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facing  
to the  
the  
ants  
nter  
a.

my personal ritual that no one got to see

## Group ritual example

Participant described his troop having  
when they were moving out on to p  
then the whole truck would sing in unison

Furthermore, participants reported  
either went through intense wartime  
were Feelings of trust and confidence  
connection and understanding (i.e.  
Readiness for helping and sacrifice  
socialization (i.e. *I like coming to where*

## Cohesion – dysphoric experience co

One participant describes the atmosphere  
out alive”: “the people started to bond  
someone (from the squad) could beat y

and War  
on. The  
individual  
minent

Ritual data was analysed and reduced  
mentioned specific behaviours and s