EFFECT OF K-CARRAGEENAN AND NaCl ON THERMAL PROPERTIES OF FROZEN SURIMI PREPARED FROM ADRIATIC PILCHARD

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Samples of surimi were prepared in laboratory conditions from Adriatic pilchard (Sardina

pilchardus). Water content in surimi was 81.5% before mixing with NaCl and κ-carrageenan, which were

added in the range of mass fraction from 0 to 10%. Relative apparent specific enthalpy  $\overline{H}$ , initial freezing

point  $T_i$ , density  $\rho$ , and thermal conductivity k of surimi in the temperature range from -25 °C to 10 °C were

determined by: differential thermal analysis (DTA), gravimetric method and the line heat source technique.

For determination of relative apparent specific enthalpy  $\overline{H}$  the mathematical model of enthalpy based on

orthogonal collocation approximation of DTA was applied. Redistributions of apparent enthalpy in the

freezing range as functions of mass fractions of added substances were determined. Increase of mass

fraction of added substances resulted in increase of mass fraction of bound (unfreezable) water and lowered

initial freezing point  $T_i$ , which has effects on decrease of thermal conductivity k and increase of apparent

specific enthalpy  $\overline{H}$  in the temperature range from -25 °C to  $T_i$ . This effect was more pronounced for

samples where surimi was mixed with NaCl.

**Key words**: thermal properties, frozen surimi, κ-carrageenan, NaCl

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Mathematical models of thermal properties of food are important for determination of process parameters, design of process units, development of new technologies, and are necessary for application of numerical methods for determination of heat transfer in frozen foods. Thermophysical properties of food can be determined experimentally, or estimated from mathematical models which are functions of temperature and food composition (especially water content). There are various methods for the experimental determination of thermal conductivity, which may be generally classified as steady state and transient methods (TAIT & HILLS, 1964).

Due to experimental problems associated with steady state methods, described by REIDY and RIPPEN (1971), for determination of thermal conductivity of food the line-heat source technique is most frequently applied. The line-heat source technique measures thermal conductivity, assuming unsteady-state heat conduction from an infinitely long lineheat source immersed in an infinite and homogeneous medium. The theoretical bases of the method are given by Hooper and Lepper and Nix and co-workers (SWEAT & HAUGH, 1974). For small samples of frozen food the thermal conductivity probe constructed by SWEAT (1986) is most often used. To apply this method for foods in the temperature range below  $T_{i}$ , two conditions must be met: linearity of the temperature versus ln(time) plot must satisfied, and temperature increase after heating must be limited to assure measurement at the correct temperature and to minimize effect of latent heat of fusion (WANG & KOLBE, 1990). Since construction of the probe is not yet standardised, the relation between the two conditions and the probe design to minimise difference between theoretical and experimental conditions is still subject to numerous investigations (MURAKAMI et al., 1996). This consideration resulted in the formation of an ad-hoc committee of the North Central Regional Project (NC-136) to address the issue of probe design (MURAKAMI et al., 1995). For determination of thermophysical properties  $(T_i, H, c_p)$  techniques of differential scanning calorimetry (DSC) and differential thermal analysis (DTA) are applied, which are according to "ICTA" (Nomenclature Committee of the International Confederation for Thermal Analysis) the methods based on change of apparent enthalpy (FINDLAY & BARBUT, 1990). DTA is commonly used as a method for determination of phase change temperatures, degree of sample purity, thermal stability and for identification of chemical or biochemical reactions during heat treatments (CUNNINHAM & WILBURN, 1970). Since DTA method is not standardised (geometry and material of measurement cell, reference substance, experimental conditions) it is considered as a semiquantitative technique, opposite to DSC which is an accurate quantitative method. However, analysis of DTA curve by application of the heat balance by the parabolic partial differential equation provides quantitative determination of heat (enthalpy) which is released or absorbed during the first and second order phase changes (Cunninham & Wilburn, 1970).

In this work, for determination of thermophysical properties of samples of surimi mixed with NaCl and κ-carrageenan, a laboratory apparatus was constructed for differential thermal analysis (DTA) and determination thermal conductivity with a thermal conductivity probe. A numerical method based on orthogonal collocations for approximation the partial differential equation for interpretation of DTA curve is derived. Measurements were performed in the temperature interval from -25 °C to 5 °C. In order to derive mathematical models, measured values of thermophysical properties were correlated with mass fractions of added substances. The results were validated by available literature data.

### 1. Materials and methods

### 1.1. Materials

Samples of surimi were prepared in laboratory from Adriatic pilchard (*Sardina pilchardus*) according to technique by LEE (1984) with details given by SYCH and coworkers (1990). Samples were divided into two groups, and samples were mixed respectively with: a) κ-carrageenan and b) NaCl. Mass fractions were in the range from 0 to 10% determined as percent of total mass. Moisture content was 81.5% determined by the A.O.A.C. method (1980) for meat products before addition of the added components. Total proteins mass fraction was 16.3% determined with 1 g samples by Kjeldahl method; (Kjeltec System, model 1002 Distilling Unit, Tecator Inc., Boulder, Colorado, U.S.A). Samples were packaged in polyethylene bags and quickly frozen in liquid nitrogen and stored at -25 °C. Average storage time was 6 weeks before experimental treatment.

As a reference substance for DTA measurement, 30% water solution of CaCl<sub>2</sub> was used. Distilled water was used as a calibration substance for correction of initial freezing point and for the thermal conductivity probe.

#### 1.2. Methods

Density of samples above initial freezing point  $T_i$  was determined experimentally by gravimetric method. A known mass (ca. 5g) of sample (at temperature of 24.2  $\pm 1$  °C) was added to a 60 mL volumetric flask which was filled to volume with distilled water (22 °C). Density was calculated using the following equation:

$$\rho = \frac{m}{60 - V} \tag{1}$$

where  $\rho$  (g ml<sup>-1</sup>) is density, m (g) is mass of sample; V (ml) is volume of water added (procedure recommended for meat samples (SZCZESNIAK, 1983)). The procedure was completed within 30 s, and any moisture absorption by the sample was minimised.

Thermal conductivity was determined by the line heat source technique by a thermal conductivity probe with design described by SWEAT (1986). The probe was obtained from Sweat's laboratory at Texas A&M University, Department of Agricultural Engineering. The measurement system for on-line data acquisition and software for statistical evaluation of thermal conductivity were constructed and developed at Faculty of Food Technology and Biotechnology, University of Zagreb, Croatia (KOVAČEVIĆ & KURTANJEK, 1995).

In the same laboratory DTA apparatus was constructed (KOVAČEVIĆ & KURTANJEK, 1993) and was used for measurement of initial freezing point and determination of relative apparent specific enthalpy in the freezing range.

#### 1.3. Evaluation methods

Above initial freezing point  $T_i$  densities of samples were experimentally by gravimetric method, and below  $T_i$  were determined by Levy's equation (2), reported by SUCCAR (1985):

$$\rho = 966.33 \cdot [0.882 + T_i - T)]/[0.836 + (T_i - T)]$$
(2)

Experiments for measurement of thermal conductivity were conducted in the temperature range from -25 °C to 10 °C at the rate of thawing 2.5 °C h<sup>-1</sup>. Impulses were

applied in the power range from 2.25 to 4.2 W m<sup>-1</sup>. Duration of impulses was from 30 to 60 s. Powers applied were lower than those used by SWEAT and HAUGH (1974) and WANG and KOLBE (1990) which was enabled by use of high sensitivity instrument amplifier and accurate A/D conversion. Low energy of impulses resulted in reduced disturbance of distribution of unfrozen water in samples. Lower power was applied in the temperature range close to initial freezing points. Maximum amplitude in temperature was restricted to  $0.8 \,^{\circ}$ C in the temperature range below -10  $^{\circ}$ C and  $0.4 \,^{\circ}$ C in the range up to the initial freezing points. For each sample about 40 experiments were performed and in each experiment about 400 data points were taken in the range of linear temperature increase. A measurement system for determination of thermal conductivity which enables one-dimensional treatment of heat transfer was designed. For determination of thermal conductivity k from experimental data obtained by the method of line heat source, a mathematical model of least squares in the linear range of temperature was applied (KOVAČEVIĆ & KURTANJEK, 1995), which is:

$$k = \frac{\overline{T \cdot \ln(t - t_0)} - \overline{T} \cdot \overline{\ln(t - t_0)}}{\overline{\ln^2(t - t_0)} - \overline{\ln(t - t_0)}^2}$$
(3)

where t (s) is time;  $t_0$  (s) is initial time.

DTA measurements of samples of surimi mixed with the added substances (total 21 samples) were conducted in the temperature range from -25 to 5 °C. Each DTA diagram is corrected only for constant error of +0.045 °C, which was determined from calibration with distilled water. The design of the DTA apparatus is in agreement with assumptions on which the mathematical model for the quantitative determination of apparent enthalpy is applied. The geometry of the test chambers enables one-dimensional treatment of heat transfer process. Slow rate of temperature increase of 15 °C h<sup>-1</sup> makes applicable quasi-steady state approximations, and gives well defined and reproducible DTA diagrams.

Apparent enthalpy is determined from DTA curves in intervals of 40 mK as proposed by Kovačević and Kurtanjek (1993) which has the discrete form given by:

$$H_{k+1} = H_k + \frac{k_s(T_s)}{\rho_s(T_s) \cdot \alpha(T_r)} \cdot \left[ T_{r,k+1} - T_{r,k} - \frac{4 \cdot \alpha(T_r)}{R^2} \cdot DTA_k \cdot \Delta t \right]$$
(4)

where  $\rho_s$  (kg m<sup>-3</sup>) is density of sample;  $k_s$  (W m<sup>-1</sup> K<sup>-1</sup>) is thermal conductivity of sample;  $T_s$  (°C) is temperature of sample;  $T_r$  (°C) is temperature of reference substance; R (mm) is radius of a test chamber; DTA (°C) is difference between temperature of sample and reference; k and k+1 is sampling index;  $\Delta t$  (s) is sampling period. For the calculation the following parameters are required: thermal diffusivity of reference substance, thermal conductivity and density of samples; and continuous signals for DTA and referent temperature. The zero of relative apparent specific enthalpy is set at T = -25 °C. Thermal diffusivity of the reference substance as function of temperature was correlated from data by IBELE (1973):

$$\alpha(T) = 0.1323 - 3.046 \cdot 10^{-4} \cdot T \tag{5}$$

### 2. Results and discussion

In the temperature range above initial freezing point, based on 5 parallel measurements, average value of  $\rho = 1019$  kg m<sup>-3</sup> was determined. Values of  $\rho_s(T_s)$  in the equation for apparent enthalpy (4) by equation (2) were determined.

Thermal conductivities were determined by linear regression for the temperature range corresponding to (3), and linearity was checked by linear coefficient of determination which was in all experiments in the range  $r^2 = 0.97$ -0.99. On Fig. 1 results of measurement thermal conductivity of surimi with 8%  $\kappa$ -carrageenan concentration are presented. As it can be observed on Fig 1., values of k at temperatures slightly below the  $T_i$  were not determined. This was due to the fact that disturbance of sensitive phase equilibrium by heat impulses from the line-source method can not be neglected. This is the temperature range in which large changes of latent heat and thermal diffusivity occur. A numerical solution of the partial differential equation may be used to evaluate how apparent specific heat affects the conductivity measurement, and to correct the error, as suggested by Schwartzberg. Another way is to use a steady state measurement technique, such as a guarded hot plate (WANG & KOLBE, 1990).

The parameters of the Schwartzberg model for thermal conductivity (SCHWARTZBERG, 1977),  $k_f^2$  and B, were estimated by the least square method from the linearized model expression given by:

$$\left(k - k_{\rm f} \cdot \frac{T_{\rm i}}{T}\right) = k_{\rm f} \cdot \left(1 - \frac{T_{\rm i}}{T}\right) + B \cdot \left(T_{\rm i} - T\right) \tag{6}$$

where  $k_f^-$  (W m<sup>-1</sup> K<sup>-1</sup>) and B (W m<sup>-1</sup> K<sup>-2</sup>) are parameters in regression of thermal conductivity;  $k_f^-$  (W m<sup>-1</sup> K<sup>-1</sup>) is thermal conductivity at  $T_i$ . In (4)  $T_i^-$  were determined from DTA and  $k_f^-$  were obtained by linear regression of the data above the initial freezing point. Values are given in Table 1, but  $k_f^-$  for samples with different added substances levels, were not statistically different.

### Table 1

Obtained values of the thermal conductivity are in close agreement with data of WANG and KOLBE (1990). Regression analysis was performed in two stages. First the parameters  $k_f^*$  and B were estimated from experiments with each mass fraction of the added substances. In the second stage the parameters were correlated with the mass fraction by the linear models:

$$k_{f}^{\cdot} = a_{o} + a_{1} \cdot w$$

$$B = b_{o} + b_{1} \cdot w \tag{7}$$

where  $a_0$  (W m<sup>-1</sup> K<sup>-1</sup>),  $a_1$  (W m<sup>-1</sup> K<sup>-1</sup>),  $b_0$  (W m<sup>-1</sup> K<sup>-2</sup>) and  $b_1$  (W m<sup>-1</sup> K<sup>-2</sup>) are parameters in regression of thermal conductivity; w (%) is mass fraction of the added substances. The estimates of the coefficients in the linear regressions (5) are given in Table 2.

## Table 2

The parameter B, which is related to the linear dependence of thermal conductivity on temperature, decreases with increasing mass fraction of  $\kappa$ -carrageenan and NaCl (Table 2) due to increased level of bound water (WANG & KOLBE, 1990). It is in agreement with the prediction of k values by equation (4), and is also illustrated in Fig. 2. Increase in mass fractions of the added substances on temperatures below  $T_i$  results in decrease of k values of surimi. It may be interpreted as reaction of added substances with myofbril proteins of surimi and dipole water molecules, resulting in increase of mass fraction of bound water which is unfreezable in the measurement range of temperature from -25 °C to  $T_i$ .

# Fig. 2

Interaction of added substances with proteins is also demonstrated by data presented on Fig 3. Comparison of the initial freezing points  $\mathcal{T}_i$  for samples of surimi and water solution of NaCl and  $\kappa$ -carrageenan as a function of mass fraction of NaCl and  $\kappa$ -carrageenan calculated on total mass of water shows difference which supports the assumption of essential interactions of added substances and myofibril proteins.

# Fig. 3

From DTA diagrams the peak points were read off as the initial freezing temperatures. Data for the initial freezing points were reported by (KOVAČEVIĆ & KURTANJEK, 2000). Values of the initial freezing points  $T_i$  were applied in the models for calculation of  $\rho$ , k and  $\overline{H}$ .

The relative apparent specific enthalpies were conducted in temperature range from -25  $^{\circ}$ C to  $T_{i}$  and are presented as continuous curves as function of the sample temperatures (Figs. 4 and 5). The given values are apparent enthalpies resulting from sensibile enthalpy (related to temperature) and phase transformation (latent heat). The obtained results for enthalpy are also verified by an independent experimental method, i.e. by differential scanning calorimetry (DSC) measurements conducted by WANG and KOLBE (1991). In Fig. 4 are given experimental values for enthalpy determined by DTA,

for surimi samples without the cryoprotecting mixture, together with correlation data from the CHANG and TAO (1981) and Dickerson data (HELDMAN, 1981). Their Chang-Tao model is given by:

$$H_{r} = b_{1} \cdot (T_{r} + 273.15) + (1 - b_{1}) \cdot T_{r}^{b_{2}}$$

$$H_{r} = \frac{H}{H_{i}} \qquad T_{r} = \frac{(T + 273.15) - 227.6}{(T_{i} + 273.15) - 227.6}$$
(8)

where  $H_i$  (kJ kg<sup>-1</sup>) is specific enthalpy at  $T_i$ . The parameters values  $b_1 = 0.295$  and  $b_2 = 22.455$  were recalculated by the models proposed for meat group products with experimentally determined mass fraction of water in surimi samples. Data by Dickerson are taken from the table (Heldman, 1981) for fish and cod meat. By comparison it can be concluded that enthalpies determined by DTA are in very good qualitative and quantitative agreement with data from the given correlations.

Fig. 4

Results show change in relative apparent specific enthalpy, i.e. increase at lower temperatures with increased mass fraction of the added substances. From comparison of effects of NaCl and  $\kappa$ -carrageenan on specific enthalpy  $\overline{H}$ , presented in Fig. 4, is evident that samples with added NaCl have higher values of  $\overline{H}$  at the same values of mass fractions of the added substance w and temperature T. It is the result of stronger effect of NaCl on cryoscopic depression of  $T_i$ , i.e. nucleation and crystal growth are depressed to lower temperatures. During thawing process such samples absorb more latent heat which results in increase of apparent specific enthalpy  $\overline{H}$  at lower temperatures.

Fig. 5

## 3. Conclusions

Quantitative treatment of DTA curves (by use of collocation technique) has provided enthalpies of surimi in the temperature range from -25 °C to initial freezing points  $T_i$ . Relative apparent specific enthalpy  $\overline{H}$  determined by DTA was verified by data from correlation models based on calorimetric measurements. The results show the effect of added substances NaCl and  $\kappa$ -carrageenan on thermal properties which are due to their interaction with myofibril proteins in surimi samples. Thermal conductivity k and apparent specific enthalpy  $\overline{H}$  are functions of mass fractions of added substances. In the measured temperature interval from -25 °C to  $T_i$  increase in mass fractions of added substances results in increase of amount of bound (unfreezable) water, lowers initial freezing point  $T_i$ , decreases thermal conductivity k, and increases apparent specific enthalpy  $\overline{H}$ . These effects are more pronounced for samples with added NaCl.

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Table 1  $\label{eq:Values} \textit{Values of } k_f (\textit{W m}^{-1} \; \textit{K}^{-1}) \textit{ for samples of surimi with different mass fractions of the added substances}$ 

| Mass fractions of added substances w, % | $k_{\mathrm{f}}$ , W m <sup>-1</sup> K <sup>-1</sup> |               |  |
|---|--|---------------|--|
|   | Surimi + κ-carrageenan                               | Surimi + NaCl |  |
| 0                                       | 0.499  | 0.511         |  |
| 1                                       | 0.506  | 0.499         |  |
| 2                                       | 0.505  | 0.504         |  |
| 3                                       | 0.511  | 0.497         |  |
| 4                                       | 0.509  | 0.507         |  |
| 5                                       | 0.497  | 0.499         |  |
| 6                                       | 0.506  | 0.506         |  |
| 7                                       | 0.512  | 0.499         |  |
| 8                                       | 0.501  | 0.494         |  |
| 9                                       | 0.495  | 0.487         |  |
| 10                                      | 0.509  | 0.510         |  |

Table 2

The coefficients of linear regression of the parameters  $k_f$  and B mass fraction of the added substances

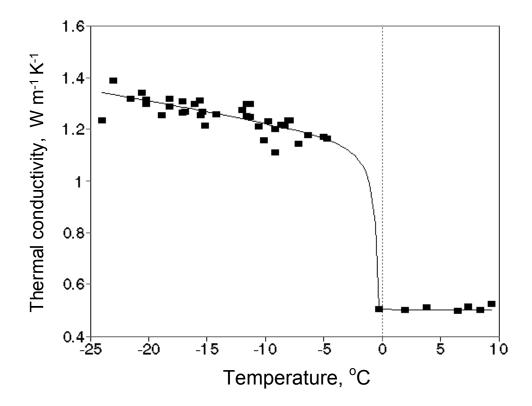
| Added substance | $a_{ m o}$ | $a_1$   | $b_{ m o}$ | $b_1$    |
|-----------------|------------|---------|------------|----------|
| κ-carrageenan   | 1.075      | 0.12063 | 0.01429    | -0.00487 |
| NaCl            | 1.138      | 0.00733 | 0.01326    | -0.00079 |

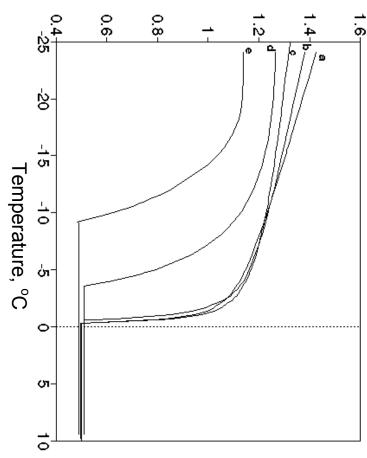
## **Figures**

- Fig. 1. Thermal conductivity of surimi with added  $\kappa$ -carrageenan (w = 8%).  $\blacksquare$ : experimental data; —: model data
- Fig. 2. Thermal conductivity of surimi with added  $\kappa$ -carrageenan and NaCl. a: w(added substances) = 0%; b:  $w(\kappa\text{-carrageenan}) = 5\%$ ; c:  $w(\kappa\text{-carrageenan}) = 9\%$ ; d: w(NaCl) = 5%; e: w(NaCl) = 9%
- Fig. 3. Comparison of depedencies of  $T_i$  for surimi and water solution of NaCl and κ-carrageenan on mass fraction w of added substances calculated on total mass of water.  $\blacksquare$ : surimi + κ-carrageenan;  $\blacktriangle$ : surimi + NaCl;  $\bigstar$ : water solution of κ-carrageenan; : water solution of NaCl
- Fig. 4. Relative apparent specific enthalpy of surimi without added substances measured by DTA, compared with data from literature. —: measured data; ▲: Wang & Kolbe data; : Chang & Tao model; X: Dickerson data

Fig. 5. Comparison of relative apparent specific enthalpy for samples of surimi with different mass fractions of  $\kappa$ -carrageenan and NaCl. A: w(added substances) = 0%; B:  $w(\kappa\text{-carrageenan}) = 6\%$ ; C:  $w(\kappa\text{-carrageenan}) = 10\%$ ; D: w(NaCl) = 6%; E: w(NaCl) = 10%

Fig. 1





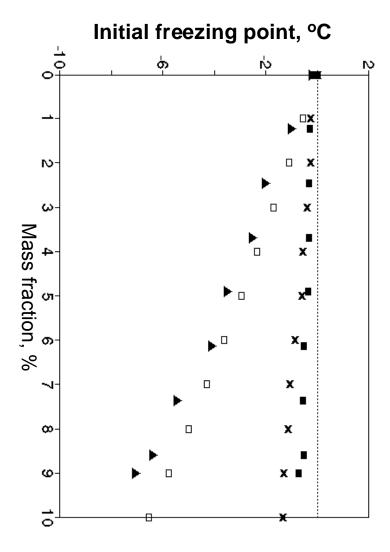


Fig. 4

