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my personal ritual that no one got to see

Group ritual example

Participant described his troop having a ritual when they were moving out on to patrol. *then the whole truck would sing in unison*

Furthermore, participants reported that they either went through intense wartime experiences. Feelings of trust and confidence, connection and understanding (i.e. *Readiness for helping and sacrifice*) and socialization (i.e. *I like coming to work*)

Cohesion – dysphoric experience

One participant describes the atmosphere as *out alive*: “the people started to bond with someone (from the squad) could beat you

Ritual data was analysed and reduced to mentioned specific behaviours and s