INTRODUCTION
Challenges of modern treatment in mental health field presented new and complex requests in creating therapeutic programs for the specific needs of their (new) users. That was the main reason why, in 2016, University Psychiatric Hospital Vrapče established the Department for Psychotherapy. This paper presents its program that consists of various psychotherapeutic and treatment activities, manifested in university, comprehensive care, and interdisciplinarity. Several different psychotherapeutic modalities have the central place in the program. Even though different, the beneficiaries of the diversity could be seen in leaving a remarkable, personal touch in patient’s life. During their stay in the program, strong personal motivation and desire for change, but also (peer) group support, take an important role. The program’s expert team consists of psychiatrists, nurses, clinical psychologist, social pedagogues, and occupational therapists.

STRUCTURE AND DYNAMIC OF THE GROUP
The capacity of the Department for Psychotherapy is 20 people, both sexes, who make the therapy group. Standard group norms are applied. Trust, safety, acceptance and support are being cherished the most, as the basis for building quality relationships and the therapeutic recovery process. Indications for participating in the program are different: reactive conditions, disorders caused by stress, anxiety disorders; panic attacks, obsessive - compulsive disorders, mood disorders such as depression or bipolar disorder, personality disorders, such as borderline personality disorder. Psychotherapy is a well of personal growth and each person can have the benefits of psychotherapy. It has its place in solving both individual, partner or family problems and issues, and can be a great way to help in overcoming the everyday stress. Psychotherapy helps a person to accept and cope with big losses, individual, partner or family problems and issues, and can have the benefits of psychotherapy. It has its place in solving both individual, partner or family problems and issues, and can be a great way to help in overcoming the everyday stress. Psychotherapy helps a person to accept and cope with big losses, individual, partner or family problems and issues, and can have the benefits of psychotherapy. It has its place in solving both individual, partner or family problems and issues, and can be a great way to help in overcoming the everyday stress.

MENTAL HEALTH PROFESSIONALS
The expert team consists of experts in various fields: two psychiatrists, clinical psychologist, two social pedagogues, occupational therapist, nurses and technician. All experts are trained in the specifics of that kind of work through the psychotherapeutic training.

Psychodrama
Psychodrama is a scenic-expressive psychotherapy technique, therapeutic effects are achieved through the work of interpersonal, emotional, cognitive, imaginative and behavioral influences. Scenes that take place include unfinished situations, events in past or patients’ memories, fantasies, dreams, inner conflicts, prepare for some future stress or risk situations and else. Scenes take place “here and now,” and are related to the real life situations or can be externalization of inner mental process. Through the principle of “here and now” protagonist (client) makes situation alive on stage and achieving cognitive scenic view that is followed by emotional engagement. The objectives of psychodrama are also developing spontaneity and creativity, enabling a person to be better equipped in the existing life roles or that some of them reject and accept new ones. The work of the group establish new interpersonal relations, which enables identification and understanding of interpersonal relations within group members.

Group analysis
Group analysis is a form of psychotherapy by the group, of the group, including its conductor. Group analysis aims to achieve a remarkable, personal touch in patient’s life as the basis for building quality relationships and the therapeutic recovery process. Indications for participating in the program are different: reactive conditions, disorders caused by stress, anxiety disorders; panic attacks, obsessive - compulsive disorders, mood disorders such as depression or bipolar disorder, personality disorders, such as borderline personality disorder. Psychotherapy is a well of personal growth and each person can have the benefits of psychotherapy. It has its place in solving both individual, partner or family problems and issues, and can be a great way to help in overcoming the everyday stress. Psychotherapy helps a person to accept and cope with big losses, individual, partner or family problems and issues, and can have the benefits of psychotherapy. It has its place in solving both individual, partner or family problems and issues, and can be a great way to help in overcoming the everyday stress.

Social training skills
Social training skills are range of social behaviors that are learned and under control of the individual. One of the most effective approaches when learning social skills is Social Training Skills. “Training” as the model is acceptable because social skills are behaviors that can be learned, but also they need to be practiced in order to become part of everyday lifestyle. The most common is focus on improving the skills of prosocial behavior such as recognizing and expressing emotions, cooperation, initiating conversations, assertiveness, self-presentation and so on.

Art therapy
Art therapy is the therapeutic use of art making, within a professional relationship, by people who experience illness, trauma or challenges in living, and by people who seek personal development. Through creating art and reflecting on the art products and processes, people can increase awareness of self and others, cope with symptoms, stress and traumatic experiences, enhance cognitive abilities, and enjoy the life-affirming pleasures of making art.