctoral Research Fellow at Curtin University in Australia. In March 2019, she joined SWPS University of Social Sciences and Humanities in Poland. After receiving her doctorate in 2015 she has worked on several health behaviour-change projects, researching predictors of health behaviour-change maintenance. The overarching aim of Dominika’s scientific work is to advance psychological theory of behaviour-change maintenance and to design behavioural interventions to improve population health.

Dominika’s research makes three key contributions to the field of Health Psychology, by: (1) Integrating theories of behaviour-change maintenance, investigating key predictors of maintained health behaviour-change; (2) Testing and advancing these theoretical predictors in systematically-developed studies and evidence-based interventions focusing on diet, physical activity, and weight loss maintenance; (3) Contributing to the development of novel research methods employing upcoming designs such as within-person N-of-1 studies using emerging technologies. Examples of novel behaviour-change maintenance studies that she co-designed and led include the PATHS study - an online intervention in frontline healthcare professionals delivered in four hospitals ([www.paths.org.au](http://www.paths.org.au)); and the Aussie-FIT physical activity intervention applied in two leading Australian Football League clubs ([www.aussiefit.org](http://www.aussiefit.org)).

Dominika is an active member of EHPS, she is a Head Editor of the Practical Health Psychology Blog ([www.practicalhealthpsychology.com](http://www.practicalhealthpsychology.com)), an online international publication informing practice, translated to 20 different languages. She has worked as a Liaison Officer and grant reviewer and currently she is a Chair for EHPS Synergy. Previously she was also a member of EHPS eCourses organising committee and CREATE Organising Board. Dominika has co-delivered pre-conference workshops on N-of-1 design titled: Challenges and solutions for N-of-1 design studies in health psychology. She also led on a collaborative publication which resulted from the workshop, written with workshop participants, published in Health Psychology Review.





### STAN MAES EARLY CAREER AWARD WINNERS



#### Dr. Marta Marques (Portugal)

I am a Marie Skłodowska-Curie Research Fellow at Trinity College Dublin, and hold an Honorary Research Associate position at University College of London. I obtained my Ph.D. in from Leiden University in 2015, supervised by Professor Stan Maes. In the same year, I received a post-doctoral fellowship from the Portuguese Science Foundation to continue my research at the University of Lisbon, and later worked as a Research Associate at the University of Newcastle and University College London. My research focuses on understanding the motivational and self-regulation processes underlying health behaviour change and maintenance, developing and testing theory-based digital health interventions, and advancing the methods for the systematisation of behaviour science (e.g. ontological approaches). I've worked in large international innovative projects in the field of behaviour change such as the EU-H2020 project NoHoW (digital tools for weight loss maintenance), and the Human Behaviour-Change Project. In the last 7 years, I've largely contributed to the activities of the EHPS, I was associate editor of the European Health Psychologist, chair of the E-courses Committee, and member of the EHPS-UN subcommittee. In August 2016, I joined the Executive Committee, taking the role of Membership Officer. I've contributed to the dissemination and impact of health psychology to policy making (e.g. WHO global mActive program), I've published numerous papers in key journals of the field, and I am a member of the editorial board of the International Journal Behavioural Medicine.

#### Dr. Karen Matvienko-Sikar (Ireland)

Dr Matvienko-Sikar was awarded her doctorate from University College Cork in 2015. She is currently a Research Fellow in the School of Public Health, University College Cork. Dr Matvienko-Sikar currently holds a Health Research Board Applying Research into Policy and Practice Fellowship in the area of parental stress. She was previously a Health Research Board Interdisciplinary Capacity Enhancement Award Postdoctoral Research Fellow involved in developing, implementing and evaluating a complex intervention to prevent childhood obesity. Her main research interests are in the areas of stress and behaviour change as they relate to maternal and child health. She is also particularly interested in measurement of behavioural and psychophysiological outcomes, which often interact in the aetiology of perinatal ill health and child outcomes. Dr Matvienko-Sikar was awarded the Psychological Society of Ireland Hannah McGee Excellence in Research and Practice Award in 2018, and was awarded a Royal Irish Academy Charlemont Fellowship in 2017 for her research on stress measurement in pregnancy. In 2018, she was an invited speaker at the Irish Parliamentary level to discuss research findings to inform prevention of childhood obesity. Dr Matvienko-Sikar is an active member of the EHPS and sits on committee of the Psychological Society of Ireland, Division of Health Psychology.



### STAN MAES EARLY CAREER AWARD WINNERS



#### Dr. Dan Powell (UK)

Dr. Powell is a Lecturer in Health Psychology at the University of Aberdeen. He was awarded his PhD by the University of Southampton in 2014, and subsequently joined the Aberdeen Health Psychology Group as a Research Fellow working primarily with Dr Julia Allan. Dan's research typically utilises ecological momentary assessment (EMA) methods to understand within-person processes around stress, fatigue, and health-related behaviour in daily life. His work has been published in several key journals within the field, including *Health Psychology*, *Annals of Behavioral Medicine*, and *Psychoneuroendocrinology*. Dan is an active member of EHPS who served on the Scientific Committee and Local Organising Committee in 2016, and as a Track Chair in 2016 and 2017. He has convened symposia and roundtables, and delivers regular pre-conference workshops on EMA methods with Dr. Turu Stadler. Dr Powell is a Chartered Psychologist (British Psychological Society) and a Fellow of the Higher Education Academy (HEA) in the UK. He is a Consulting Editor for *Health Psychology* and *Behavioral Medicine*, and on the Scholars Board of the *British Journal of Health Psychology*.

### ABOUT DUBROVNIK

Towards the southern tip of Croatia lies the Old Town of Dubrovnik, the priceless jewel of the Dalmatian Coast and a world famous UNESCO World Heritage Site steeped in history and culture. George Bernard Shaw once wrote, "Those who seek paradise on Earth should come to Dubrovnik", due to its profound beauty and historic magic.

Dubrovnik is also, without doubt, currently one of Europe's most fashionable conference destinations. A surfeit of modern facilities combined with unique activities for delegates make this a popular choice for event organisers.

Another attraction for the participants in gatherings and congresses in Dubrovnik is certainly the possibility to organize business meetings in the inspiring historic venues, renaissance palaces and medieval forts. The more relaxed part of congresses and gatherings in Dubrovnik includes a selection of special events at the top class restaurants and on terraces with unforgettable views of the Adriatic Sea and sunsets, while the mild climate enables the enjoyment of nature all the year round.

### DUBROVNIK ATTRACTIONS

#### City walls

Dubrovnik's most important feature and the most visually dominant symbol of the town; an impressive Middle Age construction where the corner towers of Minčeta, Revelin, Bokar and Sveti Ivan create the city's famous historical shield.

#### Rector's Palace

"Obliti privatorum publica curate" or "Forget your private business, concern yourself with public affairs". This remarkable inscription can be found above the entrance of the Rector's Palace, the most important public building in Dubrovnik and a site that was once the government headquarters and the Rector's residence.

#### Stradun (Placa)

Stradun is the main "artery" of the city, stretched between the two town gates, the gate of Pile and Ploče. Stradun invites you to walk it and feel its rhythm.

#### Sponza Palace

The oldest multimedia building in Dubrovnik, built in 1520 in a mixed late gothic and renaissance style. It used to be a storage

and customs building [Divon], and is now the State Archive where the most important documents about Dubrovnik's history are kept.

#### Franciscan Monastery

Franciscan monastery is a wonderful work of Dubrovnik architecture and one of the most prominent Dubrovnik attractions. Part of the monastery contains a very rich library that has a large number of preserved manuscripts of invaluable cultural and historical value. A pharmacy was founded in the monastery 1317, the third oldest in the whole world, continuously functioning until present day.

#### Dominican monastery

The oldest monastery in Dubrovnik (1225) is an extremely valuable historical building, and also houses an important treasury of ancient Dubrovnik artwork, including 239 incunabula.

#### Church of St. Blaise

The Church of St. Blaise (Crkva Sv. Vlaho) is an 18th-century baroque church on Luza Square dedicated to the patron saint and protector of Dubrovnik. This majestic church is located at the intersection of two main thoroughfares, where public gatherings in Dubrovnik are held – 'Placa' and 'Pred dvorom'. It was built by the Venetian architect and sculptor M. Gropelli at the beginning of the 18th century.

#### Old port

Another witness of the times, once the main trading and maritime hub, today a picturesque part of Dubrovnik.

#### Dubrovnik Tourist Board

[www.tzdubrovnik.hr/lang/en/index.html](http://www.tzdubrovnik.hr/lang/en/index.html)

#### Croatia full of life

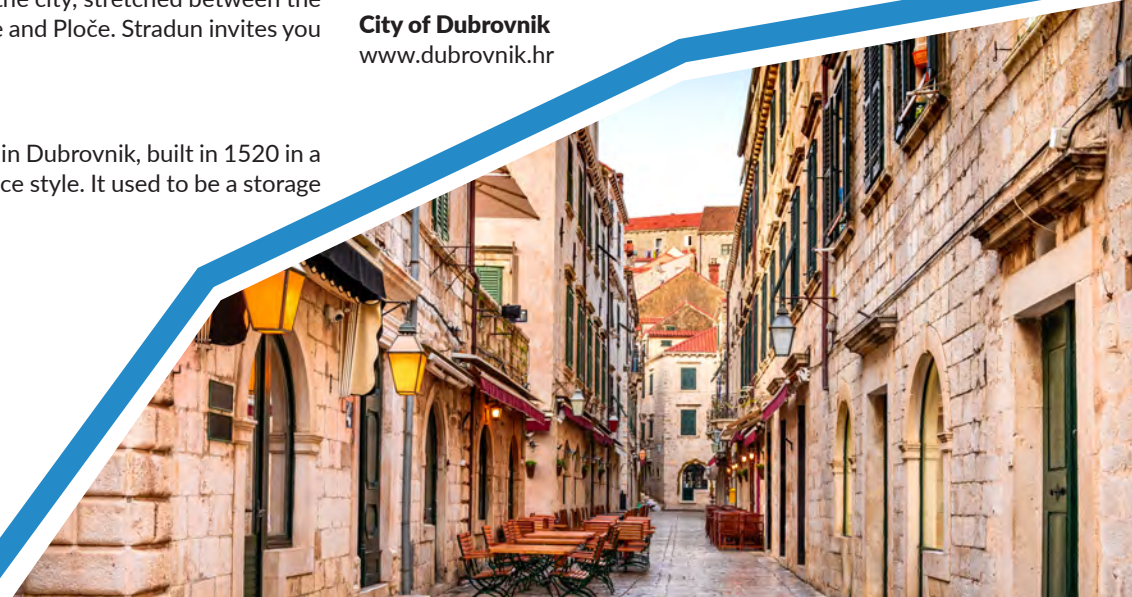
[www.croatia.hr/en-GB](http://www.croatia.hr/en-GB)

#### Croatian National Tourist Board –

<https://htz.hr/en-GB>

#### City of Dubrovnik

[www.dubrovnik.hr](http://www.dubrovnik.hr)



## IMPORTANT CONTACTS

### HOTEL VALAMAR LACROMA DUBROVNIK

**Address:** Iva Dulčića 34, Dubrovnik

**Reservations:** 0038552 465 000

**Contact person:** Gorazd Surla – 00385 99 249 52 85

### O TOURS PCO (Agency)

**Address:** Gajeva 6/1, Zagreb

**Contact persons:** Tatjana Koprtla – 00385 98/ 980 5716

Iva Posavec – 00385 99/ 263 – 9333

Petra Srbanic – 00385 98/ 164 96 74

### GENERAL HOSPITAL DUBROVNIK

**Address:** Dr. Roka Mišetića 2, 20 000 Dubrovnik

**Phone:** 0038520 431 777; 020/431 600

**Link:** <https://www.bolnica-du.hr/index.php>

### PUBLIC FIRE DEPARTMENT DUBROVNIK

**Address:** Zagrebačka 1, Dubrovnik 20 000

**Phone:** 0038520 / 325-325

**Link:** <https://www.dubrovacki-vatrogasci.hr/kontakt>

### POLICE DUBROVNIK

**Address:** Dr. Ante Starčevića 13, Dubrovnik 20 000

**Phone:** 0038520/443 - 333

### PUBLIC CITY TRANSPORT LIBERTAS

**Link with timetable:**

<http://www.libertasdubrovnik.hr/ras/29-10-2018-1540792988.pdf>

**Phone:** 0038520 441 323

**Link:** <http://www.libertasdubrovnik.hr/kontakt/>

### TAXI BLUE DUBROVNIK

**Phone:** 0038520/332 - 222

### TAXI SERVICE AND PASSENGER TRANSPORT RADULOVIĆ d.o.o.

**Pricelist:** <https://www.taxiservicedubrovnik.com/cijene.htm>

**Phone:** 00385 98 725 769

### TAXI CLIENT DUBROVNIK

**Phone:** 0038520 / 411-411

**Link:** <http://www.radiotaxidubrovnik.com/>

### AIRPORT

Link to transport to the City with all the information:  
[www.airport-dubrovnik.hr/index.php/en/user/users/usage-prijevoza](http://www.airport-dubrovnik.hr/index.php/en/user/users/usage-prijevoza)

### BANKS

#### PRIVREDNA BANK

Working Hours (Stradun) - 08:00 - 15:00  
(except Saturday until 12:00)

#### GRUŽ

Working Hours 08:00 - 19:00 (except Saturday until 12:00)

#### OTP BANK

Working Hours VUKOVARSKA - 08:00 - 19:00  
(except Saturday until 12:00)

#### OLD TOWN

Working Hours 08:00 - 15:00  
(except Saturday until 12:00)

#### ERSTE BANK

Working Hours VUKOVARSKA - 08:00 - 18:00  
(except Saturday until 12:00)



### PLACES TO VISIT

#### Cavtat

Cavtat is a unique town on the Adriatic, an old city situated on the hilly part of the wooded peninsula Rat. There are new settlements along the coast, and the whole of Cavtat is overgrown by Mediterranean vegetation, with the ever green pine and cypress trees. The special charm of this old city are the buildings that have remained from the time of the old Dubrovnik Republic.

#### Elafiti Islands

The Elaphiti Islands or the Elaphites is a small archipelago consisting of several islands stretching northwest of Dubrovnik, in the Adriatic sea. The Elaphites have a total land area of around 30 square kilometres (12 square miles) and a population of 850 inhabitants. The islands are covered with characteristic Mediterranean evergreen vegetation and attract large numbers of tourists during the summer tourist season due to their beaches and pristine scenery. The name comes from the Ancient Greek word for deer which used to inhabit the islands in large numbers.

#### Island Lastovo

Lastovo is an island in south Dalmatia and also the furthest inhabited Croatian island. Lastovo is an island of an untouched and extremely beautiful nature. Therefore, it is the best choice for those who want to spend a completely relaxing and peaceful holiday.

#### Medjugorje Sanctuary, Bosnia & Herzegovina

Medjugorje is a world famous sanctuary where people from all around the world come to face with God, faith and to find peace in their souls and hearts.

#### Bay of Kotor, Montenegro

Kotor is perfect for a relaxing stay, for gourmets, for lovers but also for fans of hiking, history, culture – the perfect destination for people looking for authenticity and new experiences, as well as an excellent holiday choice for those who cannot make up their mind whether to have an active or relaxing sunny holiday or discover heritage, culture and history, a family holiday or a romantic trip.

#### Neretva county

From the first time you lay eyes on the Neretva Valley you'll have the "wow effect," and for good reason. The highway snakes along the coastline and then, almost in a Western movie, turns through a high mountain ridge and in a flash a panorama of a vast plain opens up before you. The Neretva River spears through this enormous expanse, like an arrow piercing through the air, long and straight. Stop for a while to take in and admire the view and it will become clear that this mighty river has been beavering away for centuries, slowly but surely forging a path to the Adriatic Sea.

#### Mostar, Bosnia & Herzegovina

Mostar is the largest city in Herzegovina, with a small but thoroughly enchanting old town centre. At dusk the lights of numerous millhouse restaurants twinkle across gushing streams, narrow Kujundžiluk bustles joyously with trinket sellers and, in between, the Balkans' most celebrated bridge forms a majestic stone arc between medieval towers.





## LOCAL RESTAURANTS

### Restaurant&caffe Dubravka 1836

Mediterranean cuisine

T: +385 20 42 63 19

A: Brsalje br. 1, 20000 Dubrovnik

### Oyster & Sushi Bar Bota

Japanese cuisine

T: +385 20 324 034

A: Đura Baglivija 1, 20000 Dubrovnik

### Restaurant Pantarul

Traditional cuisine

T: +385 20 333 486

A: Ul. kralja Tomislava 1, 20000, Dubrovnik

### Tavulin Wine&Art Bar

Mediterranean, European cuisine

T: +385 99 885 4197

A: Street za Rokom 13, 20000, Dubrovnik

### Restaurant Panorama

Wine&Dining

T: +385 20 312 664

A: Srd Street 3, 20000, Dubrovnik

### Restaurant Azur

Asian, Seafood, Mediterranean

T: +385 20 324 806

A: Pobjijana street, 10, 20000, Dubrovnik

### Restaurant Dalmatino

Seafood

T: +385 20 323 070

A: Prijeko ul. 15, 20000, Dubrovnik

### Restaurant Proto

Seafood

T: +385 20 323 234

A: Široka street, 1, 20000, Dubrovnik

### Restaurant Posat

Mediterranean cuisine

T: +385 20 421 194

A: Street uz Posat 1, 20000, Dubrovnik

## COFFEE SHOPS & BARS

### Cogito coffee bar

Special Coffee & Tea

A: Street od Pustijerne 1, 20000, Dubrovnik

### Soul coffee bar

Bar, Pub, Vegetarian Friendly

T: +38595 199 8507

A: Uska street 5, 20000, Dubrovnik

### Beach bar Buža

Nightlife, Bars & Clubs

T: +38595 883 1750

A: Crijevićeva street 9, 20000, Dubrovnik

### Congo bar

Seafood, Croatian, Cafe, Mediterranean, Healthy, Central European, European

T: +38599 810 5974

A: Stradun 6, 20000, Dubrovnik

### Cave bar

Nightlife, Bars & Clubs

T: +38520 494 200

A: 11 12, Šetalište Nika i Meda Pucića, 20000, Dubrovnik

### Buzz bar

Nightlife, Bars & Clubs

T: +38520 321 025

A: Prijeko street 21, 20000, Dubrovnik









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# Index

## A

Abram, Zoltan 24  
 Acabchuk, Rebecca 30  
 Adonis, Marios 24  
 Adriaanse Marieke 21  
 Afolalu, Esther 32  
 Ahmed, Joanne 27, 33  
 Akamatsu, Tomoko 25  
 Akbari, Fatemeh 34  
 Akinci, Irem 19  
 Al-Abbadey, Miznah 27  
 Albers, Liesemarie 24  
 Alblas, Monique 33  
 Alexeeva, Iana 20, 23  
 Allan, Julia 29  
 Allwood, Carl Martin 20  
 Alsubhi, Maha 36  
 Altendorf, Maria 37  
 Amrein, Melanie 28  
 Anderson, Niall Charles 38  
 Andipatin-Botha, Michelle 28  
 Anil, Krithika 28  
 Araújo-Soares, Vera 37  
 Arden, Madelynne 28  
 Arriaga, Patricia 20  
 Arriscado, Helena 42  
 Ashley, Kirsten 44  
 Asta Ratna, Prajapati 23  
 Aulbach, Matthias 29  
 Avery, Leah 38  
 Avraham, Rinat 28  
 Ayre, Julie 38  
 Ayuningtyas, Tyas 41

## B

Baban, Adriana 30  
 Baenziger, Julia 37  
 Bal, Michèle 37  
 Band, Rebecca 19, 43  
 Banik, Anna 19  
 Bartel, Eva Catrin 33  
 Basara, Latinka 45  
 Basinska, Beata 36  
 Basińska, Małgorzata A. 44  
 Bassi, Marta 28  
 Batselle, Elise 30  
 Baudry, Anne-Sophie 24, 37  
 Bauer, Jana Felicitas 24, 44  
 Baumann, Michèle 34, 35  
 Bear, Holly 23  
 Bearth, Angela 29  
 Bednaříková, Hana 24  
 Bellone, Federica 33  
 Belmon, Laura 38  
 Benković, Ivana 43  
 Bennett, Kirsty 21  
 Benton, Jack 25  
 Benyamini, Yael 30  
 Berli, Corina 19  
 Bermudez, Tania 29  
 Bernardes, Sónia 19, 43  
 Berndt, Nadine 30  
 Berninger, Nathalie 36  
 Berry, Emma 20  
 Bertoldo, Enrico Giuseppe 25  
 Bethke, Norma 21  
 Beurden, Samantha van 29  
 Bhattacharya, Debi 45  
 Bierbauer, Walter 25  
 Bjelajac, Košćec 26  
 Black, Nicola 32, 45  
 Blackwood, Leda 27  
 Blondé, Jérôme 40  
 Boberska, Monika 30  
 Boer, Femke de 29  
 Bogdanic, Ana 23

Bol, Nadine 37  
 Bongeot, Gaëlle 25, 42  
 Bonnell, John 19  
 Bonniec, Alice Le 23, 45  
 Borzyszkowska, Agata 42  
 Brinken, Lillian 45  
 Briones-Buixassa, Laia 40  
 Broc, Guillaume 19  
 Brooks, Jo 35  
 Brouskeli, Vasiliki 20, 40  
 Brown, Daniel 28, 34  
 Brown, Morven 45  
 Bruin, Marijn de 35, 36  
 Brytek-Matera, Anna 26  
 Buitenhuis, Anne 36  
 Bull, Eleanor 28  
 Burns, Annette 29  
 Busija, Lucy 36  
 Byrne, Molly 10, 20, 30, 35

## C

Callus, Edward 40  
 Camarneiro, Ana 44  
 Cameron, Elaine 29  
 Cammisuli, Davide Maria 24, 33  
 Campbell, Katarzyna 32  
 Carfora, Valentina 30  
 Çarkoğlu, Aslı 25  
 Carneiro, Francis Anne Teplitzky 41  
 Carr, Emma 26  
 Carroll, Susan 20, 35  
 Carswell, Emma 26  
 Cartwright, Martin 30  
 Castillo-Eito, Laura 24  
 Catunda, Carolina 25, 30  
 Caumeil, Benjamin 29  
 Cavazos, Patricia 29  
 Caven, Madeleine 25  
 Chadwick, Paul 21  
 Chasiotis, Anita 45  
 Chater, Angel 38  
 Chew, Jowinn 33  
 Chisari, Claudia 42  
 Chudzicka-Czupala, Agata 44  
 Cipolletta, Sabrina 43  
 Cirtautiene, Lina 44  
 Clarke, Natasha 29, 40  
 Cogan, Nicola 23  
 Conner, Mark 20  
 Consedine, Nathan 35, 38  
 Cornelius, Talea 19, 40  
 Costa, Eleonora C. V. 24, 42  
 Coulson, Neil 28  
 Craciun, Catrinel 29  
 Craciun, Irina Catrinel 41  
 Crayton, Elise 38  
 Crockett, Rachel 29  
 Cross, Ainslea 25  
 Crutzen, Rik 19  
 Csala, Barbara 42  
 Czepczor-Bernat, Kamila 26, 35

## D

Danila, Ingrid 34  
 Danina, Mariya 27  
 Davidovich, Udi 38  
 Davidson, Karina 20  
 Davie, Philippa 30  
 Dean, Sarah 34  
 Debbeler, Luka Johanna 29  
 Dekkers, Tessa 29  
 Delale, Eva Andela 36  
 DeLongis, Anita 21  
 Dempster, Martin 30  
 Desmet, Ann 24  
 Diaconu-Gherasim, Loredana 36

Dibb, Bridget 32  
 Dijkstra, Arie 36  
 Dima, Alexandra 29, 44  
 Dimitrijević, Iva 28  
 Dixon, Diane 37  
 Doherty, Julie 38  
 Dömötör, Zsuzsanna 27  
 Dongen, Anne van 37  
 Dorard, Géraldine 25  
 Douma, Linda N 38  
 Doyle, Frank 34, 37  
 Duncan, Christina 26, 27  
 Durand, Hannah 20, 26  
 Durkin, Kristine 30  
 Dyck, Zoé van 45  
 Dzubur, Eldin 30

## E

Egan, Helen 23  
 Egan, Jonathan 33  
 Eguchi, Eri 20  
 Elekes, Almirena 43  
 Elfström, Magnus L 30  
 Emmenis, Van 43  
 Emmer, Christine 38  
 Encantado, Jorge 26  
 Endriulaitiene, Aukse 35, 41  
 Entilli, Lorenza 43  
 Epton, Tracy 23  
 Eritsy, Ksenia 23, 30  
 Essery, Rosie 20  
 Eto, Kazuko 34  
 Evers, Catharine 21  
 Eves, Frank 36

## F

Faasse, Kate 19  
 Family, Hannah 30  
 Fantini-Hauwel, Carole 20  
 Feck, Vanessa 35, 37  
 Ferguson, Stuart 21  
 Fernandes, Sara 35  
 Fido, Dean 43  
 Fjermestad, Krister 19  
 Flynn, Jack 26, 40  
 Foley, Louise 34  
 Forbes, Cynthia 25  
 Forbes, Gillian 38  
 Fournier, Alicia 30  
 Franja, Stefania 33  
 Franke, Helga 34  
 Fraux, Cécile 26  
 Fredrix, Milou 38  
 Freivogel, Claudia 44  
 Frie, Kerstin 26  
 Fritsche, Lara 35

## G

Gardner, Benjamin 20  
 Garip, Gulcan 21, 40  
 Gating, Lauren 32  
 Gauchet, Aurélie 33  
 Gay, Marie-Claire 43  
 Gehenne, Lucie 45  
 Geneva, Rozalina 24  
 Georgiev, Alexander 43  
 Gérain, Pierre 33  
 Gestel, Laurens van 25  
 Ghio, Daniela 30  
 Ghouri, Flavia 42  
 Gidron, Yori 45  
 Giese, Helge 38  
 Gillebaart, Marleen 29  
 Godfrey, Emma 29  
 Godinho, Cristina 25

Goehner, Wiebke 33  
 Goetze, Rachel 25  
 Gomez, Gilda 33  
 Gonçalves, Ana 27  
 Gonzaga, Domitila Shizue Kawakami 42  
 Goodliffe, Samantha 40  
 Gouasé, Natalie 27  
 Grabovac, Maša Tonković 44  
 Graham-Rowe, Ella 24  
 Graham-Wisener, Lisa 25  
 Grant, Stina J. 30  
 Green, James 20, 27  
 Greenwell, Kate 26  
 Griva, Konstadina 38  
 Groarke, AnnMarie 45  
 Groarke, Jenny 28  
 Groothuizen, Johanna 43  
 Grubić, Marina 35  
 Gruszczynska, Ewa 20, 38  
 Grzankowska, Izabela 33  
 Gucht, Veronique de 45  
 Gudenkauf, Lisa 19  
 Guerra, Marina Prista 25  
 Guest, Ella 21  
 Gupta, Sugandha 36

## H

Hoor, Gill ten 19  
 Haesebaert, Julie 20  
 Hafner, Nataša Dernovšek 32  
 Hagedoorn, Mariët 36  
 Hale, Joanna 19  
 Hall, Brian 28  
 Hals, Christoffer 19  
 Hamilton, Kyra 20, 24  
 Hankonen 19  
 Hardeman, Wendy 29  
 Harrison, Chloe 21  
 Harris, Peter 36  
 Harris, Shona 32  
 Hart, Jo 26, 28  
 Hatta, Takeshi 41  
 Hatzenbuehler, Mark 18, 39, 46  
 Hausmann, Alexander 29  
 Hennessy, Marita 28  
 Henschke, Eva 41  
 Hernandez, Gina 40  
 Hernández, Juan González 41  
 Herrick, Shannon 28  
 Hevey, David 10, 25  
 Hilz, Lisa Karla 20  
 Hintsanen, Mirka 29  
 Hints, Taina 35  
 Hirani, Shashi 45  
 Hirata, Hiromi 27  
 Hoffman, Sara 28, 32  
 Hollywood, Amelia 20  
 Honda, Akio 41  
 Hoppmann, Christiane 19  
 Horn, Andrea B. 36  
 Hors-Fraile, Santiago 37  
 Horstmann, Rebecca 24  
 Horváth, Áron 45  
 Huber, Jörg 21, 44  
 Hudson, Joanna 29  
 Hughes, Alicia 19  
 Hughes, Emily 32  
 Hughes, Lyndsay 26, 43  
 Hulme, Katrin 30  
 Hunter, Abby 26, 38  
 Hunter, Jennifer 28  
 Husarova, Daniela 42  
 Husivargova, Alexandra 19













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